TEAM:	OPPOSING TEAM:	LEAGUE:	LOCATION:	DATE:

		1 st Quarter 2 nd Qu		Quarter 3 rd (uarter	4 th Q	uarter	Segments Played	
No.	Name	1	2	1	2	1	2	1	2	_ Playeu
1		Х		Х			Х		Х	4
2		Х		Х			Х		Х	4
3		Х		Х			Х		Х	4
4		Х		Х			Х		Х	4
5		Х		Х			Х		Х	4
10			Х		Х	Х		Х		4
11			Х		Х	Х		Х		4
12			Х		Х	Х		Х		4
13			Х		Х	Х		Х		4
14			Х		Х	Х		Х		4
										1
	~All players play 4 segments				1				<u> </u>	. 40

~5 players play in the 1st and last segments

- All players must play at least one half (1/2) of each quarter unless arriving late.
- Players arriving late (after the game begins) must play at least half (1/2) of each quarter in the second half, unless benched for discipline or injury.
- Substitutions only occur at the mid-point of each quarter, or between quarters.
- Playing time in any overtime periods will be left up to the discretion of the coaches.
- Free substitutions in overtime will be allowed.

- ◆ Ten (10) Players = Each player must play one-half of each quarter.
- ♦ Eight (8) to Nine (9) Players = Each player must play at least one-half of each quarter and no more than <u>five</u> out of eight segments.
- ♦ Seven (7) Players = Each player must play at least one-half of each quarter and no more than six out of eight segments.
- ♦ Five (5) to Six (6) Players = Each player must play at least one-half of each quarter (no maximum).

TEAM:	OPPOSING TEAM:	LEAGUE:	LOCATION:	DATE:

		1 st Quarter 2 nd Quarter		3 rd Quarter		4 th Quarter		Segments Played		
No.	Name	1	2	1	2	1	2	1	2	Piayeu
1		Х			X		Х		Х	4
2		Х		Х		Х			Х	4
3		Х			Х	Х			Х	4
4			Х		Х		Х		Х	4
5			Х		Х		Х		Х	4
10		Х		Х		Х		Х		4
11		Х		Х		Х		Х		4
12			Х		Х	Х		Х		4
13			Х	Х			Х	Х		4
14			Х	Х			Х	Х		4
	~All players play 4 segments	_		_		-		_		40

~3 players play in the 1st and last segments

- All players must play at least one half (1/2) of each quarter unless arriving late.
- Players arriving late (after the game begins) must play at least half (1/2) of each quarter in the second half, unless benched for discipline or injury.
- Substitutions only occur at the mid-point of each quarter, or between quarters.
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- ♦ Seven (7) Players = Each player must play at least one-half of each quarter and no more than six out of eight segments.
- ◆ Five (5) to Six (6) Players = Each player must play at least one-half of each quarter (no maximum).

TEAM:	OPPOSING TEAM:	LEAGUE:	LOCATION:	DATE:
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		1 st Qu	arter	2 nd Q	uarter	3 rd Q	uarter	4 th Q	uarter	Segments Played
No.	Name	1	2	1	2	1	2	1	2	_ Flayeu
1		X		Х		Х		Х	Х	5
2		Χ	Х		Х		Х		Х	5
3		X		Х	Х		Х		Х	5
4			Х	Х		Х	Х		Х	5
5			Х		Х	Х		Х		4
10		Х		Х		Х		Х		4
11		Х			Х		Х		Х	4
12			Х		Х	Х		Х		4
13			Х	Х			Х	Х		4
14										1
										1

^{~4} players play 5 segments, 6 players play 4 segments

~3 players play in the 1st and last segments

- All players must play at least one half (1/2) of each quarter unless arriving late.
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- ◆ Five (5) to Six (6) Players = Each player must play at least one-half of each quarter (no maximum).

TEAM:	OPPOSING T	EAM: LEAGI	JE: LOCATION	: DATE:
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		1 st Qu	arter	2 nd C	uarter	3 rd Q	uarter	4 th Q	uarter	Segments Played
No.	Name	1	2	1	2	1	2	1	2	_
1		X		Х		Х		Х	Х	5
2		Х	Х		Х		Х	Х		5
3		Х		Х	Х		Х		Х	5
4			Х		Х	Х		Х	Х	5
5		Х	Х		Х	Х		Х		5
10			Х	Х		Х	Х		Х	5
11			Х	Х		Х	Х		Х	5
12		X		Х	Х		Х	Х		5
13										
14										1
										1

~Every player plays 5 segments

~2 players play in the 1st and last segments

- All players must play at least one half (1/2) of each quarter unless arriving late.
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- ◆ Seven (7) Players = Each player must play at least one-half of each quarter and no more than <u>six</u> out of eight segments.
- Five (5) to Six (6) Players = Each player must play at least one-half of each quarter (no maximum).

