



# YOUTH COACH INFORMATION PACKET

## The Central Kansas Baseball League Summer 2025









Dear Youth Coaches,

Hutchinson Recreation Commission welcomes you to this season of CKBL. Our vision at Hutch Rec is to inspire all residents to actively enjoy a healthy life as they strengthen our community spirit. As a volunteer youth sports coach, you're doing this - and we thank you for the dedication, time, and energy spent coaching our community's youth.

Our goal is for all our youth sports participants and their parents/guardians to have an enjoyable experience while learning not only the fundamentals and skills of the sport, but also the life lessons that go well beyond the court or field. These lessons include teamwork, commitment, grit, and sportsmanship.

We want to also make your coaching experience an enjoyable one. A large part of the experience is equipping coaches with information and education. Inside this packet, you'll find the information you need to know and what to communicate to your team. You'll also find additional web pages and resources to plug into as a youth sports coach. As always, if you have any questions, please contact our recreation and sports staff at the contact information below.

Thanks again for your willingness to inspire the youth in our community through sports, We appreciate you!

Tony Finlay, CPRP Executive Director tfinlay@hutchrec.com

## **Recreation and**

## **Sports Division**

Sports Coordinator Garrett Huddleston ghuddleston@hutchrec.com (620) 663-6179

Director of Sports Kelsey Loutensock, CPRP kloutensock@hutchrec.com (620) 663-6179

#### Hutch Rec Downtown:

17 E. 1st, Hutchinson, KS 67501 Open Monday - Friday 9 a.m. - 5 p.m.

### **Stay Informed!**







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#### Schedule:

Coaches will be contacted via email when league schedules are posted. They can be found on the Hutch Rec youth sports page at: https://www.hutchrec.com/over-view-of-recleauges-programs-2/youth-sport-leauges/.

#### **Rainout Ap:**

Cancellations, delays, and closings will be posted on the RainOut app, under Hutchinson Recreation Commission. For details and how to download the app, visit: https://www.hutchrec.com/cancellations/



### **COACHES CODE OF CONDUCT**

The function of a coach is to educate players through participation in sport activities. Each player should be treated with the highest level of respect, and his/her welfare should be considered in decisions by the coach at all times. The following guidelines have been adopted by the Hutchinson Recreation Commission.

THE COACH shall be aware that he/she has a tremendous influence on the education of all athletes and shall never place the value of winning above the values of sportsmanship and character.

THE COACH shall be responsible for upholding the honor and dignity of coaching youth. In all contact with players, parents, and officials, the coach shall strive to set the highest examples of ethical and moral conduct.

THE COACH shall abide by all the guidelines set forth by Hutchinson Recreation Commission regarding game time participation.

THE COACH shall respect and support all decisions made by officials and shall refrain from conduct that would incite players or spectators against the officials.

THE COACH shall encourage players to have fun and promote lifelong wellness while focusing on positive reinforcement rather than negative criticism.

THE COACH shall work to learn and understand the rules of the games and pass this information along to players, parents, and other spectators.

THE COACH shall respect all individuals participating in recreational activities/sports including the players, coaches, officials, spectators and league administration.

THE COACH shall ensure that all fans of his/her team exhibit the highest level of sportsmanship at all times and assist league administrators and game officials in maintain order in the spirit of fair play.

THE COACH shall refrain from the use of alcohol and tobacco products during any HRC sponsored activities.

THE COACH shall submit a background check prior to performing any coaching duties. This background check will be conducted by Hutch Rec.

THE COACH shall assist in the promotion and mission of Hutchinson Recreation Commission. This mission includes to provide our community with lifelong wellness, cultural, natural, and recreational opportunities that promote healthy minds and bodies through innovative programs, state-of-the-art facilities, and protected open spaces.



### **COACHES CODE OF CONDUCT**

Hutchinson Recreation Commission has adopted the following procedures to handle violations in the Coaches Code of Conduct. All violations will be taken very seriously and the extent of the disciplinary action for each case is under the sole discretion of the Executive Director.

