

City of Sacramento ADULT SOFTBALL LEAGUES

League Information





LEAGUE CONTACTS

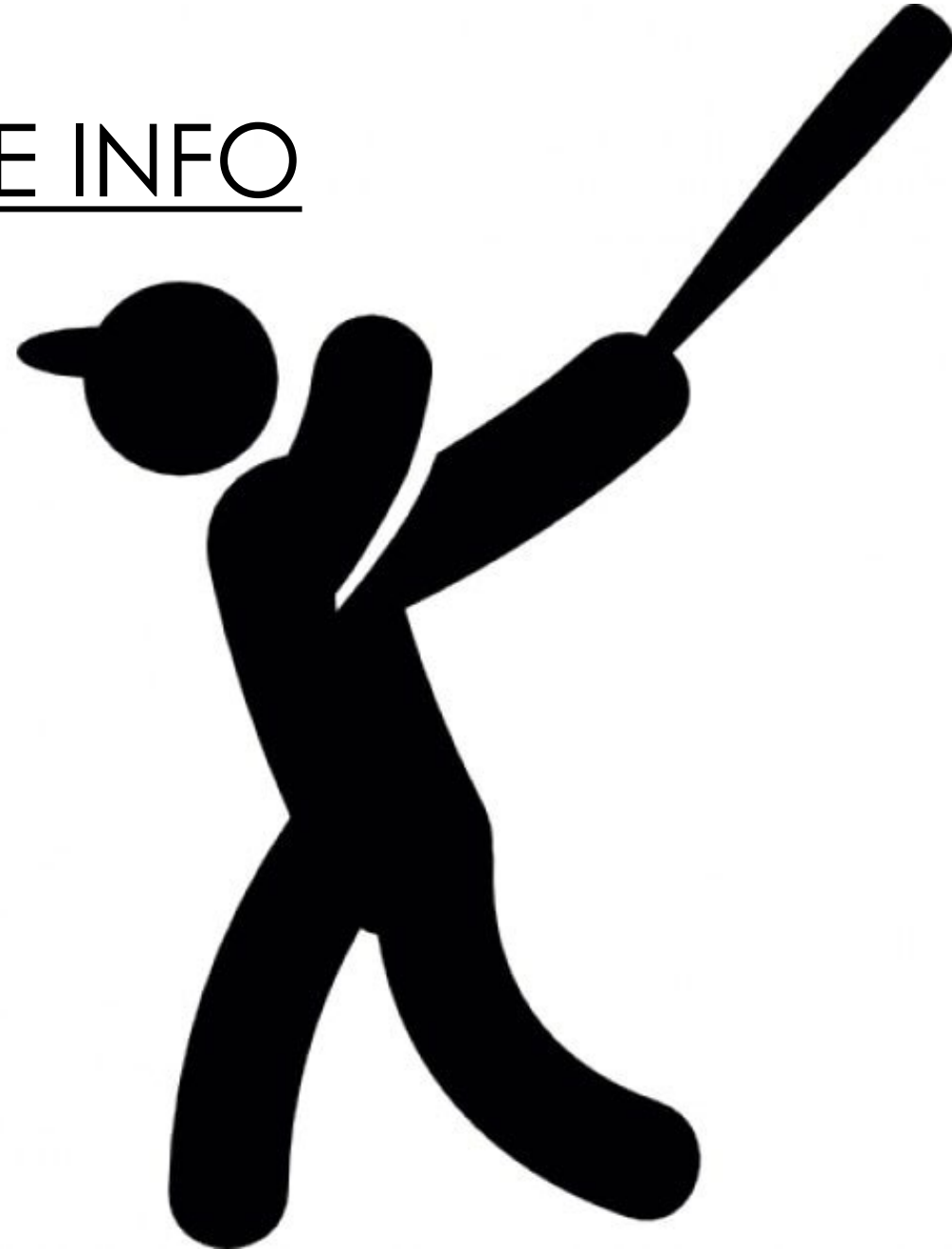
Staff

- Luis Gonzalez- Adult Sports Program Coordinator
➤ Lgonzalez@cityofsacramento.org
- Tyler Evanoff – Program Supervisor
➤ Tevanoff@cityofsacramento.org
- Partners
- Jeff Morrow – GSSA Commissioner
- Karla Burket – USA Softball Program Manager

