



Silverthorne Storm

Meet Schedule

June 21, 2025



Opts & C-4's		Comp 3
8:50	Arrival time	1:15
9:00-9:30 am	Open Gym/Stretching	1:30-2:00
9:15	Coaches Meeting	---
9:30-10:40	Timed Warm-ups	2:00-2:45
10:20	Judges Meeting	---
10:35-10:45	March-in	2:45-3:00
10:45-12:45	Competition	3:00-4:00
12:45-1:15	Awards	4:00-4:30

*This will be a traditional CARA meet schedule: Warm up 4 compete 4. Flipping vaults and releases can have a one touch warm up before group competes.

*We will have a concession stand