## Hutchinson Recreation Commission will use the following guidelines when evaluating and penalizing violations to the Coaches Code of Conduct:

1. Penalties will be based on the nature and severity of the violation.

2. Offenses within similar circumstances will generally warrant similar penalties.

3. Hutchinson Recreation Commission will keep records of all violations and shall document each violation's assessment of penalties.

#### All decisions regarding penalties and violations of the Hutchinson Recreation Commission's Code of Conduct shall be final and no appeals shall be granted.

Hutchinson Recreation Commission's Recreation & Sports Division will determine the appropriate penalty for any violation of the Coaches Code of Conduct. Penalties may include any of the following:

- 1. Verbal Warning
- 2. Written Warning
- 3. Suspension
- Single Game Suspension
- Multiple Game Suspension
- Indefinite Suspension from League

4. Expulsion from the league and/or all Hutchinson Recreation Commission programs without refund of current program.

5. Multiple suspensions over time may result in the coach no longer coaching for any Hutch Rec youth sports program or league.

Team Name: \_\_\_\_\_

Coach's Printed Name: \_\_\_\_\_

Coach's Signature:

Date:



## **COACHES INFORMATION**

#### **LEAGUE OVERVIEW**

Central Kansas Baseball League is a competitive youth baseball league for tournament-level teams. Registration fee includes a pre-season tournament and six (6) weeks of double-header games.

The following division will be offered: 8U Machine Pitch, 9U, 10U, 11U, 12U, 13U and 14 U. Child's age as of January 1, 2025 determines eligibility in this league.

Games are played on Tuesday, Wednesday, or Thursday nights starting the week of May 12 through the week of June 16. Weather make-up week will be June 23-27.

#### **LEAGUE RULES & ROSTERS**

General League rules and specific division rules are included in this packet. Rules can also be accessed on the downloads section of the Team Sideline webpage, where schedules are also posted. Hutch Rec's Team Sideline page: https://www.hutchrec.com/cancellations/

Team rosters must be turned in and approved by the team's first game. Roster forms were e-mailed to all coaches during registration. If you need a form, please contact Sports Coordinator, Garrett Huddleston.

#### **KEY DATES**

- April 13: Registration Deadline for CKBL/CKFPL
- May 3: Registration Deadline for Salt City Invitational Baseball/Fast pitch tournament.
- May 6: Tournament & regular season schedules released.
- May 9: Deadline to submit team rosters and coaches code of conduct.
- May 10: Salt City Invitational Baseball/Fast pitch Tournament (two-game guarantee)
- Week of May 12: First week of games.
- Week of June 16: Final week of games.
- Week of June 23: Make-Up week (if needed)



#### **Participants**

The player's age, on or before January 1 of each year, shall determine the age division he is eligible to participate in. The participant may choose to play in an older division, however can only play on one team in the league.

#### Terms

- 1. Only participant's appearing on the official team roster on file with League Coordinator will be eligible to play in any regular league games.
- 2. Participants may only be assigned to one CKBL team.
- 3. A participant cannot change teams once a signed roster has been submitted and accepted by the league.
- 4. No team refunds will be given after the first game of the season has been played.
- 5. The penalty for violation of any of the rules of this section will be forfeiture of the affected game(s).

#### **Rosters/Players**

- 1. Teams joining the CKBL will be already formed.
- 2. Teams cannot recruit players from other teams while the season is in progress. If this occurs, the offending team will have to forfeit any games that player plays in.
- 3. Players cannot be on more than one team roster in the league. All rosters will be locked as of the preseason tournament. If coaches need to add a player(s) as the season proceeds, he/she must contact the league coordinator at least 48 hours in advance of the game and receive approval. Call Hutch Rec at (620) 663-6179 or email ghuddleston@hutchrec.com for approval.

