

**Cultural & Community Services** 

## 2023-2024 REVISED 8/30/23 Changes are indicated in red

305 West Third Street Oxnard, CA 93030 (805) 385-7995

League Schedule and Standings: <u>http://www.teamsideline.com/oxnard</u>

# **General Rules**

- I. The league coordinator will have jurisdiction over all the rules and regulations herein not covered.
  - A. In the event the league coordinator is not on-site or contactable, a recreation specialist will have jurisdiction over all the rules and regulations herein not covered.

#### II. Registration

- A. In order to register, teams must submit the YOUTH SPORTS LEAGUE REGISTRATION INFORMATION (Appendix I) and a YOUTH SPORTS ROSTER (Appendix II) at the City of Oxnard's Cultural and Community Services office.
- B. In order to participate, all players must have the following forms signed with ink and returned to the City of Oxnard's Cultural and Community Services office two weeks prior to the first scheduled game:
  - MINOR RELEASE FORM (Appendix III), WAIVER FOR COMMUNICABLE DISEASES (Appendix IV), AND CODE OF CONDUCT (Appendix V).
- C. Only players and coaches on the official roster may be on the bench.
  - 1. Injured players may sit on the bench only if they are dressed in their casual clothing.
- D. All Coaches must be at least 18 years of age.
- E. No player may participate if they reach age 15 prior to December 31.

#### III. Adding/ Dropping From the Official Roster

- A. Adds/drops to a team roster must be made prior to the second scheduled game of the season.
  - Requests to amend a roster must be requested on the ADD/ DROP FORM (Appendix VI) that is included with the registration packet found on Oxnard's teamsideline page.
  - 2. The ADD/DROP FORM must be submitted to a Recreation Specialist or the Recreation Coordinator 24 hours prior to the next scheduled game.
- B. All added players must have the completed registration forms submitted the business day prior to their first scheduled game.
  - 1. Changes will not be accepted at gametime or gameday.
- C. In the event that a team must withdraw from the season, the following policies will be enforced:

- 1. Prior to the release of the game schedule, refunds/credits may be issued without penalty, subject to Recreation Coordinator approval.
- 2. After the game schedule has been released, 20% penalty fee per refund/credit request, subject to supervisor approval.
- 3. After the first games begin, no refunds/credits will be issued.

#### IV. Forfeits

- A. Game time is forfeit time.
- B. Coaches must submit lineups to the scorekeeper prior to game time.
- C. Late arrivals may enter the game after the coach has notified the scorekeeper of the players' arrival. If the coach has not notified the scorekeeper of the player's arrival prior to the substitution, the team will receive an infraction.
- D. Rescheduling games will be considered on a case-by-case basis, but is not guaranteed.
- E. In the event a team needs to forfeit, the team must notify a Recreation Specialist and/or Coordinator 24 hrs in advance.

#### V. Protests

- A. All protests must be made prior to the end of the game. Procedures for protesting:
  - 1. Coaches must inform the referee.
  - 2. Referee will notify the opposing team and the scorekeeper.
  - 3. Coach must submit a written protest to the Recreation office to the league coordinator within two working days of the protest.
  - 4. The League Coordinator will make a ruling as soon as possible.
- B. Judgment calls are NOT protestable.

#### VI. Tie Breaker Rules

- A. In the event that two or more teams are tied at the end of league play, the following tie breaker rules will be used:
  - 1. Head-to-head record
  - 2. Head-to-head differential (volleyball only)
  - 3. Total points scored in the head-to-head game(s)
  - 4. Sportsmanship points
  - 5. Total points scored during the regular season
  - 6. Total points allowed in the head-to-head game(s)
  - 7. Total points allowed during the regular season
  - 8. Coin toss

#### VII. Code of Conduct

- A. The Head Coach and Assistant Coach agree to support and influence good sportsmanship, high moral standards, and be responsible for the conduct and acts of themselves, their players, and their spectators.
- B. Penalties for violating Code of Conduct Rules:
  - 1. Depending on the seriousness of the infraction, disciplinary actions may include a formal warning, ejection from the game, suspensions, and/or expulsions from the league.
  - 2. Any player, coach, or spectator displaying unsportsmanlike conduct may be ejected from the game.
    - a) If the person who committed the violation does not leave when asked to do so, the team responsible for the infraction will be charged with a forfeit, suspension(s), and/or expulsions from the league.
    - b) Profanity or vulgar language will not be tolerated and receive an automatic ejection.
  - 3. Any ejections carry an automatic one-game suspension to be served at the next scheduled game and the individual(s) must leave the area immediately.
    - a) The City of Oxnard adopts an "out of sound, out of sight" approach to define "leaving the area".
  - 4. Any ejected/suspended individual is also suspended from participating in any other City of Oxnard sporting event/programming (i.e spectator, coach, etc.) until their suspension has been served.
  - 5. Enforcement of the Code of Conduct at a game site will be based on the site monitor's best judgment and may be rescinded, increased, or upheld by the Recreation Coordinator.
  - 6. The terms of the Code of Conduct may be found on the City's teamsideline webpage and under appendix V contained herein.

