



Adult Broomball Skill Definitions

Recreational

Have played in 0-2 seasons of Broomball League

- Just want to have fun!
- Move with control while handling the broom using your dominant hand, keeping your head up to see the play
- Take simple, controlled shots on goal from close range
- Make accurate passes and skate or move into open space after passing
- Stay between your opponent and the goal on defense, keeping your broom and body in a ready position
- Battle for loose balls and position yourself to block or deflect shots near the crease
- Understand basic rules (no high brooms, offsides, penalties) and communicate with teammates

Intermediate

Have played in 2-5 seasons of Broomball League

- Control the broom and ball confidently with either hand and change direction smoothly without losing balance
- Take accurate shots from mid-range and open ice, with decent power and placement
- Deliver quick, accurate passes and anticipate both offensive and defensive movements
- Defend 1-on-1 effectively, using body position to force opponents wide, and rotate or help when needed
- Position properly for rebounds and consistently challenge for possession near the crease
- Move without the ball—cut to open ice, create passing lanes, screen the goalie—and communicate on both offense and defense

Competitive

Have played in 5+ season of Broomball League

- Maintain broom and ball control under heavy defensive pressure, using change-of-pace, dekes, and quick-move combinations
 - Shoot with consistency and accuracy from all ranges (close, mid, and long) off both the pass and while in motion
 - Execute advanced passes (e.g., cross-ice feeds, drop passes, give-and-go plays) and read both defensive and offensive structures in real time
 - Defend multiple positions with strong footwork, body control, stick positioning, and awareness in the defensive zone
 - Control play near the crease on both ends—screening the goalie, clearing the area, or disrupting opponent shooting lanes
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