TEAM:	ГЕАМ:	OPPOSING TEAM:	LEAGUE:	LOCATION:	DATE:	
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		1 st Qu	arter	2 nd Q	uarter	3 rd Qι	ıarter	4 th Q	uarter	Segments Played
No.	Name	1	2	1	2	1	2	1	2	– riayeu
1		X	Χ		Х		Х		Х	5
2		Х		Х		X		Х	Х	5
3		X	Х		Х		Х		Х	5
4		Х		Х	Х		Х		Х	5
5			Х		Х	Χ		Х	Х	5
10			Х	Х		Х	Х	Х		5
11			Х	Х		Х	Х	Х		5
12		Х		Х	Х	Х		Х		5
13										1
14										1
										1

~Every player plays 5 segments

~2 players play in the 1st and last segments

~3 players play 3 segments in a row

- All players must play at least one half (1/2) of each quarter unless arriving late.
- Players arriving late (after the game begins) must play at least half (1/2) of each quarter in the second half, unless benched for discipline or injury.
- Substitutions only occur at the mid-point of each quarter, or between quarters.
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- ◆ Seven (7) Players = Each player must play at least one-half of each quarter and no more than <u>six</u> out of eight segments.
- ◆ Five (5) to Six (6) Players = Each player must play at least one-half of each quarter (no maximum).

TEAM:	OPPOSING T	EAM: LEAGI	JE: LOCATION	: DATE:
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		1 st Qu	arter	2 nd Q	uarter	3 rd Qu	arter	4 th Q	uarter	Segments Played
No.	Name	1	2	1	2	1	2	1	2	- layea
1		X	Х		X	X		Х	X	6
2		X		Χ	Х		Х	Х	Х	6
3		X	Х	Χ		X	Х		Х	6
4		X	Х		Х	X		Х	Х	6
5		X		Χ	X	Χ	Х		X	6
10			Х	Х	Х		Х	Х		5
11			Х	Х		X	Х	Х		5
12										1
13										1
14										1
										1

~5 players play 6 segments, 2 players play 5 segments

- ~5 players play in the 1st and last segments
- ~4 players play 3 segments in a row
- ~1 Player plays 4 segments in a row, but across halftime
- All players must play at least one half (1/2) of each quarter unless arriving late.
- Players arriving late (after the game begins) must play at least half (1/2) of each quarter in the second half, unless benched for discipline or injury.
- Substitutions only occur at the mid-point of each quarter, or between quarters.
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- Five (5) to Six (6) Players = Each player must play at least one-half of each quarter (no maximum).

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TEAM:	OPPOSING TEAM:	LEAGUE:	LOCATION:	DATE:

		1 st Quar		er 2 nd Quarter		3 rd Quarter		4 th Quarter		Segments Played
No.	Name	1	2	1	2	1	2	1	2	_ rayeu
1		X	Х	Χ		Х		Х	X	6
2		X	Х		Х		Х	Х	Х	6
3		X		Х	Х	X	Х		Х	6
4		Х	Х	X	Х		Х		Х	6
5		Х		X		X	Х	Х	Х	6
10			Х		X	X	Х	Х		5
11			Х	X	X	Х		Х		5
12										-
13										
14										1

~5 players play 6 segments, 2 players play 5 segments

- ~5 players play in the 1st and last segments
- ~2 players play 3 segments in a row
- ~5 players play 4 segments in a row
- All players must play at least one half (1/2) of each quarter unless arriving late.
- Players arriving late (after the game begins) must play at least half (1/2) of each quarter in the second half, unless benched for discipline or injury.
- Substitutions only occur at the mid-point of each quarter, or between quarters.
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- Five (5) to Six (6) Players = Each player must play at least one-half of each quarter (no maximum).

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		1 st Quarter 2 nd Quarter		3 rd Quarter		4 th Quarter		Segments Played		
No.	Name	1	2	1	2	1	2	1	2	- layea
1		X	Х	Х	X	Х		Х	X	7
2		X	Х		Х	Х	Х	Х	Х	7
3		X	Х	Х		Х	Х	Х	Х	7
4		X	Х	Х	Х		Х	Х	Х	7
5			Х	Х	Х	Х	Х		Х	6
10		X		Х	Х	Х	Х	Х		6
11										
12										
13										
14										

~5 Players play 7 segments, 2 players play 6 segments

~4 players play the first and last segment

~1 player sits out each segment

- All players must play at least one half (1/2) of each quarter unless arriving late.
- Players arriving late (after the game begins) must play at least half (1/2) of each quarter in the second half, unless benched for discipline or injury.
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