

Prepping For Games – Tee Ball and Coach Pitch



Day Before Game

- Prepare a line-up; you can use our line-up template HERE (pdf). Planning ahead will make sure players are getting equal playing time in the field with good balance!
- Send an email to parents reminding them of the time and location you want them to have players meet you before the game to warmup
 - o If you are doing a snack/drink signup, remind that family of it as well!
- Review the <u>GAME RULES</u>. As a reminder, the inning changes after EVERY player has hit. In tee
 ball, even if you get a player out, they stay on the bases. In Coach Pitch, if you get a player out,
 they go back to the dugout. There are NO strikeouts. Each inning can have a different batting
 order, and the last batter of the inning can run all the bases after their hit!

Pre-Game on Game Day

- HOME team gets the 3rd base dugout and AWAY team gets the 1st base dugout.
- Have a warmup plan for the players to get into a routine to get loose before the game
 - This can include running, stretching, throwing, and/or hitting
- Post your lineup in the dugout
- Remind players to relax and have fun and enjoy it!

During Game

- Be respectful to fans and the opposing team
- When on defense, rotate the positions they are playing mid-inning once or twice to keep them active. A diagram of how to do that is HERE.
- Have FUN, let the kids play, and be encouraging when they mess up
- Be mindful of the areas where you feel your team is struggling so that can be your focus to work on at the next practice or pre-game warmup
- Keep players focused and engaged in the game as much as possible
- Keep an eye on the time Don't start a new inning after an hour of playing. The goal is to get 4 innings in, but if you only get 3 and it has been an hour, you should end the game there

After Game

- Line up down the foul lines and do a handshake line with the other team
- Do a **quick** post-game meeting with the players and touch on things that they did well and areas where you want to work on improving
- Make sure all equipment is picked up and put away, and trash is put in trash cans.