

City of Long Beach

Department of Parks, Recreation, and Marine

Adult Sports

Volleyball Rulebook

REVISION – March 2025



Contact Information:

Adult Sports Office: 562-570-1734

Sports Office: 562-570-1707

Email: Brittany.Glenn-Johnson@LongBeach.gov



LONG BEACH GENERAL SUPPLEMENTAL RULES

1. FEE DEADLINE:

In order to provide better service to the participants of the Adult Sports Leagues, all registration deadlines will be strictly enforced. ALL FEES MUST BE PAID BEFORE LEAGUE PLAY BEGINS. If your team does not make payment in full by the publicized registration deadline, your team placement in the league is not guaranteed. PARTIAL FEE PAYMENTS WILL NOT BE ACCEPTED.

2. ROSTER/PLAYERS:

A completed official team roster is due in the Sports Office before the first game. Failure to submit a completed roster at the time of the first game is played may result in a forfeit loss for the first game of the season, resulting in a nine (9) game schedule. Rosters with player signatures must be turned in by game two (2) and updated as rostered players participate. It is recommended that teams carry a full roster to allow for injuries and players that may be out of town. Please see specific sports for roster limits. NOTE: LEAGUE AND PLAYOFF SCHEDULES WILL NOT BE CHANGED TO ACCOMMODATE PLAYERS OR TEAMS IN MORE THAN ONE (1) LEAGUE.

3. PLAYER ELIGIBILITY:

All players must be eighteen (18) years old or older to participate in an Adult Sports League. No active professional or collegiate athletes will be allowed to play in any league. Former professional or collegiate athletes must have been inactive for at least one year in order to participate. Teams or players found in violation of this rule will result in team forfeiture of all games in which the player(s) participated.

4. ADDING/DROPPING PLAYERS:

Players may be added and dropped up until the beginning of the seventh (7) game of the league (this includes holidays and make-up games). All players and all changes must be in writing in an updated roster prior to participation in any league game.

5. REFUND POLICY:

Refunds for Adult Sports League fees will not be available once the schedules for that league have been generated and printed. Any team that is removed from any league will not be refunded any portion of their league fee. Refunds for Adult Sports League fees will be processed only if the league has been cancelled. The City of Long Beach has a refund processing fee of \$35.

6. PICTORIAL IDENTIFICATION:

Each player at every game must have in their possession and be able to provide a valid photo identification (CA Driver's License or other) if requested by the official to do so. Any team using ineligible players (not on the roster, no identification) will automatically forfeit any game played, if an eligibility protest is made and upheld by the Sports Coordinator. Please see rule #11 for protests.

7. OFFICIAL SCOREKEEPER:

The referee will be the official scorekeeper for each game. Managers of both teams must initial scorecards after each game/match to confirm scores.

8. OFFICIALS FEES:

Each team is required to present the game official(s) with the appropriate fee IN CASH prior to the beginning of the game. No game will begin until both teams have paid the official(s) in full. If a team does not pay the official, that team will be charged with a forfeit loss. In sports with multiple officials, if only one official appears for a scheduled game, payment to the official working the game will be half of the regular individual team fee.

FORFEIT FEE:

Teams that forfeit any game must pay both teams official's fee for that game. Payment must be received in the Sports Office within one (1) week of the forfeited game. Failure to comply will result in the team's removal from the league. Cash or Check are accepted forms of payment. Payment must be made payable to the City of Long Beach.

EXCEPTION: Teams that notify the Sports Office by 12 NOON the day before the scheduled game day will not be required to pay the forfeit fee, only if the game is the first or last for that scheduled day.

9. FORFEIT RULE:

Teams forfeiting two (2) games/matches will not be eligible for the playoffs. Teams forfeiting three (3) games/matches will automatically be removed from the league and will forfeit the unused balance of fees.

10. PROTESTS:

Oral protests must be made by the team manager/captain with the official(s) and the opposing team manager/captain prior to the next live ball situation. Protests will not be considered unless they are received in the Sports Office in writing within one (1) working day of the incident. Protests will be decided upon on the spot during the playoffs.

Protests for ineligible players must be made by the opposing manager/captain before the end of the game to allow the official to check the identification of the player in question. No protest fee is required at this time. Any player requested by the official(s) to show identification must do so within ten (10) minutes following the completion of the game. If the player in question does not return within the ten (10) minute time period or if the identification does not match the name and signature on the scorecard, the game will be called a forfeit. If the player in question provides identification that matches the name and signature on the scorecard and the opposing manager still feels that the player is illegal, that manager must follow the standard protest procedure outlined above.

