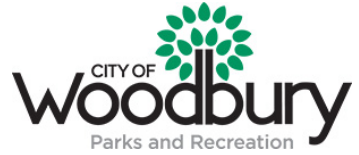


WOODBURY PARKS & RECREATION

2026 Winter Basketball League (5v5) Registration Packet



Thank you for your interest in adult basketball offered by Woodbury Parks & Recreation. If you are no longer the manager, please forward this to the new manager. If you have any questions, contact the League Director, Jeremy Bailey at jeremy.bailey@woodburymn.gov or (651) 414-3436.

REGISTRATION INFORMATION

- ✓ To register a team, the manager must submit league registration and full payment during the appropriate time period listed below. **No registration will be accepted without payment.** A team is not given a spot until all fees are paid. Woodbury Parks & Recreation accepts payment by cash, check or credit card. The following is a list of different ways to register your team.
 1. **ONLINE:** Register online at <https://www.woodburymn.gov/384/Recreation>. Click on the box labeled register or view programs and events. You will be directed to our registration login page. Create an account and login. Once logged in, click on the search tab and select type **ADULT SPORT LEAGUES**. This will bring you to the list of adult leagues we are offering this upcoming season. Click on the empty square box in front of the activity #. The selected league will appear at the bottom of the screen, click "Add to Cart" button to proceed to checkout.
 2. **EMAIL OR PHONE:** Call the league director at 651-414-3436 to register over the phone or email registration materials to jeremy.bailey@woodburymn.gov. Credit card payment is required.
 3. **IN-PERSON:** In-person registration is accepted Monday–Friday; 8:00 am–4:30 pm within the registration dates. The Recreation Department is located on the 2nd floor inside the Woodbury City Hall building (8301 Valley Creek Road, Woodbury, MN 55125).
 4. **DROP-BOX (after hours):** Place your registration within the registration dates in a sealed envelope labeled 'BASKETBALL' and leave it in the after-hours utility payment deposit box located in the parking lot median at Woodbury City Hall.
 5. **MAIL:** Mail to Woodbury Parks and Recreation, 8301 Valley Creek Road, Woodbury, MN 55125.

LEAGUE INFORMATION

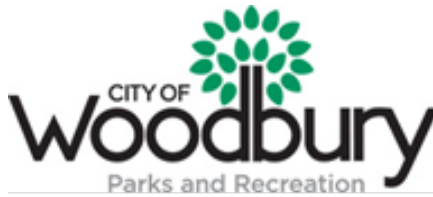
- ✓ **What times are games played and where?**

All games are played at E-STEM Middle School at 6:00, 7:00, and 8:00 p.m. (unless otherwise noted on the schedule). Note: starting game times are subject to change based on the number of teams and gym availability.
- ✓ **Do I need to send a team roster now?**

No. A roster is not required until your first game. Team rosters are turned in through the league website, www.teamsideline.com/woodburymn. Instructions will be provided to the manager in the league welcome email. **If you are a returning team from last winter, you may copy your roster over for the upcoming season.** Players will need to re-accept the invitation to join your team.
- ✓ **What are the roster and eligibility requirements?**
 1. Minimum age for players is 18.
 2. The maximum number of players that may be on the roster is 12.
 3. Players must be listed on the team roster in order to play in the league.

BASKETBALL LEAGUE								
League	Teams	Games	Start Date	Start Times	Location	League Fee	Tax 8.875%	Total Fee
Wednesday Basketball (5v5)	8	6 games	1/7/26	6:00 pm 7:00 pm 8:00 pm	E-STEM Middle School	\$425.00	\$37.72	\$462.72
Wednesday Basketball (5v5) (Individual Reg.)	8	6 games	1/7/26	6:00 pm 7:00 pm 8:00 pm	E-STEM Middle School	\$60.00	\$5.33	\$65.33

Please note: Both sign-ups are for the same league. Teams that sign up together and teams that get put together by us from individuals will **BOTH** play in this singular league.



