SELF RATING SYSTEM & DEFINITIONS

Levels: Beginner 0-2.5; Intermediate 3-3.5; Advanced 4-4.5; Expert 5+

Rating 1.0
• New player with understanding of the game and rules.

Rating 1.5
• Can hit the ball back and forth a bit.
• Learning to serve.
• Fails to hit easy balls frequently.
• Beginning to learn the basic rules such as scoring, lines, side outs, etc.

Rating 2.0
• Sustains short rallies.
• Makes basic strokes such as forehand, backhand, volley, and can serve the ball.
• Understands court positioning and doubles rules.

Rating 2.5
• Can sustain longer rallies but not at a fast pace.
• Makes most easy shots, including backhands, but still needs some work.
• Able to approach the non-volley zone and hit volleys.
• Good understanding of the rules.
• Struggles to cover the entire court.

Rating 3.0
• Has a consistent serve and returns medium paced balls reliably.
• Able to make all basic strokes. Lacks control when trying to place the ball.
• Attempts lobs and dinks with limited success.

Rating 3.5
• Consistent control and placement of medium paced shots. Able to return fast-paced shots with slightly less success.
• Improved ball control and placement of the ball.
• Needs more shot variety.
• Can play aggressively at the non-volley zone.
• Anticipates opponent's shots and learning strategy of doubles play.

Rating 4.0
• Consistent with both forehand and backhand strokes.
• Can use spin with some success.
• May lose rallies due to impatience.
• Uses the dink and drop shot successfully.
• Demonstrates 3rd shot strategies.
• Aggressive net play in doubles.
• Full understanding of the rules.

Rating 4.5
• Beginning to master placement and spin.
• Beginning to master 3rd shot choices.
• Good footwork and positioning.
•Adjusts game style to account for opponent's strengths, weaknesses, and court position.
• Good shot selection. Does not force shots.
• Serves consistently and can vary speed and spin.
• Good court positioning. Anticipates opponent's shot.

Rating 5.0
• Mastered all shot types.
• Excellent shot anticipation.
• Accurate shot placement.
• Forces errors. Limits their own unforced errors.
• Mastered dinks and dropshots.
• Mastered 3rd shot strategy