

ADAL PAST CHAMPIONS														
SEASON	SPORT	DIV	PL	2018-19	2017-18	2016-17	2015-16	2014-15	2013-14	2012-13	2011-12	2010-11	2009-10	2008-09
Fall	Girl's Volleyball	8A	1ST	Bowditch	Bayside	Jordan	Borel	Jordan	Bowditch	JLS	Bowditch	Jordan	Jordan	Bowditch
			2ND	Borel	Borel	Borel	Bowditch	Tierra Linda	Jordan	Jordan	Borel	Bowditch	Borel	Borel
		8B	1ST	Cunha Blue	Ralston	Jordan	Bowditch	Jordan White	Bowditch	Jordan Green	Borel	Jordan White	Borel	Central
			2ND	Bowditch	Bowditch	Ralston	Ralston JH	Ralston Gold	Jordan Green	Jordan White	Ralston Black	Borel	Terman Gold	Borel
		7A	1ST	Bowditch	Borel	Borel	Jordan	Bowditch	Bowditch	Bowditch	Jordan	Central Green	Bowditch	Bowditch
			2ND	Ralston	Bayside	JLS	Bayside	Borel	Ralston	Jordan	Terman	Borel	Jordan	Jordan
		7B	1ST	Bowditch	Cunha	Bowditch	Borel	Bowditch	Jordan White	Ralston Black	Jordan White	Borel	Borel	Borel
			2ND	Hughes	Ralston	Borel	Ralston JH	Borel	Jordan Green	JLS Blue	Terman	Ralston Black	Ralston	Terman Gold
		6A	1ST	Borel	Bayside	Bayside	Borel	Jordan	Borel	Jordan	Bowditch	Jordan	Bowditch	Jordan
			2ND	Ralston	Bowditch	Bowditch	Bowditch	Bowditch	Abbott	Terman	Abbott	Cunha	Central	Borel
	Flag Football	8th/Var	1ST	San Carlos	Egan	Egan	Blach	San Carlos	Egan	Bowditch	Blach	Terman		
			2ND	Borel	Jordan	Bowditch	Borel	Jordan	Central/TL	Egan	Jordan			
		7th/JV	1ST	Borel	Borel	Borel	Egan	Blach	Jordan	Blach	Blach			
			2ND	Fletcher	Bowditch	Egan	Borel	Jordan	Terman	Egan	Egan			
		6th	1ST	San Carlos	Borel	Borel	Terman	Jordan	Jordan	Jordan White	Jordan			
			2ND	Greene	Terman	Bowditch	San Carlos	Cunha	Terman	Borel	Terman			
		Girls	1ST											
			2ND											
	Cross Country	Boys Var	1ST	Greene	Jordan	Terman	Ralston	Ralston	Ralston	JLS	Cunha	Ralston	Cunha	Borel
			2ND	Bayside	Ralston	Ralston	Central		Cunha	Ralston	Jordan	JLS	Ralston	Ralston
		Girls Var	1ST	Ralston	Bayside	Jordan	Tierra Linda	Ralston	Ralston	Cunha	Ralston	Ralston	Ralston	Ralston
			2ND	Fletcher	Jordan	Ralston	Ralston		Borel	Ralston	Jordan	Cunha	Borel	Cunha
		Boys JV	1ST	Greene	Tierra Linda	Ralston	Terman	Cunha	Ralston	Ralston	Ralston	Cunha	Ralston	Ralston
			2ND	Ralston	Ralston	Bowditch	Ralston		Jordan	Borel	JLS	Ralston	Tierra Linda	Cunha
Winter	Basketball	Boys 8A	1ST	Abbott	Ralston	Cunha	Jordan	Ralston	Jordan Blue	Ralston	Jordan	JLS	Borel	JLS
			2ND	Ralston	Jordan	Ralston	Bowditch	Jordan	Cunha	Jordan	Cunha	Abbott	Cunha	Borel
		Boys 8B	1ST	Ralston KT	Masters	Douglis	Ralston DD	Jordan Green	Central White	Borel	Bowditch	Borel	Cunha	*Jordan White
			2ND	Greene Blue	Jordan White	Borel	Ralston KT	Ralston Gold	Ralston Gold	Ralston Gold	Cunha	Bowditch	Abbott	*Jordan Green
		Girls 8A	1ST	Cunha	Jordan	Central	Borel	Jordan	Jordan	Jordan	Jordan	Terman	Jordan	JLS
			2ND	Greene	Cunha	Jordan	Ralston	Ralston	JLS	Cunha	Cunha	Cunha	Bowditch	Bowditch
		Girls 8B	1ST	Cunha	Bayside	Ralston	Ralston	Cunha	Cunha	Jordan	Borel	Cunha	Jordan	*Borel
			2ND	Ralston	Cunha	Cunha	Cunha	Jordan	Ralston	Borel	Cunha	Jordan	Cunha	*Jordan
		Boys 7A	1ST	Ralston	Ralston	Borel/Cunha*	Cunha	Jordan	Ralston	Jordan White	Jordan	JLS	Central	Jordan
			2ND	Tierra Linda	Abbott	*co-champions	Ralston	Abbott	Jordan	Cunha	Cunha	Borel	Borel	Cunha
		Boys 7B	1ST	Bayside	JLS Blue	Masters	Cunha	Ralston Gold	Jordan White	Ralston Gold	Jordan Green	Ralston	Borel	Tierra Linda