#### VIII. Miscellaneous

- A. Coaches must be cleared through the City of Oxnard in order to be on the bench with the team.
  - 1. Cleared coaches must display their badges at each and every game in order to participate.
    - a) Coaches who do not have their badges on will not be permitted to coach the game

- B. No hard hair accessories
  - 1. Exceptions may be made on a case-by-case basis.
- C. No jewelry.
  - 1. Tape may not be used to cover jewelry.
  - 2. Exceptions may be made on a case-by-case basis.
- D. False nails are not permitted and natural nails must be cut to the length of finger.
- E. No shorts with pockets
  - 1. Tape may be used to close pockets.
  - 2. The City of Oxnard will not provide tape.
- F. No food or drinks permitted inside any of the basketball gyms.
- G. The player's school grade is the sole criteria for determining his/her division.
  - 1. A player may play up one division, but may only play for one grade level
    - a) example: a 3rd/4th grade player may move up to 5th/6th grade division, but must choose one or the other play on.
- H. The City of Oxnard does not offer coed teams for 3rd/4th grade and up, except for flag football.
  - 1. Exception: girls may participate on a boys team if a school does not offer a girls team in that sport.
- I. Youth Sports Uniform
  - 1. Teams must have uniforms of matching color schemes.
  - 2. If only one team has a reversible top then the head official will have that team reverse their uniform. Time will be provided for the team to change their tops.
  - 3. If both teams have reversible uniforms, the home team will use the light side of the jersey and the guest team will use the dark. The head official reserves the right to ask for adjustments in the best interest of an equitable game.
  - 4. If there are no reversible jerseys from either team, one of the following will be decided at the head officials' discretion:
    - a) One team will wear pinnies.
      - (1) A coin flip will occur to decide which team. The winning flip will stay as is and the opposing team will wear the pinnies.
      - (2) pinnies are not provided by the City of Oxnard
  - 5. Referees will use the predominant color on the uniforms/ pinnies to identify calls.
    - a) For example, if one team is blue with stripes, and the other team has red uniforms with stripes then the officials will use blue and red to identify the teams.

- 6. Violation(s)s of the uniform policies may result in infractions and/or being prohibited from entering the game.
- J. Cheerleading programs
  - 1. The City of Oxnard does not offer any form of official cheerleading competitions.
  - 2. The City does allow cheerleading programs to be present and support their team, however the following conditions will apply in such cases:
    - a) Cheerleaders and their coaches are considered equals to any other spectator. No special seating arrangements will be honored at any time at any sporting event. Seating is limited and based on a first come first served basis.
    - b) Chants must be positive in nature and may not be directed at anyone other than their own team.
    - c) Performances may not be done during timeouts, but may be permitted during half time intermissions only if the performance does not disturb either team from using the court/field to warm up and/or delays the restart of the game.
    - d) The Recreation Coordinator and/or Recreation Specialist on-site reserve the right to allow or disallow cheerleading programs from entering the playing court/field.
    - e) As with any spectators, teams are subject to disciplinary action should their cheerleading program violate the City of Oxnard's code of conduct or conditions included herein.

#### IX. Youth Sports Sportsmanship Program

- A. The sportsmanship system is put in place to maintain a fun, positive, and recreational environment.
- B. Teams are expected to demonstrate good sportsmanship at all times.
- C. A team's sportsmanship is demonstrated by players, fans, and coaches.
- D. Sportsmanship does not take place only in the game but also before and after the game.
- E. The head coach and assistant coaches must support and influence good sportsmanship, high moral standards, and are responsible for the conduct and acts of themselves, their players, and their spectators.
  - 1. This includes but is not limited to unsportsmanlike disagreements with officials.
- F. Details of the Sportsmanship Program are included in Appendix VI as well as downloadable on the City's teamsideline page.

