

16TH STREET



- 1 SWIM AT BOUWS POOL

 AGE 8-10: 25 yd AGE II-13: 50 yd

 2 TRANSITION TO BIKE,

 COMPLETE FAIRBANKS LOOP

 AGE 8-10: IX AGE II-13: 2X

 CHECK-IN BEGINS AT

 8:00 AM.
 - RUN AROUND TRACK

 AGE 11-13 HEATS START: 9:00 AM

 AGE 8-10 HEATS START: 10:00 AM
 - AGE 8-10: 1X AGE 11-13: 2X

 SUGGESTED PARKING:

 DEVOS FIELD HOUSE PARKING

 STREET PARKING ON 11TH ST 14TH ST