GENERAL LEAGUE INFO

Visit www.teamsideline.com/Sacramento for:

- Announcements (Weather, etc.)
- Schedules
- Scores

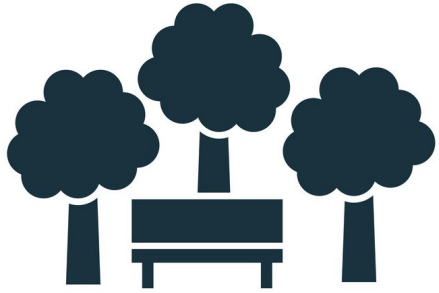


USA ANNUAL SOFTBALL LEAGUE FEE - 2025

- Mandatory, \$39, USA Softball League Fee is to be paid each calendar year of play. The 2025 annual USA Softball Fee will be a one-time payment for the calendar year. If the team's name or manager name is changed for any reason, the fee must be paid again.

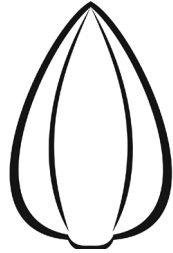


Sacramento Softball Complex and Park Rules



ABSOLUTELY NO ALCOHOL

Within the complex,
other than the beer
garden



ABSOLUTELY NO SHELLLED NUTS

Repeated offense
can lead to removal
from league

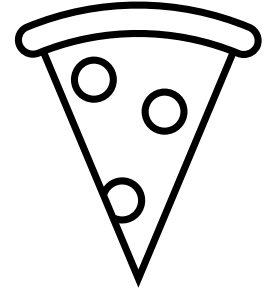


ABSOLUTELY NO PETS ALLOWED

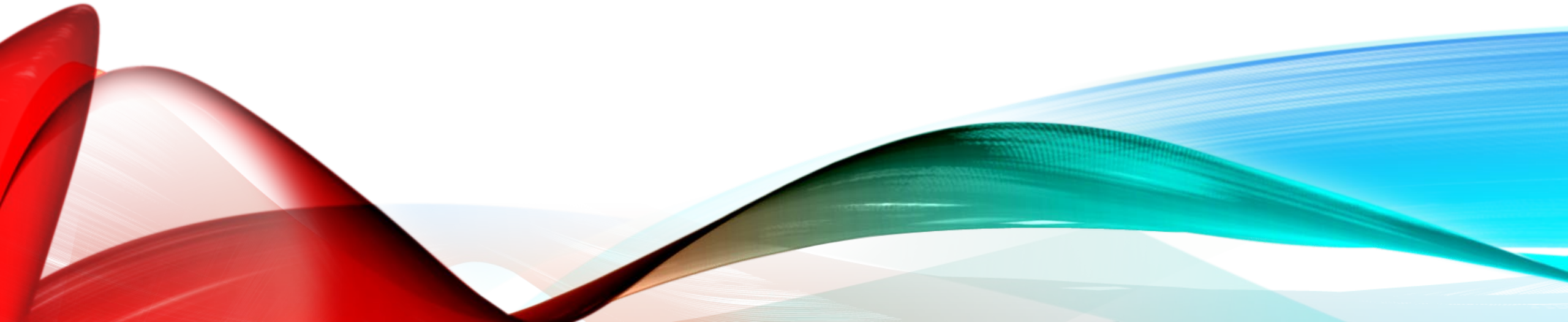
Service Animals ok



ABSOLUTELY NO SMOKING



No Outside Food Allowed



TEAM MANAGER'S RESPONSIBILITIES

- As the manager, it is your responsibility to ensure every player on your team is aware of the League Rules and Player Code of Conduct.
- Informing teammates of the all rules and regulations, game times, schedule changes, and legal bats.
- Liaison between teammates and officials, scorekeepers, and staff.
- Responsible for your team and fan's conduct & behavior
- Managers are accountable for their team.