Woodbury Parks & Recreation 2026 Winter Basketball League (5v5) Registration Form

Team Name: _____
{This is the name that will be printed on all schedules}

Manager's Name _____ Date of Birth _____

Address _____

City _____ State _____ Zip Code _____

Phone _____ Email _____

Select a league (fees include sales tax*):

☐ Basketball League (5v5) - #551710-01 (\$462.72 total fee)

☐ Individual Sign-up (5v5) - #551710-02 (\$65.33 total fee)

Skill Rating ([definitions listed on last page](#)):

☐ Recreational

☐ Intermediate

☐ Competitive

Gender:

☐ Female

☐ Male

Teammate Request ([full name](#)):

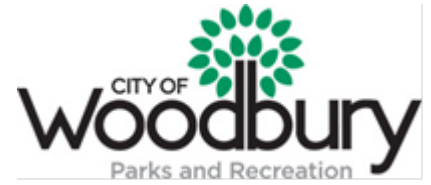
[Only 1 request per person; must request each other](#)

PAYMENT

Form of Payment <input type="checkbox"/> Cash <input type="checkbox"/> Check (payable to City of Woodbury) <input type="checkbox"/> Credit Card	Credit Card Type <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover <input type="checkbox"/> American Express	Total Fee \$ _____.
Signature _____.		Office Use Date Received: ____ / ____ / ____ Received By: _____
Credit Card Number CC#: _____-_____-_____-_____		Expiration Date ____ / ____ Month Year

WOODBURY PARKS & RECREATION

Team Conduct, Eligibility and Forfeit Fee Policy



Woodbury Park & Recreation has a Team Conduct, Eligibility and Forfeit Fee Policy for Adult Athletic Leagues.

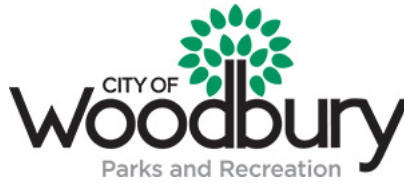
Teams will have to pay for the following violations before their next scheduled game. If fees are not paid before the next game, teams or players may not be allowed to play.

- **Alcohol Consumption** – \$50 per incident. No alcohol can be consumed or taken into the school facilities.
- **No Tobacco Products** – \$25 per incident. E-STEM Middle School is a tobacco free facility.
- **Physical contact made with an official or another player** – \$50 per incident and expulsion from the league.
- **Not having a complete roster on file for the current league** – \$25 per incident. Roster is due before the 1st game and need to be submitted electronically at <http://www.teamsideline.com/woodburymn>
- **Player Ejection** – \$50 per ejection. Any player who is ejected from a game, for any reason, must sit out the following weeks next scheduled game(s). If ejected a second time during the season, the player will be subject to a suspension that will cover a higher amount of games, possibly even the remainder of the league season. The amount of games is at the discretion of the league director and recreation manager.
- **Ineligible/Unrostered Player** – \$25 per violation.
- **Unannounced Forfeit** – \$25 per game. Less than 24 hours of scheduled game.
- **Loud or Vulgar Music** – \$25 per incident. Music is not allowed inside the school.

This policy will be enforced by the League Director, League Officials, Gym Supervisors and including any City of Woodbury Parks & Recreation staff members.

All teams will be required to pay the required conduct fee once notified by the league director that a team and/or player violation has been made. Teams will have 48 hours to pay the fee and will not be able to continue in the league until the fee has been paid. No exceptions.

The team manager understands and agrees to the terms listed within the conduct fee policy and agrees to follow the policy as stated in order to remain in good standing with the league, league director and Woodbury Adult Athletics.



Adult Basketball Skill Definitions

Recreational

- Just want to have fun!
- Dribble with control using your dominant hand and keep your head up
- Make layups and basic jump shots from close to mid-range
- Pass accurately and move after passing to stay involved in the play
- Stay in front of your man on defense and keep your hands up
- Box out and go for rebounds on both ends
- Understand basic rules and communicate with teammates

Intermediate

- Dribble confidently with both hands and change direction under control
- Hit open mid-range and spot-up 3-point shots with decent consistency
- Make quick, accurate passes and read simple defensive rotations
- Defend 1-on-1 effectively and rotate or help on defense when needed
- Rebound with proper positioning and attempt to box out every time
- Move without the ball (cut, screen, space the floor) and communicate on both ends

Competitive

- Handle the ball under pressure using both hands, including change-of-pace and combo moves
 - Shoot consistently from all three levels (layups, mid-range, and 3-point range) off the catch and dribble
 - Make advanced passes (e.g. skip, pocket, drive-and-kick) and read defenses in real time
 - Defend multiple positions with solid footwork, help instincts, and on-ball pressure
 - Crash the boards aggressively and start or support the fast break
 - Move with purpose off the ball (use screens, create space, time cuts) and communicate constantly on both ends
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