11. RULE CLARIFICATION:

Only the manager/captain may approach the official(s) to clarify a call. EXCEPTION: Volleyball – please see specific rules.

12. FIGHTING:

Any team, player(s), or spectator(s) fighting before, during, or after any City of Long Beach Adult Sport League game will be ejected from the area immediately. The area consists of the field/court, the parking lot, and any portion of City property. If a team, player, or spectator refuses to leave the area or will not stop fighting, this will result in additional team and individual penalties. All penalties will be determined by and enforced by the Adult Sports Executive Committee. ALL ADULT SPORTS EXECUTIVE COMMITTEE DECISIONS ARE FINAL.

The minimum TEAM penalty for fighting is a three (3) game suspension, not counting the game/match in which the incident occurred. This suspension cannot be appealed.

The minimum INDIVIDUAL penalty for fighting is an indefinite suspension pending an Adult Sports Executive Committee decision. All Adult Sports Executive Committee decisions are final and may not be appealed.

Once suspended, the team, player(s), or spectator(s) may not participate or attend any City of Long Beach Adult Sports Activities during the duration of their suspension. Failure to comply will result in additional penalties.

PLEASE REFER TO THE CITY OF LONG BEACH PARTICIPANT'S CODE OF CONDUCT.

14. TRASH TALKING/VERBAL ABUSE & ARGUING:

Abusive language, profanity and/or gestures by any player(s), spectator(s), or coach directed towards scorekeepers, officials, themselves, or other participants will not be permitted. Arguing with officials is prohibited and can result in a range of penalties from warnings to disqualification, depending on the severity and context of the dissent. The official will issue a warning on the first occurrence. If abusive conditions continue the individual(s) in question will be ejected from the area.

Penalty Issuing is as follows:

- **Verbal Warning:** For minor unsporting behavior.
- **Yellow Card:** A formal warning for more serious or repeat behaviors.
- **Red Card:** Loss of rally and point awarded to the opposing team.
- **Ejection:** For repeated or severe offenses.

Please see rule #17 for participant ejection rule clarification.

15. ALCOHOL / DRUGS:

Alcoholic consumption or drug use on any City property is strictly prohibited. Any player(s) or spectator(s) believed to be under the influence of alcohol, or any other drug will be immediately ejected from the area and will be suspended for a minimum of the next City of Long Beach league game played. If the player(s) or spectator(s) refuse to leave the area, a forfeit will be called, and the player(s) or spectator(s) will be suspended indefinitely pending a hearing before the Executive Committee. ANY VIOLATION OF THESE RULES MAY RESULT IN CRIMINAL PROSECUTION.

16. PETS

Pets (even service animals) are NOT allowed at all gym sites. This is a School District Rule. No exceptions.

17. PARTICIPANT EJECTION:

Any player(s), spectator(s), or coach ejected before, during, or after any Long Beach Adult Sports League game will be automatically suspended a minimum of one (1) game, as well as the remainder of the game in which the suspension occurred. Once suspended, the team, player(s), or spectator(s) may not participate or attend any City of Long Beach Adult Sports Activities during the duration of their suspension and until a decision is made by the Adult Sports Executive Committee. Failure to comply will result in additional penalties.

Following the ejection of a team or individual, the game will not continue until the ejected participant(s) vacate the area. Failure to vacate the premises will result in additional penalties.

18. MISSED GAMES:

In the event a game is not played for any reason, CONTINUE FOLLOWING YOUR CURRENT SCHEDULE FOR THE REMAINING GAMES. PLEASE CONTACT THE SPORTS OFFICE OR THE SPORTS COORDINATOR FOR RESCHEDULING INFORMATION.

19. PLAYOFFS:

Single elimination tournament format will be utilized. The top four (4) teams in each division bracket will advance to the playoffs. In divisions with less than six (6) teams, the top three (3) teams in each division bracket will advance to the playoffs (exceptions can be made by Coordinator). Selected wildcard teams will be added if necessary. If a playoff team is not able to play, is disqualified, or removed from the division, the next place team will be substituted in their playoff seed. When appropriate, first and second round playoffs will be played on the usual night and location of league play. Nevertheless, teams must be available to play on other nights and locations, as well as multiple nights in the same week.