TEAM MANAGER'S RESPONSIBILITIES

- Officials and staff will use the managers for the first line of contact. Only the manager may discuss rulings with officials and staff.
- Managers are responsible to ensure that all team equipment is legal and within the guidelines of the ASA/USA Non-Approved Bat List. <https://www.teamusa.org/USA-Softball/Certified-Equipment/Equipment-Bats>. Umpires will inspect bats before every game and must have a USA Softball or ASA sticker/stamp. Please note there are bats that are on the non-approved list with these stamps.
- Leagues Hosted at Tahoe, Grant and Roosevelt Parks must use league provided single wall bats. These bats are provided by the City and will be on-site when you arrive.
- If a player is ejected from a game, the League Director will evaluate ejections and defer to the Player Code of Conduct for follow-up on Probations, suspensions, or permanent dismissal from YPCE Adult Sports Programs. Please correct poor behavior before it gets out of hand to protect your team, other players, YPCE staff, officials, and spectators.

PLAYER CODE OF CONDUCT

- Visit www.teamsideline.com/Sacramento to download the complete Player Code of Conduct.
- Any player removed from a game shall have 2 minutes to leave the playing field. Ejected players may also be directed to leave the park/facility immediately. Failure to comply will result in:
 - Team forfeiture of the game.
 - Suspension of said player for the remainder of the season.
 - Police will be called for players refusing to leave park/facility.
 - If police are called player's team will be subject to forfeiture of multiple games and/or season with no-refund.
- Suspended players may be officially banned from attending games, until the official suspension has expired.
- Any infraction and subsequent penalty imposed by SACSC will be communicated to all Greater Sacramento Softball Association directors and municipal league directors in the area.

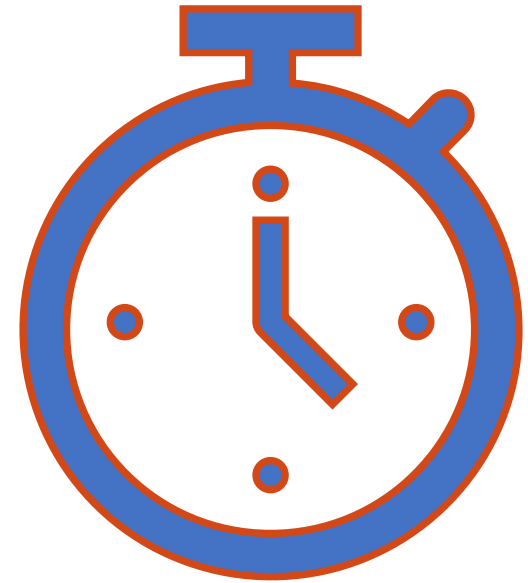


TEAM ROSTERS

- Rosters must be submitted on the first day of game play.
- All teams must have a minimum of 10 players on their roster.
- Players can be added or dropped from the roster at any time before the fifth (5) game of season. The Add/Drop form can be received from the on-site supervisor. It is the added player's responsibility to be sure their add form is processed and have been placed on the team. The Recreation Coordinator will only unlock rosters for team hardships that must be approved beforehand. Contact Luis Gonzalez at Lgonzalez@cityofsacramento.org for team hardships and approval.
- Players must participate in one game during the regular season to be eligible for playoffs.

SCHEDULES

- Schedules are posted at www.teamsideline.com/Sacramento
 - If a schedule changes, managers will be informed ASAP by email.
- Managers are responsible for informing teammates about schedule changes.
- Make-up games are:
 - Typically (but not always) played at the end of the season before playoffs.
 - Possibly on a different day, time and location.
 - Possible double headers.
- Rain outs – games will be cancelled by 3:00pm the day of assigned games for extreme weather such as thunder, lightening, and heavy rain or extreme heat. We MUST stop games and wait 30 minutes if lightning is seen during a game.
- No make-ups due to personal schedule conflicts.
- Game time request can be made but not guaranteed.



PLAYING RULES OVERVIEW

Visit www.teamsideline.com/Sacramento for complete Adult Softball Game Rules for SACSC, Grant Park, Tahoe Park, and Roosevelt Park.

Game Time

- Games may start with a minimum of 8 players. (4 Women/4 Men for Coed)
- Game time is forfeit time. Games at 6:30 p.m. will have a 5-minute grace period. Forfeits will not be rescheduled.
- All Games 55 minutes or 7 innings. No new inning after 55 minutes.
- Playoff games are 55 minutes, with the championship game being 7 innings or 70 minutes whichever comes first.