### **Volleyball**

\*\*\*With the exception of the following modifications, current CIF Rules will govern League play.\*\*\*

#### I. Divisions

Boys 7 <sup>th</sup> & 8 <sup>th</sup> Grade	Girls 7th & 8th Grade
Boys 5th & 6th grade	Girls 5th & 6th Grade

#### **II.** Playing Court and Equipment

- A. Playing Court
  - 1. The playing court dimensions shall be 60' long by 30' wide.
  - 2. An unencumbered area for play of at least 10' should surround the court.
    - a) If less area is available, one foot may cross the server's line when serving.

#### B. Net Height

- 1. The height of the net shall be:
  - a) Boys Division 7th & 8th shall be set at seven feet (7 ft.) eight inches (8 in.).
  - b) All Girls Divisions and 5th & 6th grade boys Shall be set at seven feet (7 ft.) four inches (4 in.).

#### C. Volleyball

- 1. Rubber, leather or synthetic leather volleyballs may be used
- 2. The City of Oxnard will provide all warm up balls and the game ball.
- D. Athletic shoes must be worn by all participants.
- E. Casts (plastic or other hard substance in its final form) may not be worn during the game.
- F. Exposed jewelry such as wrist watches, bracelets, large or loop earring, hair accessories, and neck chains may not be worn during the game.
  - 1. Jewelry may not be taped to the body.
  - 2. Medical alert bracelets or necklaces are not considered jewelry, but if worn, must be taped to the body.
- G. False nails are not permitted and natural nails must be cut to the length of finger.
- H. Uniform tops must all match color schemes and have a number.
- I. Uniform bottoms must be shorts and may not have pockets.
  - 1. Tape may be used to close pockets, but must be provided by the team.

#### III. Players and Substitutions

A. A team may compete with only five (5) players on the court but must play six (6) if they are on the line up card and present.

#### City of Oxnard Youth Sports Supplemental Rulebook

- B. Minimum play rule
  - 1. In all matches, each player must play in one of the first two games. A starting player must remain in the game until one of the teams scores 11 points.
  - 2. A player who is subbed in at the 11 point mark must play until one of the teams scores 22 points.
  - 3. Once a player has played their minimum time, free substitutions may be used thereafter within the same group of players throughout the game.
    - a) Player groups may be switched for the next game.
- C. Rotation of substitutes will be allowed on a side out as the players rotate.
  - 1. The previous right front player goes out and the new player comes into the serve position.
  - 2. Players must rotate in the same order that is listed on the official lineup card.
- D. Coaches can make a one on one (1 on 1) substitution.
- E. A player who has not previously entered the game may substitute in for any player who has already satisfied the minimum play rule.
- F. A re-entering player shall assume the original position in relation to the other teammates in the serving order.
  - 1. Example: #6 is in the game, #3 comes in to replace #6, if #6 re-enters the Game, it must be for #3.
- G. A player may be substituted in any time the ball is declared "dead".

#### IV. Scoring and timeouts

- A. Rally scoring will be used.
- B. First team to make twenty-five (25) points (cap) will be declared the winner of the game.
- C. Winning two (2) out of three (3) games wins the match.
- D. If a third game is played, the first team to reach fifteen (15) points will be the winner.
- E. Two (2) time-outs per game.
  - 1. No additional time-outs during an extended game.

#### V. Game

- A. Warm-up time is ten (10) minutes.
  - 1. Both teams will enter court and be granted an eight (8) minute general warm- up
  - 2. After general warm up, both teams will serve for two (2) minutes.

- B. Game time is forfeit time.
  - 1. If a team is not ready to play after warm ups are completed, the match will result in a forfeit.
- C. Coaches shall be seated at all times on the bench except to substitute a player, to request a time out, to react to an understanding play, to replace a disqualified or injured player, to attend to an injured player when beckoned onto the court by an official, or to rise during a time out or intermission between games.
- D. The server shall have ten (10) seconds to serve the ball after the referee's signal to serve.
- E. Liberos are not permitted
- F. Attacking the serve is not permitted
- G. All let serves are permitted.



# **Contact Us**

# **Oxnard Team Sideline webpage:**

https://teamsideline.com/Oxnard

OR

Google "Oxnard Team Sideline" > click "City of Oxnard Recreation & Community Services"

### **Recreation Specialists**

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# **Cultural and Community Services Office**

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Office hours Monday- Thursday: 8am to 6pm Friday: 8am to 5pm (Closed every other Friday)