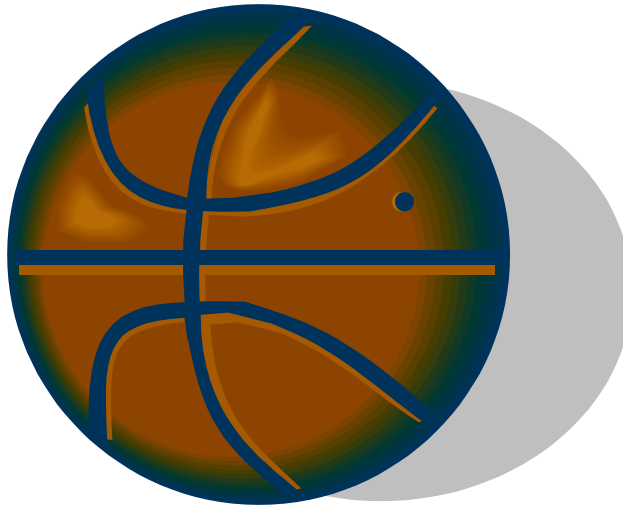




Fall/Winter 2015
In-House Basketball
1st & 2nd Grade League
Parent Handbook



Bartlett Park District

700 S. Bartlett Road, Bartlett IL 60103

Tel: (630) 540-4800 Fax: (630) 540-4869

www.bartlettparks.org

Dear Parents,

Welcome to the in-house basketball leagues at the Bartlett Park District. Whether you're new to basketball this season or you're a seasoned basketball mom/dad, we hope that this booklet provides some useful information and will answer some of your important questions. If you still have questions please don't hesitate to contact me. We hope your basketball player has fun this season. Good luck!



CONTACT INFORMATION

Eric Eichholz - Recreation Manager Tel: (630) 540-4831 E-Mail: eeichholz@bartlettparks.org

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For more youth sports information please visit www.bartlettparks.org

PARENT EXPECTATIONS

As a parent with a child in our basketball program we have high expectations.

Please note the following:

Parents are responsible for:

- Getting the kids to practice and games on time.
- Communicating with the coach if you can't attend practice or games.
- Respecting the coach, and allowing them to coach.
- Respecting the officials and allowing them to officiate.
- Cheering, not coaching, from the bleachers and creating a positive environment for all the players.

Your team coach will be asking you to read and sign a Parent Code of Conduct.

COACHING AND TEAM FORMATION

With approximately 800-1000 basketball participants between October and May in our entire program and approximately 100 players just in 1st and 2nd Grade, we rely heavily on volunteer coaches. Coaches are primarily responsible for holding practices (1 x 1 hour/week) and coaching on game days. Additionally, they should communicate information throughout the season regarding the team's events and activities. A head coach can request an assistant and the rest of the team is randomly assigned using computer software, balancing the boys and girls on each team. While we understand your personal requests for coaches, friends and car pools, to be fair to everyone we cannot honor them due to the large number of participants.



If you are interested in a future coaching position in any grade (1st-high school) please contact Eric.

THE LEAGUE

Teams of 10 players are formed.

Teams play a 6 game season, typically with two practices before the first game.

All games are played on Saturdays, typically 1st Grade in the morning and 2nd Grade in the afternoon. Teams may have to play one weeknight game due to gym availability.

All players are guaranteed equal playing time.

The aim of this league is to introduce players to the basics and fundamentals of the game in a fun, positive environment where they achieve success.

Please support your child positively throughout the practices and games and work with your coach to create a good learning environment where each player can reach their potential.

PLAYER CONDUCT FOR PRACTICES & GAMES

Our youth basketball leagues are dependant on the U-46 schools, as well as the Community Center, for practice time and games. We are fortunate to have access to such facilities so with that said please consider the following when practicing or playing at a school or the Community Center:

- Do not attempt to enter the school buildings before 6:15pm each night. Both schools run an after school SAFE program and no-one is permitted to enter until that program is over. Please do not drop your child off early as the school will not be open.
- Please wait for your team/coach outside the gym and enter together as a team. Respect the team who is practicing before you and do not go on the court until they have finished.
- Please arrive at and leave the school promptly before and after your scheduled time. No-one is permitted to stay beyond their scheduled time and should not be in the gym without a gym supervisor.
- Please do not allow your children to run around and bounce balls anywhere except in the gymnasium. Property is very easily damaged with so many people in and around the facilities.
- Drinks should be left outside the gym to avoid spills and potential safety hazards. Food is not permitted in any of the gymnasiums.
- Please ensure your children treat the gymnasiums with respect and ensure that all trash is picked up after practice. Remind them to take home water bottles and everything they arrived with, including balls and clothes!
- Do not allow your children to jump or climb on the colored wall mats. These are easily damaged and should not be touched.
- Please also keep a close eye on siblings in any facility and do not allow them to run around unsupervised.