#### **League Standings**

The following procedure will be used to determine the League Standings:

- Winning Percentage
- Head-to-Head
- Runs Allowed
- Average Run Differential (+/-8)
- Coin Toss

## CKBL RULES (GENERAL)

- 1. Warm up is limited to the teams' playing field or outside commons area.
- 2. Infield practice will be limited to five minutes per team.
- 3. On-field warm up is allowed prior to game start, behind the baselines or in front of the dugout.
- 4. No more than three coaches per team. A coach is allowed to sit or stand in the doorway of a dugout, not outside of the dugout.
- 5. Only the head coach is allowed to talk to umpires and ask questions on calls. Confrontations between coaches and umpires (within reason) will be handled in the following manner:
  - a. Verbal warning Can include coach being restricted to the dugout.
  - b. Ejection When warranted. If an assistant coach is ejected from a game, the head coach is automatically restricted to the dugout. It is the head coach's responsibility to control players, other coaches, and spectators.
- 6. All games will start at the designated time. Teams must have eight players and at least 1 coach to start any game. If a team is unable to start the game within five minutes of the designated time, that team shall forfeit such game.
- 7. When the 9th spot in batting order is up, it will be an automatic out for team with only 8 players. If the 9th player arrives, they are required to enter at the vacant batting position.
- 8. Any decisions as to the playing conditions due to bad weather or unsafe factors will be the responsibility of the complex supervisor.
- 9. If the suspension of a game comes after a CKBL run rule, then it is a complete game.
- 10. Any team unable to resume the game, at the discretion and appointed time, shall forfeit the game.
- 11. In the event a game is stopped due to unsafe or un-playable conditions, or similar reasons, the game shall constitute a complete game if more than one-half (1/2) of the regularly scheduled innings have been completed.
  - a. For example, a 7 inning game will be complete after 3 ½ innings if the home team is leading or 4 innings if the visiting team is leading.
- 12. For 6 inning games it is a complete game after 2  $\frac{1}{2}$  or 3 innings, respectively.
- 13. Any game that is suspended due to unsafe or un-playable conditions, or other similar reasons and which would result in either an incomplete or tied game, will be completed at a later date as scheduled by the League Coordinator.

## CKBL RULES (GENERAL)

#### **General Playing Rules for all divisions**

- 1. All players must appear in full uniform.
- 2. A double-flap protective helmet must be worn while at bat and running bases.
- 3. If a player enters the batter's box without a helmet, a warning will be called and the next time it will be an automatic out.
- 4. A baserunner who deliberately removes their helmet during live ball action shall be called out.
- 5. For all Age Divisions, catchers must wear a double-flap protective helmet, with a throat guard.
- 6. Home team shall use the third base dugout.
- 7. All players, managers, coaches, and equipment must remain in the dugouts while not taking part in or being used in the normal course of the game. The on-deck batter must remain in their team's designated practice circle. Base coaches must be in the properly designated areas.
- 8. In all age divisions, a maximum of 90 seconds will be allowed between innings.
  - a. Penalty: The umpire shall call a ball if it is a defensive delay and a strike if it is an offensive delay. The calls shall be made at twenty second intervals until play resumes.
- 9. Coaches are allowed one trip per inning to visit with a pitcher. On the second trip to the mound in the same inning, for the same pitcher, the pitcher must be removed from that position. Crossing the foul line at any given time constitutes a trip to the mound, except for injury to a player, or a discussion with an umpire.

#### **Pitching Rules**

League officials will not monitor pitching limitations in any age groups. CKBL Officials trust that coaches know their players the best, and will not get involved unless warranted.

#### **Game Time Limit**

- 8U games will last 6 innings or 1hr 15 min.
- 10U games will last 6 innings or 1hr 15 min.
- 12U games will last 7 innings or 1hr 30 min.
- 14U games will last 7 innings or 1hr 30 min.

League games that are tied at the end of regulation will end in a tie.

No new inning will be started with less than 5 minutes remaining in game time. An inning beginning before time expires will be finished.

#### **Run Rules and Limits**

- 8U-14U: 15 runs after 3 innings, 10 runs after 4 innings, and 8 runs after 5 innings
- 8U-14U: Games will end at the time limit if a team is down by 7 or more runs, but the half-inning will finish.

#### **Runs Limits per Inning**

8U-14U teams can score a maximum of 5 runs per half inning.

