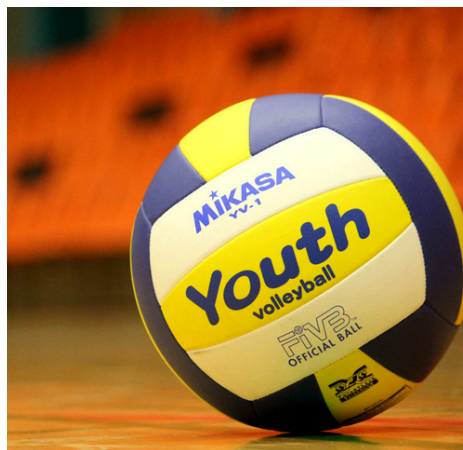




YOUTH COACH INFORMATION PACKET

2025 Spring Youth Volleyball





Dear Youth Coaches,

Hutchinson Recreation Commission welcomes you to this season of Youth Spring Volleyball. Our vision at Hutch Rec is to inspire all residents to actively enjoy a healthy life as they strengthen our community spirit. As a volunteer youth sports coach, you're doing this - and we thank you for the dedication, time, and energy spent coaching our community's youth.

Our goal is for all our youth sports participants and their parents/guardians to have an enjoyable experience while learning not only the fundamentals and skills of the sport, but also the life lessons that go well beyond the court or field. These lessons include teamwork, commitment, grit, and sportsmanship.

We want to also make your coaching experience an enjoyable one. A large part of the experience is equipping coaches with information and education. Inside this packet, you'll find the information you need to know and what to communicate to your team. You'll also find additional web pages and resources to plug into as a youth sports coach. As always, if you have any questions, please contact our recreation and sports staff at the contact information below.

Thanks again for your willingness to inspire the youth in our community through sports, We appreciate you!

Tony Finlay, CPRP
Executive Director
tfinlay@hutchrec.com

Recreation and Sports Division

Sports Director:

Kelsey Loutensock, CPRP
kloutensock@hutchrec.com
HR Downtown: (620) 663-6179

Sports Coordinator:

Garrett Huddleston
ghuddleston@hutchrec.com
HR Downtown: (620) 663-6179

Hutch Rec Downtown:

17 E. 1st, Hutchinson, KS 67501
Open Monday - Friday 9 a.m. - 5 p.m.

Stay Informed!



Hutch Rec



@hutchrec



@hutchrec



HutchRec.com

Schedule:

League schedules will be posted on the Hutch Rec Team Sideline page:
<https://www.teamsideline.com/sites/hutchrec/schedules>

Rainout App:

Cancellations, delays, and closings will be posted on the RainOut app, under Hutchinson Recreation Commission. For details and how to download the app, visit:
<https://www.hutchrec.com/cancellations/>



Coaches Information

Communication with Parents

After the volunteer coaches meeting, team rosters and schedules will be distributed. Please refer to the schedule below for exact dates. Players' contact information (both phone number and e-mail) will be listed on the roster. Coaches must contact all players by March 21. Notify Hutch Rec staff immediately if there are issues in contacting a player on your roster.

Coaches must communicate often with parents and guardians regarding game schedules and other information that needs to be passed along throughout the season. Some helpful tips include:

- Create a text group and remind the team of practices and games on a weekly basis.
- Download GroupMe or another free team app that provides an additional form of communication with parents.
- Encourage parents to Like & Follow the Hutch Rec Facebook page.
- Over-communicate! Do not assume parents know all of the details.

Program Overview:

- Week of March 17: Practices Begin (see details below)
- Monday, March 24: Game schedules will be released
- April 5: Games Start (6-week season with games played on Saturdays)

Practices

Coaches may reserve practice times starting Friday, March 14 and begin practicing the week of March 17. Hutch Rec has reserved the Hutchinson Sports Arena (3 courts) on Mon, Tues, Wed, and Thurs at 5:30, 6:30 & 7:30 time slots. Various USD 308 gym will also be available to reserve for additional practices. Coaches must reserve a time/ day by calling Hutch Rec Downtown office at (620) 663-6179. Lil Diggers coaches do not need to schedule practices; practices are a part of the Saturday schedule.