Not abiding by these guidelines may result in our gymnasium use being restricted and this has a big impact on our programs. Thanks in advance for your help, support and cooperation.

OFFICIATING



In this league the team coaches officiate the games. A coach from each team covers one half of the court and together they keep the players safe and introduce them to the basic rules of basketball. As each week goes by they should expect more from the players and call the game a little tighter so the players develop their knowledge throughout the season. Please allow them to do their job and do not criticize.

PICTURE DAY

Thursday, November 12th @ BCC Gymnasium

Schedule will be available online.

Your coach will remind you when your teams scheduled time for pictures is. Your child should wear their basketball team t-shirt and black shorts. You should receive ordering information from your coach prior to the date, but extra packets are available on the night of pictures. Pictures will be handed out at the end of the season along with participation trophies.



ONLINE GAME SCHEDULES

Bartlett Park District will have up-to-date online schedules posted for all divisions. Scores are not kept and therefore no standings are posted in this league.

To view the schedules visit: www.teamsideline.com/bartlettparkdistrict.

Select the appropriate age division and view your schedule.

You may also go to our homepage www.bartlettparks.org click on “athletics” followed by “online score and schedules”.



Rules

I. The League

- A. All league play will be governed by the IHSA (Illinois High School Association) rules unless otherwise stated in these Bartlett Park District rules and regulations.
- B. The official park district representative has the power to issue a technical foul on a coach, player, or fan for unsportsmanlike conduct. Grounds for this action could include such things as verbal criticism or unsportsmanlike gestures.
- C. There **will not** be official referees during league games. Instead, coaches will act as referees and give each other the opportunity to teach on the floor and explain the rules. Please discuss the rules prior to each game so each coach is on the same page.

II. General Information

- A. Please come no earlier than 20 minutes before your game time. Court 2 may be available for warm up but is not guaranteed and it will be shared by the next four teams about to play.
- B. Uniforms: Game T-Shirts will be handed out before the first game. All players are required to wear their T-Shirt and black shorts.
- C. Colored wristbands (supplied by the Scorekeeper) must be used every game to help the players understand the concept of man-to-man marking.

III. Playing Time

- A. Every player that shows up for the game must play two full quarters start to finish. **There are 3 exceptions:**
 - 1) Illness - be sure to tell opposing coach and the score keeper
 - 2) Discipline problems - after speaking to the player's parents ahead of time
 - 3) Injury
- B. If a team has 7 players or more, each player must sit out one full quarter start to finish. If either team has 6 players or less, no player from either team has to sit out, but everyone still has to play two full quarters start to finish. If a team starts out with 7 players, and one of them fouls out leaving them with 6, each player must sit out one full quarter.
- C. Substitutions - All players must play their full 2 quarters. Substitutions can only be made at the start and end of each quarter. The only other instance is in the case of injury. At this time both players will be charged with playing that quarter.

IV. Timing

- A. 4 x six minute stop time quarters
- B. 3 x three minute overtimes followed by a sudden death overtime
- C. 2 minutes between quarters and 4 minutes between halves.
- D. 2 x one minute time outs per half
- E. 1 time out per overtime.

V. Special Rules

- A. There will be a jump ball to start the game. Afterwards, the ball will alternate possession.
- B. Coaches may call time outs to explain violations or problems to the players.
- C. All baskets will be lowered to 8 feet for all games.
- D. A youth basketball will be used (27").
- E. There are no penalty foul shots. If an infraction occurs, the offending team loses possession of ball.
- F. Teams cannot press.
- G. Each player on defense must play defense, hands-off the opponent with the basketball. No offensive player can dribble the ball for more than 5 seconds without making a move to the basket or passing to a teammate.
- H. Players with the ball cannot be tied up by defensive players.
- I. Man to man defense should be taught (use colored wristbands to help).