			2ND	Ralston JM	Bradley	Bowditch	Ralston MD	Cardinal	Cardinal	Jordan White	Cunha	Bowditch	Abbott	Cunha
		Girls 7A	1ST	Ralston	Cunha	Bayside	Central	Ralston	Ralston	JLS	Jordan Green	Jordan	Terman	Jordan
			2ND	Cunha	Jordan	Ralston	Jordan	Borel	Jordan	Jordan	Cunha	Cunha	Bowditch	Bowditch

		Girls 7B	1ST	Borel	Ralston	Bowditch	Jordan	Borel	Cunha	Cunha	Cunha	Ralston Gold	Cunha	Abbott
			2ND	Sandpiper	Cunha	Jordan	Cunha	Ralston Black	Borel	Borel	JLS	Cunha	Jordan	Jordan
		Boys 6A	1ST	Bowditch	Tierra Linda	Ralston	Cunha	Jordan White	Bowditch	Ralston	*Jordan Green	Jordan	Borel	*Central
			2ND	Greene	Jordan	Cunha	Ralston	Cunha	Jordan	Jordan	*Jordan White	Bowditch	Ralston	*Jordan
		Boys 6B	1ST	Borel	Bayside	Ralston Gold	Borel	Borel	Bayside	Jordan Blue	*Ralston Gold	Cunha Blue	Bowditch	*Tierra Linda
			2ND	Greene Blue	Masters	Bayside	Ralston KT	Bowditch	Ralston Black	Ralston Black	*Central Green	Borel	JLS Blue	*Abbott
		Girls 6A	1ST	JLS	Bayside	Jordan	Bayside	Central	Jordan	Jordan	*JLS	Jordan	Jordan	Terman
			2ND	Ralston	Central	Cunha	Jordan	Jordan	Borel	Ralston	*Cunha	Cunha	Terman	Ralston
		Girls 6B	1ST	Sandpiper	Bowditch	Cunha Blue	Orange	Borel	Bayside	Jordan	*Ralston Gold	Jordan	Cunha	*Cunha
			2ND	Bayside	Bayside	Ralston	Borel	Jordan	Ralston Gold	Ralston	*Ralston Black	Central	Central	*Ralston
											* final game result unknown - assumes higher seed won			
Spring	Track & Field	Overall	1ST	Ralston	Ralston	Ralston	Bowditch	Bowditch	Ralston	Ralston	Ralston	Ralston	Ralston	Ralston
			2ND	Bowditch	Bowditch	Bowditch	Borel	Terman	Bowditch	Terman	Terman	Terman	Bowditch	Terman
		Boys 8th	1ST	Bowditch	Borel	Ralston	Bowditch	Bowditch	Bowditch	Ralston	Terman	Ralston	Ralston	Ralston
			2ND	Greene	JLS	Bowditch	Central	JLS	Ralston	JLS	Bowditch	Terman	Bowditch	Borel
		Girls 8th	1ST	Bowditch	Ralston	Ralston	Ralston	Bowditch	Ralston	Terman	Terman	JLS	Ralston	Ralston
			2ND	Ralston	Shoreview	Jordan	Borel	Borel	Jordan	Central	Bowditch	Bowditch	Terman	Terman
		Boys 7th	1ST	Bayside	Bowditch	Ralston	Bowditch	Terman	Bowditch	Terman	Ralston	Terman	Terman	Ralston
			2ND	Fletcher	Ralston	Borel	Cunha	Bowditch	Tierra Linda	Ralston	JLS	Borel	Tierra Linda	Borel
		Girls 7th	1ST	Fletcher	Ralston	Ralston	Central	Central	Bowditch	Ralston	Terman	Ralston	Ralston	Ralston
			2ND	Bowditch	Bayside	Bowditch	Bowditch	Borel	Ralston	Bowditch	JLS	Terman	JLS Blue	Terman
		Boys 6th	1ST	Ralston	Bayside	Ralston	Bowditch	Terman	Ralston	Ralston	Ralston	Borel	Ralston	Ralston
			2ND	Bayside	Borel	Bowditch	Ralston	Bayside	Bowditch	Terman	Bowditch	JLS	Ralston	Terman
		Girls 6th	1ST	Greene	Bowditch	Ralston	Bowditch	Ralston	Ralston	Jordan	Ralston	Borel	Ralston	Ralston
			2ND	Ralston	Bayside	Bayside	Borel	Tierra Linda	Central	Borel	Bowditch	Ralston	Bowditch	Borel
	Soccer	Girls	1ST	Bowditch	Bowditch	Bowditch	Bowditch	Bowditch	Borel	Bowditch	Bowditch	Tierra Linda	Borel	Bowditch
			2ND	Abbott	Borel	Borel	Tierra Linda	Borel	Bowditch	Borel	Borel	Bowditch	Bowditch	Borel
		Boys	1ST	Cunha	Bowditch	San Carlos	Bayside	Borel	Bowditch	Abbott				
			2ND	Bayside	Bayside	Abbott	Bowditch	Bowditch	Cunha	Borel				
	Boys Volleyball	Jr Var	1ST	Academy	Bayside	Hillview								
			2ND	JLS	Academy	Terman								
		Varsity	1ST	Academy	Terman	Abbott								
			2ND	Bowditch	Bowditch	Bowditch								