Schedules & Game Requests

Schedules will be emailed and posted on the Hutch Rec Team Sideline page. Coaches will be notified via email when the schedules are live. Coaches are responsible for communicating the schedule to players and parents. Coaches are allowed to list one (1) time/date request for the season. These requests need to be made on the Team Information Sheet and must be turned in by March 17. Requests are not guaranteed, but staff will do their best to accommodate. More than one request will not be honored. Requests turned in after the deadline will not be honored. Schedules will be ready by March 24.

Uniforms

Volleyball players will receive shirts to wear as their uniforms. Shirts will be ready prior to the April 5 game and coaches will be notified when they have been delivered to the Hutch Rec Downtown office. Players are required to wear the Hutch Rec-issued shirt during league games.

Pictures

Hutch Rec will schedule a day to shoot a photo of your athlete with our personalized backdrop. Picture day will be April 12.



1ST-2ND LIL DIGGERS RULES

Goal:

The goal of the Hutchinson Recreation Commission youth athletic program is to provide a positive and fun learning experience for all participants. Emphasis is placed on learning the fundamental skills, basic rules of the game, and good sportsmanship while stressing equal participation for all.

Objectives:

1. Provide development of motor skills.
2. Build character in each individual by stressing sportsmanship and fair play.
3. Build healthy minds and bodies through physical activities.

KSHSAA rules for volleyball will be followed with the following exceptions and additions:

1. Net Height: 7'4" or below (Women's); Court Size: Regulation
2. Number of Players: A team will play with 6 players on the court. A team must have a minimum of 4 players to start or continue a game.
3. Length of Game: All matches will be 3 games to 15 points using rally scoring or a 30-minute time limit, whichever comes first. A 1-minute break will be allowed between sets.
4. Time Outs: Teams will be allowed 1 time out per set. Time outs will last 1 minute.
5. Serves: The server gets two attempts to get the ball over the net on every serve. If the server is unsuccessful after 2 total attempts, it is ruled a side out. Servers may move up to the spike line (10ft. line) to serve. A server will be limited to a total of 3 consecutive points, then a sideout will be called. This will allow more player rotation during each game in this instructional program.
6. Returns: A team will get up to 4 hits to return the ball over the net if needed. Players will be warned the first time they double hit. The second time a double hit occurs, a side out or point will be called by the referee.
7. Rotation: A mandatory rotation system will be used. Players rotate into the middle back position after a sideout has taken place.



3RD-4TH GRADE VOLLEYBALL RULES

Goal:

The goal of the Hutchinson Recreation Commission youth athletic program is to provide a positive and fun learning experience for all participants. Emphasis is placed on learning the fundamental skills, basic rules of the game, and good sportsmanship while stressing equal participation for all.

Objectives:

1. Provide development of motor skills.
2. Build character in each individual by stressing sportsmanship and fair play.
3. Build healthy minds and bodies through physical activities.

KSHSAA rules for volleyball will be followed with the following exceptions and additions:

1. All matches will be 3 games to 25 points using rally scoring or a 45-minute time limit, whichever comes first.
2. Serving:
 - a. A server will be limited to a total of 5 consecutive points, then a side out will be issued.
 - b. A server will be allowed one re-toss per serve attempt.
 - c. The server will receive two attempts per serve in order to get the ball over the net.
 - d. If the ball goes over the net and out of bounds, the server does not get a second serve; a side out will be called.
 - e. Foot faults will be called after a first time warning per server.
 - f. A server may move up to the attack line (10-foot line) in order to get the ball over the net but must strive toward reaching the Help Line or the End Line as the season progresses. An official may use his/her discretion and ask the server to step back if he/she feels the attack line is being used as an unfair advantage.
3. During a rally, if the ball hits a center basketball goal and goes over the net, it will be called side out. If the ball hits the middle goal and stays on the same side of the net, it is considered a playable ball, and play will continue.
4. Players will be warned the first time they double hit. The second time a double hit occurs, a side out or point will be called by the official.
5. A mandatory rotation system will be used. Teams will rotate after sideouts. Players will rotate into the middle back position.



5TH-6TH GRADE VOLLEYBALL RULES

Goal:

The goal of the Hutchinson Recreation Commission youth athletic program is to provide a positive and fun learning experience for all participants. Emphasis is placed on learning the fundamental skills, basic rules of the game, and good sportsmanship while stressing equal participation for all.

Objectives:

1. Provide development of motor skills.
2. Build character in each individual by stressing sportsmanship and fair play.
3. Build healthy minds and bodies through physical activities.

