



2025 Adult Kickball Rules

Rosters/Team

- All teams must submit a lineup to the box staff at least 5 minutes prior to game time.
- Teams may field 10 players (5 males and 5 females) and may have up to 12 in the kicking lineup (6 males and 6 females).
 - Must consist of 6 infielders and 4 outfielders—rovers are not allowed.
- A game can start and finish with a minimum of 8 players. No team shall be permitted to kick with less than 8 players.
- Teams may play with more females than males, but never more males than females.
- Males and females must alternate in the kicking order. If two males are kicking back-to-back, an out will be issued.
 - Only exception: Having more females than males will not result in an out when two females are kicking back-to-back.
- All players must appear on the lineup prior to game time. If a player is on the roster and is not present when it is their turn to kick, it will be deemed as an out.
- Kicking out of order or having an improper kicking order is subject to an out.
- Rosters are limited to 16 players.

Game Rules

- Games are considered complete after 6 innings or 50 minutes.
- Games may end in a tie.
- If a game needs to be interrupted and rescheduled, it will resume where it stopped. However, if three innings have been played, it will be considered a complete game. This could be 2 ½ innings if the home team is ahead.
- The count will start at 0 balls and 0 strikes.
- Kicker is allowed up to 3 strikes, 4 balls, or 4 foul balls (4 foul balls results in an out).
- At least one foot must be in the box when kicking. If kick takes place outside of the box, kicker will be called out.
- If a kicked ball lands on the foul line, the ball is considered fair, and the ball is a live ball.
- All players in the outfield must play at or behind the cones for all kickers.
- The pitcher must not leave the circle until the ball is kicked.
- Fielding positions are not gendered which means any one can play anywhere on the field as long as there are not more than ten players and males do not exceed females.
- Leading off and stealing are prohibited and will result in the runner being called out.
- Runners may tag up on a fly ball.

- Hitting a runner above the shoulders when attempting to make a play is not allowed. The runner will be deemed safe at the base in which they were running to.
 - Exception: If the runner was attempting to slide when they were hit, the runner will be called out.
- An infield fly rule applies when there are runners on first and second with less than two outs. This means any ball kicked in the air that stays inside of the infield will automatically be ruled as an out.
- When a male is walked, he will be awarded two bases and the female kicker must kick.
 - Exception: With two outs, the female has the option to kick or walk.
- One courtesy runner will be allowed per inning per gender.
- Infielders must remain behind baseline until the ball is kicked.
- Strike zone extend one foot on each side of home plate.
- Metal cleats are not allowed.
- Males are limited to two homeruns, while females are not limited.

Team Captains

- Team captains are responsible for their team's behavior on the field and in the dugout. Only players on the roster may be present in the dugout at any time.
- No player may participate on a team if they are not on the team roster.
- All players must sign the team liability waiver.
- All participants must be at least 18 years of age.
- Game time is forfeit time.

Unsportsmanlike Behavior

- Abusive language and/or physical threats to umpires, players, or field staff will not be tolerated. Any team or player exhibiting this type of behavior will automatically be disqualified from any further competition.
- Alcoholic beverages are not permitted under any circumstances on city property.
 - First offense: The player caught will be removed from the game and possibly ticketed.
 - Second offense: The entire team will be thrown out of the league.
- Running or sliding into another player intentionally to avoid an out is not allowed and be grounds for player ejection.
- Faking a tag to make the runner slide is strongly discouraged.
- If a player is ejected from a game for unsportsmanlike conduct, the team cannot play shorthanded. If no legal substitution is available, the game is forfeited.

Referees

- Referee has jurisdiction over all plays. This means that they may call timeouts, call a game due to weather, penalize players including ejections for any reason such as excessive verbal abuse, unsportsmanlike conduct, fighting, or delay of game.
 - Ejected players must leave the premises.
- Referee can make rulings on any points not specifically covered in the rules; however, the ruling shall not be deemed as precedent for future rulings.

End of Year Tournament

- End of year tournament will follow a single elimination format.
- Only the top 8 teams will be eligible to participate in this tournament.