

BAT SIZING CHART

BAT LENGTH



Extend one arm out to the side while holding the knob in the middle of your chest with the end cap pointing away from your body. If the end cap sits at your palm or wrist, the bat is probably too short; if the end cap sits past your index finger, the bat is likely too long. If the end cap is even with your knuckles, it is the correct length.

BAT WEIGHT



Try to hold the bat in your extended hand for 45 seconds. If you can't comfortably hold the bat for this long; it is probably too heavy.

*Note: Always check with league officials to confirm your bat is legal for play.

	BATTER'S HEIGHT									
	3'-3'4"	3'5"-3'8"	3'9"-4'	4'1"-4'4"	4'5"-4'8"	4'9"-5'	5'1"-5'4"	5'5"-5'8"	5'9"-6'	6'1"+
BATTER'S WEIGHT	Under 60	26"	27"	28"	28"	29"				
	61-70	27"	27"	28"	28"	30"	30"			
	71-80		28"	28"	28"	30"	30"	31"		
	81-90		28"	29"	29"	30"	30"	31"	32"	
	91-100		28"	29"	30"	30"	31"	31"	32"	
	101-110		29"	29"	30"	30"	31"	31"	32"	
	111-120		29"	29"	30"	30"	31"	31"	32"	
	121-130		29"	30"	30"	30"	31"	32"	33"	33"
	131-140		29"	30"	30"	31"	31"	32"	33"	33"
	141-150			30"	30"	31"	31"	32"	33"	33"
	151-160			30"	31"	31"	32"	32"	33"	33"
	161-170				31"	31"	32"	32"	33"	33"
	171-180						32"	33"	33"	34"
	Over 180							33"	33"	34"
AGE		5-7	8-9	10	11-12	13-14	15-16			
LENGTH		24" - 27"	27" - 29"	28" - 30"	30" - 31"	31" - 32"	32" - 34"			