20. PLAYOFF ELIGIBILITY:

Players must be signed on the team's official team roster and have competed in **four (4)** regular season games/matches to be eligible for the playoffs. Men's and Women's division teams can play with a minimum of **five (5)** players in a playoff match to avoid a forfeit. COED teams must have 3 Men and 3 Women on the court in a playoff match to avoid a forfeit unless Coordinator permits.

21. TIE BREAKER:

In the event of a tie in the final standings of a league, the following tie breaker will be used: 1. total wins, 2. regular season head-to-head competition, 3. point differential between those teams, 4. fewest forfeits, 5. most points scored for the season, 6. fewest points allowed for the season, 7. coin toss. **EXCEPTION:** Volleyball will use rules 2 – 7. **NOTE:** Volleyball League standings will be determined by total points scored during the season.

22. ILLEGAL PLAYERS:

An illegal player is: 1. a person playing on a team whose name and signature do not appear on that team's official roster or official add/drop forms. 2. a person on more than one (1) team roster in the same league or night/day (example: Tuesday D and Tuesday D1 or two teams in Tuesday D).

NOTE: Any team found using illegal players will automatically forfeit all games in which the illegal player participated in. It is each team's manager's responsibility to monitor or protest illegal players.

23. WEATHER/FIELD CONDITIONS:

If you are in doubt of weather or field conditions possibly affecting your game, please call the Long Beach Field Conditions Hotline at 562-570-1738 after 3:00 PM on game day.

Due to the large number of teams in our leagues, it is impossible for the League Coordinators to notify all team managers of cancelled game information.

Teams should be prepared to play make-up games on any night or field and on short notice.

24. FIRST AID:

The City of Long Beach does not provide first aid at any Adult Sports facilities. It is recommended that the managers of each team bring any first aid items that they feel are necessary. Please see specific sports rules.

25. SCMAF BLOOD RULE:

Any player, coach, or official who is bleeding, has an open wound, or has blood on his/her body or clothing, is prohibited from further participation in the game until appropriate treatment has been administered.

If first aid is required for a player, the player must be immediately removed from the game, unless treatment can be administered in a reasonable amount of time.

A player, coach, or official will not be allowed to participate unless:

1. All bleeding has stopped
2. Any exposed cut/scrape which has bled is completely covered
3. Bloody clothing is removed

It is recommended that teams have spare clothing available at the game site to be used if necessary.

26. CITY OF LONG BEACH ADULT SPORTS COORDINATOR:

The City of Long Beach Adult Sports League Coordinator is the final authority for all on field/court and off field/court decisions (INCLUDING SUSPENSIONS) on any City of Long Beach Adult Sports League. The City of Long Beach Adult Sports League Coordinator has the authority to see to the safety of the participants, officials, spectators, and equipment at any City of Long Beach site or any site being used by any City of Long Beach Adult Sport League.

If necessary, the City of Long Beach Adult Sports League Coordinator is authorized to warn individuals of actions CONTRARY to the City of Long Beach Adult Sports Supplemental Rulebook and eject any participant(s), spectator(s), or anyone else who does not comply with the rules and regulations as stated in the City of Long Beach Adult Sports Supplemental Rulebook. This authority does not affect the official of the match in any way. It is in addition to that authority. No rules or regulations dealing with a team's right to protest are changed by this supplement. Please see rule #11.

The City of Long Beach Adult Sports League Coordinator determines schedule changes, league relocations, and team reclassification, as necessary.

The City of Long Beach Adult Sports League Coordinator determines whether any games/matches are subject to suspension, replay, or forfeit as determined by the City of Long Beach Adult Sports Supplemental Rulebook.

27. CITY OF LONG BEACH ADULT SPORTS EXECUTIVE COMMITTEE:

The City of Long Beach Adult Sports Executive Committee is the final authority for all clarification and interpretation of rules and regulations as outlined in the City of Long Beach Supplemental Rulebook and the Participant's Code of Conduct.

INDOOR VOLLEYBALL

Current Official 2023-2024 U.S.V.B.A. Volleyball Rules as well as these supplemental rules will be the official rules for play.

1. ROSTER / PLAYERS:

A volleyball match shall consist of six (6) rostered players. Matches may be played without forfeit with five (5) rostered players at game time. EXCEPTION: SEE COED RULE #10. Maximum roster size is twelve (12) players per team. Once the match has begun, a team may not play with less than five (5) players due to ejection.

