



Restore Illinois Phase 4 Tryout Travel Softball Guidelines
July 20, 2020

Summer 2020 is different than any of us had expected. We are excited to be in Phase 4 of the Restore Illinois Plan. The safety of our staff, patrons, and participants is of the utmost importance and it's vital that we follow the state guidelines as well as recommendations put forth by health officials. Please note as guidelines change we will make changes and communicate them with you.

Registration:

A registration table will be placed near the field.

- An attendance sign-in sheet will be at the registration table. All spectators and players are required to sign-in.
- All players must register or if you are preregistered please check-in.
- Patrons should remain 6 feet away from others while waiting in line to register.
- Hand sanitizer will be at the registration table. Players are required to hand sanitize before heading to the field to tryout.

In Phase 4, youth sports activities are limited to:

- Drills, practices, lessons, and competitive gameplay.
- Non-competitive activities (e.g., practices, drills, lessons) should be set up to allow for 6-ft. of distancing between participants whenever possible
- Group sizes should be limited to 50 total participants, coaches, and referees (i.e. excludes spectators)

Face Masks

Face masks are required where 6 foot social distancing is not possible (exceptions can be made for people with medical conditions or disabilities that prevent them from safely wearing a face mask). If you qualify for an exception please contact Eric Eichholz, so we are aware of your unique situation. The exception is being outdoors and/or maintaining a social distance of 6 feet.

Social Distancing

The Bartlett Park District is committed to our participant's well-being and providing a safe environment. Social distancing practices will be implemented during programs to

minimize and avoid contact. We will manage the situation, but unfortunately we cannot guarantee a 100% socially distanced environment.

Tryouts:

- All participants should practice social distancing (at least 6 feet) whenever possible.
- If equipment is being shared, coaches will sanitize equipment before and after use.
- Players not participating in a tryout activity should still maintain 6 feet distance apart from one another while on the sidelines/when not directly involved in the activity.
- Players should bring their own water bottle with names written on their bottles so they don't get mixed up.
- Players should use their own equipment (e.g., helmet, bat, gloves) as much as practical.
- Players should place personal belongings at least 6 feet away from others' personal belongings.
- Players are allowed to wear PPE items if they choose, as long as the items do not compromise the safety of any players.
- Avoid touching hand/nose/mouth.
- Cover coughs and sneeze with a tissue or direct into your elbow.
- Please clean and police the field area removing all refuse, litter, etc. that has accumulated as a result of your use.
- Multiple groups permitted at once as long as:
 - 30 feet of distancing is maintained between groups
 - Areas for each group are clearly marked to discourage interaction between groups.
- Display visual markers 6 feet apart at any queue points (e.g. check-in, along sidelines).

Spectators

- Bleachers can only be used at 20% of capacity (maximum 15 people) and ensure at least 6 feet between seats occupied by spectators that are not members of the same household or party.
- Spectators will only be permitted in the outfield and deep along the foul lines.
- Spectators will not be permitted in the areas behind home plate or around the dugouts.
- If practical, limit spectators to immediate household members or guardians of players. To keep the amount of spectators to a minimum, we recommend that you limit the amount of spectators to 2 per player.
- It is encouraged spectators bring their own seating (e.g., chairs) from home and utilize any available field space to encourage social distancing between spectators.
- Spectators from the same household should sit together.

Health Monitoring

Coaches, spectators or players should stay at home if they are sick or do not feel well. If a coach or player can respond "Yes" to any of the questions below or shows symptoms they should stay home.

- Have you felt feverish?
- Do you have a cough?
- Do you have a sore throat?
- Have you been experiencing difficulty breathing or a shortness of breath?
- Do you have muscle aches?
- Have you had a new or unusual headache (e.g., not related to caffeine, diet, or hunger, not related to a history of migraines, clusters, or tension, not typical to the individual)?
- Have you noticed a new loss of taste or loss of smell?
- Have you been experiencing chills or rigors?
- Do you have any gastrointestinal concerns (e.g., abdominal, pain, vomiting, diarrhea)?
- Is anyone in your household displaying any symptoms of COVID-19
- To the best of your knowledge, have you or anyone in your household come into close contact with anyone who has tested positive for COVID-19?

If a coach/player does have symptoms, they should wait to resume activities until they have had no fever for at least 72 hours, other symptoms have improved, and at least 10 days have passed since their symptoms first appeared and are feeling well (without fever-reducing medication) for at least 72 hours or has 2 negative COVID-19 tests in a row, with testing done at least 24 hours apart.

If coach/player does contract COVID-19, we will contact the proper authorities and follow the appropriate protocol.

If a player or coach becomes ill at practice they will be immediately be isolated from the group.

We are looking forward to fun & safe tryout. If you have any questions or concerns please contact Eric Eichholz, Recreation Manager at 630-540-4831 or eechholz@bartlettparks.org.