

TO: RECREATION FLAG FOOTBALL/VOLLEYBALL  
COACHES

FROM: SANDY PARKS & RECREATION

SUBJECT: PRE-FORMED TEAM ROSTER FORMS



Please read thoroughly. The information has changed since last season.

The following steps are to be followed when registering 4-12 players for the same team in the recreation flag football/volleyball programs:

1. Teams can register online as individuals and do not need to be submitted together at the same time. If registering online, please note the Coach's name and/or other players on the team. Coaches need to submit a team roster (see the attached roster). Forms can be emailed or can be found online at the Sandy City Parks & Recreation website.
2. If completing a team packet and submitting all the forms together as a team in the office, a Coach must complete the attached team roster form (back) and return it with each player's registration form and payment. The form must be filled out completely to ensure proper league formation. Please make sure all player registration forms are filled out, front and back, and accurately. If additional players request to be on your team but were not included in the original team roster form, they may be added to your team upon availability. **Listing a player, without the registration form completed, signed, and payment received does not guarantee a place on the team. Spots will not be held.**
3. Players should register in the league of their current age and/or grade. Advanced teams should play up one grade level. **Only 2 comp/club players per team.** Advanced teams will be required to play up.
4. Pre-formed team size limits: Maximum one extra player per team allowed if necessary.

1ST/2ND	FF: 10 players	VB: N/A
3RD/4TH	FF: 10 players	VB: N/A
5TH/6TH	FF: N/A	VB: 8 players
7TH/8TH	FF: N/A	VB: 8 players

5. Our goal is for all players to play equally, learn new skills and to have fun. This is a recreational league.
6. Register as soon as possible. Leagues may reach full capacity before the deadline.
7. When a request is made for 4 or more players to play together, a coach must be supplied.

Thank you for coaching!

Sandy Parks & Recreation Department  
440 East 8680 South - Sandy, Utah 84070 -P: (801) 568-2900 - Email: [sandyrec@sandy.utah.gov](mailto:sandyrec@sandy.utah.gov)  
[www.sandy.utah.gov/parks](http://www.sandy.utah.gov/parks)

# SANDY PARKS & RECREATION

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## FLAG FOOTBALL/VOLLEYBALL - TEAM ROSTER FORM

LEAGUE/DAY/LOCATION/GENDER: \_\_\_\_\_

COACH: \_\_\_\_\_ DID YOU COACH IN SANDY LAST SEASON? YES NO

EMAIL: \_\_\_\_\_ H) \_\_\_\_\_ W) \_\_\_\_\_ C) \_\_\_\_\_

Please circle preferred phone #

ASST COACH: \_\_\_\_\_ DID THEY COACH IN SANDY LAST SEASON? YES NO

EMAIL: \_\_\_\_\_ H) \_\_\_\_\_ W) \_\_\_\_\_ C) \_\_\_\_\_

Please circle preferred phone #

SEASONS AS A TEAM: \_\_\_\_\_ UNIFORM COLOR PREFERENCE: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Office Use Only:

PLAYERS NAME (Please print)	AGE/GR ADE (If Known)	YEARS EXP. (If Known)	COMPETITIVE/CL UB TEAM PLAYER (If Known)	ELEMENTARY SCHOOL AREA
1.			___ YES ___ NO	
2.			___ YES ___ NO	
3.			___ YES ___ NO	
4.			___ YES ___ NO	
5.			___ YES ___ NO	
6.			___ YES ___ NO	
7.			___ YES ___ NO	
8.			___ YES ___ NO	
9.			___ YES ___ NO	
10.			___ YES ___ NO	
11.			___ YES ___ NO	
12.			___ YES ___ NO	

**COACHES PLEASE READ:** Please attach players' registration forms and payment and return completed information as soon as possible. There are a limited number of participant spots available at each location. If a player's form is not attached, please note it next to their name. **Listing a player does not guarantee they will be on your team and a spot will not be held. I certify that the above information is accurate and agree to provide Sandy City with any other information needed to place my players in the proper division of play.**

Coach's Printed Name

Signature

Date