2. PLAYER ELIGIBILITY:

A participant may participate in multiple leagues of same classification. It is illegal for a player to play on two (2) separate teams in the same division or on the same night. It is illegal for any player to play out of classification. The Volleyball Coordinator will determine all player classification. Players found playing out of classification will receive one (1) warning and will be removed from that classification. Further violations will result in team forfeiture of all games in which the player(s) participated illegally.

PENALTY: Forfeiture of all matches played in illegally.

3. GAME SHEET:

It is the captain's responsibility to see that all team members sign the score sheet. All players will be required to print and sign their first and last names on all score sheets for each match played in. **Players must sign their own names.** Players must sign the score sheet before entering any match. **PENALTY:** Charged timeout, possible side out or point. Once the match is over, score sheets cannot be signed. All players who have signed in on the score sheet will be expected to play in the match. If a player signs in on the score sheet but does not play, that player's name must be deleted from the score sheet. Late players must sign the score sheet and may enter when ready. Any player who is not going to play shall not sign the score sheet. If a player does sign the score sheet and does not play, the name will be removed. This score sheet will not count toward the number of matches played necessary to qualify for Playoff eligibility. **The minimum number of matches played necessary to qualify for Playoff eligibility is four (4) matches.** All late coed players should play but must fill in the empty spot on the court when it is their turn to serve if their team is playing with five (5) players. All late Single Gender players should play but must enter in the back row.

4. OFFICIATING RULE:

The official is required to be at the game site 15 minutes prior to the scheduled match time. The official has ten minutes past the scheduled game time to start the match. If the official does not comply with this rule, the match fee from each team will be reduced to \$15.

5. FOREIT TIME:

Forfeit time is scheduled match time to ten minutes after. One (1) point per minute will be added to the non-forfeiting team's score within the ten-minute span. Once a team is legal the first game will start with the adjusted score. The non-forfeiting team will be awarded the serve. If a team is not legal within the ten-minute span, the entire match is forfeited. A team may not use time outs to stop the forfeit time. Once the team becomes legal, then time outs may be used.

FORFEIT RULE:

Teams forfeiting two (2) matches will not be eligible for playoffs. Teams forfeiting three (3) matches will automatically be removed from the league and will forfeit the unused balance of fees.

6. FORFEIT FEE:

Teams that forfeit must pay both team officials fee of \$40 unless the coordinator is notified by 12 NOON **the day before** scheduled game. Payment can be made to the Official at the time of forfeit or must be received in the Sports Office within one week of the forfeited game. Failure to comply will result in the team's removal from the league. Cash and personal checks are all acceptable forms of payment. All checks must be made payable to the **City of Long Beach**.

7. LENGTH OF GAME:

There will be a sixty-five (65) minute time limit on all matches. In league play the first team to score TWENTY-FIVE (25) points is the winner of the game. The final score can be 25-24. In playoff matches, Quarter-Final and Semi-Final games are best 2 of 3 games to TWENTYFIVE (25) points. A championship match is best 3 of 5 games. Games ONE (1) through FOUR (4) to TWENTY-FIVE (25) and game FIVE (5) to FIFTEEN (15) points. All playoff/championship games must be won by a two (2) point margin.

8. MATCH TIME:

Teams play one to two matches per night, with the possibility of two (2) matches in a week. A match is made up of three (3) games to Twenty-five (25) points, not best two out of three. Volleyball matches will be scheduled in seventy-five (75) minute increments, depending on gym site and total number of teams in a division. This plays out as ten (10) minutes for warm up, sixty-five (65) minutes for game play. The game will end once time has been reached and the score will be taken as it is at such time.

9. COED RULE:

A coed team may use the two (2) female rule only to avoid a forfeit. However, a team may only play with two (2) female players to avoid a forfeit only twice (2) during the regular season. If a third female player does not sign in on the score sheet and play prior to the first serve of the second game of the match and/or does not play the second and third games of the match, it will be considered on usage of the two (2) female rule. The match must end with three (3) female players on the court.

A: A coed team may start a match with 5 players: (2) women, (3) men or (3) women, (2) men. If a third player arrives late, the player must sign in and enter the match when it is the ghost players turn to serve or use a time out.

