

Freshman Team Camp Schedule

June 9-12

Freshman Teams Participating

Boise

Rocky Mountain

Borah

Eagle

Capital

Mountain View

Kuna

Camp Itinerary

June 9, 2025 PM session 5:30 to 7:30 PM

at Rocky Mountain HS

Eagle, Rocky, Mt. View, Kuna

(Grass Field behind the stadium)

at Boise HS

Boise, Borah, Capital

Practice Schedule

5:30-5:45	Warm up in your assigned area on the field
5:45-5:50	Water/ Talk about camp tempo
5:50-6:10	3 team rotation - Inside Run/ WR DB 1 on1s
6:10-6:15	Water/ Transition
6:15-6:35	7v7/Lineman 1 on 1(or pods)
6:35-6:40	Water
6:40-7:25	3 Team Rotation Thud
7:25	Call-up meet with your team – clean-up your area

Freshman Team Camp Schedule

June 9-12

Camp Itinerary

June 10, 2025 PM session 5:30 to 7:30 PM

at Rocky Mountain HS

(Grass Field behind the stadium)

at Boise HS

Rocky, Borah, Capital

Boise, Eagle, Kuna

Practice Schedule

5:30-5:45	Warm up in your assigned area on the field
5:45-5:50	Water/ Talk about camp tempo
5:50-6:10	3 team rotation - Inside Run/ WR DB 1 on1s
6:10-6:15	Water/ Transition
6:15-6:35	7v7/Lineman 1 on 1(or pods)
6:35-6:40	Water
6:40-7:25	3 Team Rotation Thud
7:25	Call-up meet with your team – clean-up your area

Freshman Team Camp Schedule

June 9-12

Camp Itinerary

June 11, 2025 PM session 5:30 to 7:30 PM

at Rocky Mountain HS

(Grass Field behind the stadium)

at Boise HS

Eagle, Borah, Rocky

Boise, Capital, Kuna

Practice Schedule

5:30-5:45	Warm up in your assigned area on the field
5:45-5:50	Water/ Talk about camp tempo
5:50-6:10	3 team rotation - Inside Run/ WR DB 1 on1s
6:10-6:15	Water/ Transition
6:15-6:35	7v7/Lineman 1 on 1(or pods)
6:35-6:40	Water
6:40-7:25	3 Team Rotation Thud
7:25	Call-up meet with your team – clean-up your area

Freshman Team Camp Schedule

June 9-12

Camp Itinerary

**June 12, 2025 PM session 5:30 to 7:30 PM
at Boise HS Night of Champions**

Rules:

1. Each team gets one drive that starts at the 25-yard line
2. A score = 6 points
3. Extra points are worth 1 point from the 5-yard line / 2 points from the 10-yard line.
4. To break a tie EACH team gets an opportunity from the 10-yard line.
5. 2nd overtime will be placed on the 10-yard line and there will be a coin toss for O/D assignment. Make it and win / Not make it and defensive team wins.

WIN LOSS SCORE

- 1) Boise
- 2) Borah
- 3) Capital
- 4) Eagle
- 5) Rocky
- 6) Kuna

5:00-5:30 PM Arrive at Boise HS

warm-up your team be ready to start at 5:30PM

5:30- 7:30 PM Battle of Champions

Game 1 FLD 1: Borah vs. Boise FLD 2: Capital vs. Kuna

Game 2 FLD 1: Rocky vs. Eagle FLD 2: Boise vs. Kuna

Game 3 FLD 1: Borah vs. Rocky FLD 2: Capital vs. Eagle

Game 4 FLD 1: Capital vs. Borah FLD2: Boise vs. Rocky

Game 5 FLD 1: Eagle v. Kuna FLD 2: Rocky v. Capital

Game 6 FLD 1: Borah vs. Kuna FLD 2: Capital vs. Boise

Game 7 FLD 1: Rocky vs. Kuna FLD 2: Borah vs. Eagle

**Game 8 The 2 teams with the best record can play
the Camp Championship**

***** Call-up meet with your team – clean-up your area**