Tie-Breaker Rule

- Used for playoffs games tied at the end of regulation.
- The batting team will start the extra innings with a baserunner on second base, the baserunner must be the batter responsible for the final out in the previous inning.

No Halo Rule Implementation

- Pitchers are free to wear head protection such as masks. Players for all teams are encouraged to try their best not to hit the ball up the middle.

PLAYING RULES OVERVIEW CONTINUED...

Line-Up

- Managers must turn line-up into the scorekeeper 10-minutes prior to the game.
- Late players must be added to end of line-up. Notify umpire, scorekeeper and opposing manager

Pitching

- Pitcher must start with his/her foot on the pitching rubber.
- A strike is any legally pitched ball that hits the mat. If the ball hits the plate, it is **NOT** a strike.

Batting

- All batters start with a 1-and-1 count. Once a batter has two strikes, they may foul off one additional pitch that will not result in an out. Once this extra foul is credited, a subsequent foul ball will result in a third strike and the batter is out.

Courtesy Runners

- One courtesy runner of each gender, plus the pitcher, is allowed per inning. Any rostered player can be a courtesy runner as long as they are the same gender. If the courtesy runner's spot in the batting order comes up while they are still on base, an out will be issued. In the case of a team batting around in an inning, if a player used a courtesy runner earlier in that inning, that same player may still use a courtesy runner again if they get on base.

PLAYING RULES OVERVIEW CONTINUED...

- Player Eligibility Guidelines
 - Players must be 18 years of age.
 - Players MUST be on the roster to participate, and they MUST agree to the liability waiver and Player Code of Conduct. Violation for use of non-rostered players is forfeiture of game(s).
 - Woman can play in a men's division if they are added to the roster and the terms have been accepted which include the liability waiver and Player Code of Conduct.
- Men's Division
 - Men will hit an official 12", .52 COR softball.
- Women's Division
 - Women will hit an official 11", .52 COR softball

PLAYING RULES OVERVIEW CONTINUED...

Home Run Rule

Home Runs (Sacramento Softball Complex)- Home runs only tallied for balls hit over the fence

- Men's divisions (TUESDAYS) 2 Home Runs then any after limit are OUTS
- COED INT/COMP divisions: 2 Home Runs then any after limit is an immediate end of inning
- COED REC division: No Home Runs Allowed; HRs are an immediate end of inning
- COED (Justice League): 2 Home Runs then any after limit are OUTS

Tahoe Park and Grant Park: No Home Run Limit due to no fences

*The hitting team is responsible for immediately retrieving home run and foul balls that leave the field of play.

PLAYING RULES OVERVIEW CONTINUED...

Justice League (Thursdays COED)

BASE RUNNING

- Tags are "permitted"
- Plays at every base are considered a force play. Includes base runners attempting to return to a base.
- Runners advancing more than half way to the next base must continue to the base they are heading to. No rundowns or "Pickles".
- No touching home plate – players must run between the plate and the fence.
- No sliding.
- No Limit of courtesy runners.

PITCHING

- With TWO Outs: if a male player is walked, they advance to second base. The following female batter has the option of accepting a walk or batting.
- Plate AND mat are considered a strike.
- Begin with a 1 ball and 1 strike count. Allowed 1 foul ball with two strikes. Any subsequent foul ball counts as a strikeout.
- Pitching arc is 6' to 12'.
- Men hit the 12" ball and women hit 11" ball. Women can use 12" if they request.

BATTING ORDER

- There is no limit on the number of batters that a team may have in their lineup. The batting order MUST have a female and male batter. Can't be two men bat back to back.

Home Runs:

- A team can hit two (2) home runs over the fence in a game. Any more past the limit result in an OUT.

General:

- If you are arguing, then you are missing the point of the league. While we are "competitive" the purpose of the league is to bring various parts of the legal community together and provide a place to NOT engage in activity associated with the profession.