B: A team may play with one additional female player (total of 4) only if the team has NO MORE THAN (2) two male players signed in to play. Six players total. *If the team chooses to play (4) female (2) male, NO other male players will be allowed to play in the match, until after the 1st game.*

C: ALL COED TEAMS MUST HAVE THREE (3) FEMALE PLAYERS AND THREE (3) MALE PLAYERS SIGNED IN ON THE SCORESHEET AND ON THE COURT DURING ALL PLAYOFF MATCHES. (unless permitted by the Coordinator)

D: Ghost Rule: Five (5) players, a Ghost player or empty space will rotate around the court. When the Ghost player rotates to serve, the opposing team will get a point and a side out will occur.

10. TIME OUTS:

Each team is permitted two (2) thirty (30) second time outs per game.

11. RE-CLASSIFICATION:

Teams could possibly be reclassified after the fourth (4th) week of play at the Coordinators discretion and teams must comply.

12. RULE CLARIFICATION:

Only the manager/captain may approach an official to clarify a call. The captain or a designated captain must always be on the court. The first official has the power to settle all questions and disputes including those specifically covered in the rules.

13. SERVING:

A player may serve from any point on the back line within the parameters of the court.

14. PLAYING THE BALL:

The ball may touch any part of the body.

15. MULTIPLE CONTACT RULE:

On any first ball over the net the receiving to play the ball if it is in one continuous motion. However, if the receiving player attempts to pass or set the first ball over with finger action then a double hit can be called if the pass or set is not clean.

16. PARKING:

At school sites please park on the side of the road closest to the school or in the school parking lot. Do not park in front of the neighborhood houses. Please remove all valuables from vehicles. NOTE: The City of Long Beach is not responsible for theft or damage done to vehicles while participating or visiting Adult Sports programs.

17. FOOD AND SMOKING:

No food or drinks are allowed in any school gym. Capped water bottles are allowed. Smoking is not allowed on Long Beach Unified School District Grounds. If a player on your team must smoke, that player must leave school grounds. This includes the parking lot.

18. CHILD SUPERVISION:

All children inside the gym will be required to be supervised by an adult. If the team does not have a person available to supervise the children, a team player must leave the court to become the supervisor of the children. If children are not being supervised properly, the game will be declared a forfeit.

19. GYMNASIUM / FACILITY GUIDELINES:

The gym is reserved for volleyball. Only those players that are legally signed in on the scoresheet are permitted on the court. All participants must wear shirts and rubber-soled shoes.

20. JEWELRY:

Piercings above the chin (if studs) and wedding rings are permitted. All jewelry below the chin must be removed prior to the game. Glasses and medical alert badges are legal. Hats and bandanas must be removed prior to the start of all matches. Headbands are legal. Smart watches must also be covered or taken off.

21. PROTESTS:

Oral protests must be made by the team manager/captain with the official and the opposing team manager/captain before the next live ball situation. Protests will not be considered unless received in the Sports Office in writing within one (1) working day of the incident.

22. PLAYOFF ELIGIBILITY:

Players must be signed on the team's official team roster or on an official add/drop form and have competed in **four (4)** regular season games/matches to be eligible for the playoffs. Men's and Women's division teams can play with a minimum of **five (5)** players in a playoff match to avoid a forfeit. COED teams must have 3 Men and 3 Women on the court in a playoff match to avoid a forfeit. It is the teams' responsibility to ensure you have a completed roster at the Sports Office. Any allowances must be approved by the Coordinator.

23. REFEREE FEES:

\$20.00 (TWENTY) per team, per match during the regular season and divisional quarter final and semi final playoffs. Teams competing in the Championship matches will not be charged.

24. THE LIBERO: The use of a Libero player (ONE PER MATCH) is allowed in Men's and Women's divisions. Once a team commits to using the Libero, the following rules apply:

1. The team captain must notify the referee, opposing team captain, and recorded on the score sheet before the match.
2. The Libero player must wear a different color uniform or shirt in contrast to the other members of the team.
3. The Libero player is allowed to replace any player in a back row position.
4. He/she is restricted to perform as a back row player and is not allowed to complete an attack hit from anywhere.
5. **He/she may not serve, block, or attempt to block.**
6. **Replacements involving the Libero are not counted as regular substitutions.** They are unlimited.
 - a) The Libero can only be replaced by the player whom he/she replaced.
 - b) Replacements can only take place:
 - i. at the start of each set;
 - ii. while the ball is out of play
 - iii. before the whistle for service.
7. A Libero may only enter or leave the court by the sideline between the attack line and the end line adjacent to the team bench.
8. Replacement of injured Libero:
 - a) With the approval of the referee, an injured Libero may be replaced during the match by any player on the team. The injured Libero may not re-enter to play for the remainder of the match.
 - b) The player designated to replace an injured Libero must remain as a Libero for the remainder of the match.