## **CKBL: 8U MACHINE PITCH RULES**

- 1. Base distance is 65ft.
- 2. Pitching machine distance is 43ft. (Defensive pitcher must stay behind the pitching machine until the ball is hit.)
- 3. Machine Speed is set at a speed of 9.
- 4. All players present and who are eligible to play, will bat in rotation.
- 5. Unlimited substitution is allowed for all positions.
- 6. A batter receives 5 pitches or 3 swinging strikes. If the batter fouls off pitch #5, the at-bat continues through pitch #6, which must be put into fair play or else the batter is out.
- 7. If a batted ball hits the machine, the ball is dead and the batter is awarded 1st base. All other runners move up accordingly, if forced.
- 8. No walks are allowed, and a player hit by a pitched ball is not awarded first base.
- 9. No bunting is allowed.
- 10. Infield Fly Rule will NOT be enforced.
- 11. Baserunners are allowed to steal all bases, except for home. Runners are not permitted to leave the base until the ball crosses home plate. A runner leaving too soon will be called out.
- 12. A dropped third strike is an automatic out. The ball remains live, runners may advance, except for home.
- 13. Ten players will be allowed on defense, with the use of four outfielders.
- 14. Runners are allowed a limit of one base on an overthrow.
- 15. Umpires will call time after ever play. Time should be called as soon as play has been completed.

## CKBL: 9U & 10U RULES

- 1. Base distance is 65ft.
- 2. Pitching distance is 45ft.
- 3. All players present and who are eligible to play, will bat in rotation.
- 4. Unlimited substitution is allowed for all positions except pitcher.
- 5. Once a starting pitcher has been removed from that position, he may re-enter that position one time in the same game.
- 6. Balks and the Infield Fly Rule will be enforced.
- 7. Baserunners are allowed to steal all bases, except for home.
  - a. Example: A runner on 2nd base attempts to steal 3rd base. The Catcher throws to 3rd base, but it goes into left field. The baserunner may not advance to home.
- 8. A dropped third strike is an automatic out. The ball remains live, runners may advance, however the batter is out.
- 9. A courtesy runner will be allowed for either the pitcher or catcher, at any time. Said runner cannot be in the current lineup, and will be a free substitution and not entered in the scorebook.
- 10. The same courtesy runner may not run for both the pitcher and catcher. For teams batting their entire lineup, the last recorded out can be used as the courtesy runner.



- 1. Base distances are 70ft.
- 2. Pitching distance is 50ft.
- 3. Coaches will meet during pre-game home plate meeting to decide if they want to bat their entire line up, play 9 bat 9, or use an Extra Hitter (EH).
- 4. A courtesy runner will be allowed for either the pitcher or catcher, at any time. Said runner cannot be in the current lineup, and will be a free substitution and not entered in the scorebook.
- 5. The same courtesy runner may not run for both the pitcher and catcher. For teams batting their entire lineup, the last recorded out can be used as the courtesy runner.
- 6. Extra Hitter (EH) This rule is optional. A team must declare its intent to use this rule before the game starts. A team may bat ten (10) players, but may not revert to a nine (9) player lineup except for injury or illness, and only then, if no substitutes are available.
- 7. Batting entire lineup: This rule is optional. A team must declare its intent to use this rule before the game starts. A team may not change once the game begins. If a team elects to bat their entire lineup, free defensive substitution will be allowed. In case of an injury, a team is not penalized with an out until the number of batters falls below nine (9). When batting a team's entire lineup, players who are late will be added to the bottom of the lineup without penalty.

## CKBL: 13U & 14U RULES

- 1. Base distance 80ft.
- 2. Pitching distance 54ft.
- 3. Mound is set at 10in.
- 4. Play 9 bat 9.
- 5. A courtesy runner will be allowed for either the pitcher or catcher, at any time. Said runner cannot be in the current lineup, and will be a free substitution and not entered in the scorebook. The same courtesy runner may not run for both the pitcher and catcher.
- 6. Extra Hitter (EH) This rule is optional. A team must declare its intent to use this rule before the game starts. A team may bat ten (10) players, but may not revert to a nine (9) player lineup except for injury or illness, and only then, if no substitutes are available.