

Mid Kansas League Volleyball Rules

3rd and 4th Grade

General Rules

- "Volley-Lite" volleyballs will be used.
- A 7 foot net height will be used.
- Matches will begin at 9:15 AM and will be scheduled for every 45 minutes afterwards.
- Officials
 - 1 official will be on the net ladder.
 - Each team will supply a line judge for every match.
- A maximum of 2 coaches on each bench will be allowed.
- Game time limits
 - Each match will be the best of 3 sets.
 - A drop dead 45 minute running clock time limit will be used. If the match is tied 1-1 at the time limit, a sudden death format will begin on the next served ball.

Play Rules

- Scoring
 - 1st and 2nd sets will be to 25 points, must win by 2.
 - 3rd set will be to 15 points, must win by 2.
 - Rally scoring in all sets will be used.
 - Each player can serve a maxim of 5 points. The team will then rotate to the next player who will continue service.
- Teams will not switch sides to allow for more game play.
- One time out per team per set is allowed.
- All players available will be in the service rotation.
- The team who receives serve first will not rotate until the player starting the game in the serve position has served.
- Players will rotate to the bench after serving and the following next side out. The player entering the game will enter the game in the center of the back line.
- Players who commit a foot foul by crossing th 15' line will be warned on the first and second offense. If the same player commits a third offense, the receiving team will be awarded a point and side out will be given.
- Servers may serve at any distance beyond the 15' line.
- No Libero player will be used.
- The home team will serve first.
- All other typical volleyball rules will be followed with the understanding that beginning volleyball players will be challenged to pass and handle the ball. Officials will not call lifts and use good judgment to balance the two concepts of appropriate game play with reasonable skill development.