25. APPROVED FOOTWEAR:

1. Clean, lace tied or Velcro fastened gym shoes ONLY.
 - * No zipper or any other fasteners will be allowed.
 - * No platform, elevated soles, roller tennis shoes or hiking-style tennis shoes will be allowed.
 2. Shoe must cover the whole foot. * Shoes missing any parts (heels, toes, etc.) will not be allowed.
 3. **Bottoms must be white or non-marking black. * Any shoes that mark the floor will not be allowed.**
-

SCHOOL DISTRICT SITE GROUND RULES:

1. **The ball is in play, except on third or return hits:** A) If it hit the lights. B) If it hits the ceiling, ceiling supports or blowers. C) If it hits a rope or a ring.
2. **The ball is dead – Point or Side Out:** A) If it hits any wall. B) If it hits any basketball backboard and/or rim support. C) If it hits any rope or ring when sent to the opponent's side.
3. **The ball is dead – Replay:** A) On the service only when the ball is served from the area closest to the gymnastics ropes and it hits the ropes on the server's side of the net.

PAN AMERICAN GYM GROUND RULES:

1. **Court boundaries:** Red lines for two courts, white lines for single (center) court.
2. You may not, at any time, go into other court before, during or after playing a ball.
3. **Serving** – for two-court set-up: you may step to the black line to serve. Serving rules still apply.
4. **The ball is still in play except on third or return hit:** A) If it hits the lights or ceiling over the court or outside the vertical plane of the court boundaries and stays on your side of the net. B) If it hits the basketball support beam that is over the court.
3. **The ball is dead – Point or Side Out:** A) If it hits the back or sidewall beams. B) If it hits the basketball backboard or vertical supports attached to the backboard. C) If it hits the heaters.

LONG BEACH RULE DIFFERENCES FROM U.S.V.B.A. RULES:

1. Two minutes between games of matches.
2. Delivery of service must be released from the hand or tossed. **EXCEPTION: D4, D3, D2**
3. Simultaneous contact counts as one (1) hit and either player may contact the ball again.
4. If a player is unable to continue play because of injury and substitution cannot be made, the official may grant a special time out of up to two (2) minutes.
5. If the player indicated that play without replacement might be possible, the referee may allow the player up to thirty (30) seconds to make such determination.

City of Long Beach Department of Parks, Recreation and Marine PARTICIPANT'S CODE OF CONDUCT

The participants Code of Conduct applies to all players, coaches and managers. The Code of Conduct applies to players as individuals or as a team: and the penalties can be applied on an individual or an entire team. This Code becomes effective as soon as the participants arrive at the facility of play and remains in effect until participants leave the facility.

1. NO PARTICIPANT SHALL:

- a. At any time, lay hand upon, push, shove or strike or threaten to strike an official.
- b. At any time throw any object or piece of equipment at any participant(s), official(s), or spectator(s). This includes, but is not limited to bats, gloves, helmets, balls, etc.
- c. Be guilty of physical attack as an aggressor upon any player, official or spectator.
- d. Endanger the safety of any player official or spectator.
- e. Be guilty of using unnecessary rough tactics in the play of the game against any opposing player.

PENALTY:

Officials are required to immediately suspend participant from further play in the game and report such participant to the Adult Sports Coordinator. Such participant shall remain suspended until a letter is received from the participant requesting a hearing before the Adult Sports Executive Committee and the hearing has been held. Such hearing will be scheduled as soon as possible. Managers will be notified of the decision reached by the Adult Sports Committee.

NOTE: All Officials, managers and/or participants involved must submit a written report within two (2) working days following the incident, in order to be considered in the hearing.

All unwarranted physical contact (see rules 1, a-e) will result in an automatic one (1) year suspension. This suspension cannot be appealed until after the one (1) year suspension has expired. All appeals must be submitted to the Adult Sports Executive Committee.

2. NO PARTICIPANT SHALL:

- a. Refuse to abide by the official's decision.
- b. Be guilty of heaping personal, verbal abuse upon an official for any real or imaginary wrong decision or judgment. c. Be guilty of destruction and/or abuse of City property.