COED RULES

- COED Division Rules
 - Men will hit an official 12", .52 COR softball.
 - Women will hit an official 11", .52 COR softball.
- Player Requirements
 - Teams are required to field eight (8) players to start and end a game. A minimum of five (4) of those eight (8) must be women.
 - Teams may play an equal number of male and female players.
 - If a team is short players, more women can play than men. Example: four men, six women.
 - Males cannot outnumber female players at any time.
- Defensive Rules
 - At no time is it permissible for male players to outnumber female players on the defensive field.
 - No more than five male defensive players can be in the game at any time.

COED RULES CONTINUED...

- Batting Order
 - Teams must bat players in alternating order (male/female).
 - Teams batting more women than men, have discretion regarding how men and women alternate in the batting order (i.e. Male, Female, Male, Female, Female, Male, etc.).
 - If two men bat back-to-back an automatic out is given
 - Teams batting more male players than female players must have the male player share a spot on the lineup card with another male player. Example: the lineup card shows Jim/Bill. Jim should bat the first time through the lineup; the second time Bill will bat.
 - Managers may freely substitute, provided they follow the guidelines above.
- Walking a Batter
 - With two outs, if you walk a male in the line up to get to a female player then the male gets two bases, and the female has the choice to hit or take first base.

BATS/EQUIPMENT



YPCE will follow the current USA Softball banned bat/equipment guidelines.

Non-Approved bats can be found by clicking the following link:

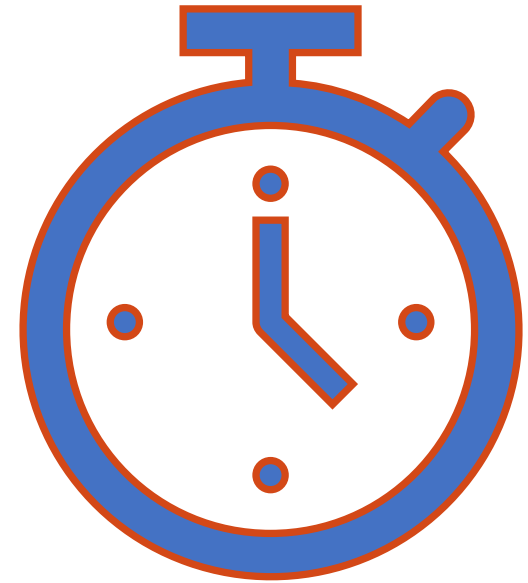
<https://www.teamusa.org/USA-Softball/Certified-Equipment/Equipment-Bats>

Umpires will check bats before each game.

Leagues at Tahoe, Grant, and Roosevelt Parks must use league supplied bats.

FORFEITS

- Game time is forfeit time. Forfeits will not be rescheduled.
 - Exception: Games beginning at 6:30 p.m. will be given a 5-minute grace period.
- Teams must start and finish their game with a minimum of 9 players or the game will be forfeited.
- Games will not be postponed or rescheduled unless a game is called or cancelled due to weather.
 - Playing in another league or tournament shall not be considered sufficient reason to reschedule a game or withhold a forfeit.
- Any team manager posting two “no call – no show” forfeits, will not be eligible for playoffs.
 - Should a third violation occur, the team may be barred from further participation until the Recreation Supervisor considers the case.
- Refunds will not be issued for forfeits.



PLAYOFFS

- Fall 2025
 - Top 4 teams make it to Playoffs
 - Tuesday Men's - Seeds 5 through 8 have consolation playoffs bracket for 14 team division
 - Based on regular season record
- 2 Forfeits = No Playoffs
- All players must be on the roster by your 5th game to be eligible to play and have played in at least one regular season game to be eligible.
- Players must present ID, on the roster with signature to play in playoff/championship games.
- Tie-Breaker Rule: The batting team will start the extra innings with a base runner on second base, the base runner must be the batter responsible for the final out in the previous inning.





FREE AGENT LIST

Need more players?

- If you are looking for additional players, please contact me and I can provide you with free agent contact information.

FIRST AID



- If injury occurs during game play, staff and injured player are required to fill out an Injury/Incident Report for any aid given or serious injuries.



QUESTIONS?

Contact League Director:
tevanoff@cityofsacramento.org

City of
SACRAMENTO

Youth, Parks, & Community Enrichment