PENALTY:

Officials are required to immediately suspend participant from further play in the game and to report such player to the Adult Sports Coordinator for appropriate action. It shall be the prerogative of the Adult Sports Executive Committee to allow such participant to play under probation or to have such participant report for a hearing to consider his/her case.

3. NO PARTICIPANT SHALL:

- a. Be guilty of objectionable demonstrations of dissent at an official's decision by throwing of gloves, bats, balls, timer's or personal equipment or any other forceful action.
- b. Discuss with an official in any manner the decision reached by such official. (Exception: Manager or Captain.)
- c. Be guilty of abusive verbal attack upon any player, official or spectator.
- d. Use profane, obscene or vulgar language in any manner, at any time.

PENALTY:

The degree of infraction of this tenet of good sportsmanship shall in the officials' judgment, draw a minimum penalty of warning or a maximum penalty of removal from the game.

4. NO PARTICIPANT SHALL:

- a. Smoke while going on or coming off the field of play, or while on the field of play.
- b. Be guilty of discussing publicly with spectators in a derogatory manner any lay, decision, or his/her personal opinion of other players during the game. **PENALTY:**

Officials are required to warn participants, failure of such players to comply will result in removal from the game.

5. NO PARTICIPANT SHALL:

- a. Permit anyone to remain in the dugout or on the player's bench during the game who is not a playing member of the team (Managers and Coaches excepted.)
- b. Mingle with or fraternize with the spectators during the course of the game but shall remain on the player's bench/dugout or on the field of play.

PENALTY:

Officials are required to warn participants: Failure of such players to comply will result in removal from the game.

6. NO PARTICIPANT SHALL:

- a. Appear on any City facility at any time in an intoxicated condition or consume any alcoholic beverage(s) while on that facility or participating in a recreational program.

PENALTY:

Officials are required to immediately suspend and report the participant to the Adult Sports Coordinator for further consideration. Teams will forfeit any games, plus face possible suspension from the league and forfeiture of all fees.

7. NO PARTICIPANT SHALL:

- a. Be guilty of gambling upon any play or the outcome of the game with any official, spectator, player or opponent.

PENALTY:

Officials are required to report violations of this rule to the Sports Office. Any participant ejected from a game by the official for any cause is subject to further disciplinary action by the Adult Sports Executive Committee.

See specific Sports SUPPLEMENTAL RULES for additional Rules of Conduct.

Penalties for violations of the Participants Code of Conduct or other violations for the Department of Parks, Recreation and Marine or Sports Section policies are determined by the Adult Sports Executive Committee. The following categories of penalties may be leveled by the Adult Sports Executive Committee:

1. Forfeiture of game(s)

- a. The forfeiture of one or more games.

2. Probation

- a. A team or player may be placed on probation for a length of time to be determined by the Adult Sports Executive Committee.
- b. A team or player on probation who violates the Participants Code of Conduct will be suspended INDEFINITELY from the Sports Program.

3. Fines

- a. In addition to the above penalties, violations of the Code of Conduct or other Department or Sports Section rules could result in a fine.

4. Suspensions (leveled by the Adult Sports Executive Committee are based on the severity of each incident)

- a. The suspension(s) of a player(s) or team for one (1) calendar year or less.
- b. Suspensions LESS than one (1) year in duration may be appealed to the Adult Sports Executive Committee. A letter must be submitted to the Supervisor of the Sports Section within one (1) week following the decision of the Adult Sports Executive Committee.

PENALTIES ADMINISTERED BY THE ADULT SPORTS EXECUTIVE COMMITTEE FOR ONE (1) YEAR OR LESS ARE FINAL AND CANNOT BE APPEALED.

PENALTIES ADMINISTERED BY THE ADULT SPORTS EXECUTIVE COMMITTEE FOR MORE THAN ONE (1) YEAR MAY BE APPEALED ONLY AFTER A ONE (1) YEAR SUSPENSION HAS BEEN SERVED.

ALL ADULT SPORTS EXECUTIVE COMMITTEE DECISIONS ARE FINAL.

NOTE: WHEN A PARTICIPANT IS UNDER SUSPENSION IN A SPORT, HE/SHE IS INELIGIBLE TO PARTICIPATE IN ANY OTHER CITY OF LONG BEACH ADULT SPORTS PROGRAM UNTIL REINSTATED BY THE ADULT SPORTS EXECUTIVE COMMITTEE.