KSHSAA rules for volleyball will be followed with the following exceptions and additions:

1. All matches will be 3 games to 25 points using rally scoring or a 45-minute time limit, whichever comes first.
2. Foot faults will be called; no warnings will be given.
3. A server may move up to the help line (marked on the court) in order to get the ball over the net but must strive toward reaching the end line as the season progresses. An official may use his/her discretion and ask the server to step back if he/she feels the help line is being used as an unfair advantage.
4. A server will be allowed one re-toss per serve .
5. A server will be limited to score a total of 5 consecutive points before a sideout will be issued.
6. If the ball hits the middle goals or ceiling during a serve, it is ruled a side out.
7. During a rally, if the ball hits the middle basketball goal or ceiling and goes over the net, it will be called a side out. If the ball stays on the same side of the net it is considered a playable ball and play will continue.
8. A mandatory rotation system will be used. Teams will rotate after sideouts. Players will rotate into the middle back position.



Team Information Sheet

Coaches are responsible for turning in this Team Information Sheet by Monday, March 17.

Scan & email this sheet to Garrett Huddleston at ghuddleston@hutchrec.com or deliver to Hutch Rec Downtown, 17 E. 1st.

Coach & Assistant Coach Information:

Note: All coaches and assistant coaches must fill out and return the Volunteer Coaches Form.

Head Coach Name:	Contact Phone:	E-Mail:	Shirt Size:
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Assistant Coach Name:	Contact Phone:	E-Mail:	Shirt Size:
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Game Requests

Coaches are allowed to list up to one (1) time/date request for the season. This request must be turned in by March 17. Requests are not guaranteed, but staff will do their best to accommodate. More than two requests will not be honored. Request turned in after the deadline will not be honored.

Request #1:



Coaches are responsible for turning in the Coaches Code of Conduct agreement by Monday, March 17. Scan & email to Garrett Huddleston at ghuddleston@hutchrec.com or deliver to Hutch Rec Downtown, 17 E. 1st.

Coaches Code of Conduct

The function of a coach is to educate players through participation in sport activities. Each player should be treated with the highest level of respect, and his/her welfare should be considered in decisions by the coach at all times. The following guidelines have been adopted by the Hutchinson Recreation Commission.

THE COACH shall be aware that he/she has a tremendous influence on the education of all athletes and shall never place the value of winning above the values of sportsmanship and character.

THE COACH shall be responsible for upholding the honor and dignity of coaching youth. In all contact with players, parents, and officials, the coach shall strive to set the highest examples of ethical and moral conduct.

THE COACH shall abide by all the guidelines set forth by Hutchinson Recreation Commission regarding game time participation.

THE COACH shall respect and support all decisions made by officials and shall refrain from conduct that would incite players or spectators against the officials.

THE COACH shall encourage players to have fun and promote lifelong wellness while focusing on positive reinforcement rather than negative criticism.

THE COACH shall work to learn and understand the rules of the games and pass this information along to players, parents, and other spectators.

THE COACH shall respect all individuals participating in recreational activities/sports including the players, coaches, officials, spectators and league administration.

THE COACH shall ensure that all fans of his/her team exhibit the highest level of sportsmanship at all times and assist league administrators and game officials in maintain order in the spirit of fair play.

THE COACH shall refrain from the use of alcohol and tobacco products during any HRC sponsored activities.

THE COACH shall submit a background check prior to performing any coaching duties. This background check will be conducted by Hutch Rec.

THE COACH shall assist in the promotion and mission of Hutchinson Recreation Commission. This mission includes to provide our community with lifelong wellness, cultural, natural, and recreational opportunities that promote healthy minds and bodies through innovative programs, state-of-the-art facilities, and protected open spaces.



Coaches are responsible for turning in the Coaches Code of Conduct agreement by Monday, March 17. Scan & email to Garrett Huddleston at ghuddleston@hutchrec.com or deliver to Hutch Rec Downtown, 17 E. 1st.

Coaches Code of Conduct

Hutchinson Recreation Commission has adopted the following procedures to handle violations in the Coaches Code of Conduct. All violations will be taken very seriously and the extent of the disciplinary action for each case is under the sole discretion of the Executive Director.

Hutchinson Recreation Commission will use the following guidelines when evaluating and penalizing violations to the Coaches Code of Conduct:

1. Penalties will be based on the nature and severity of the violation.
2. Offenses within similar circumstances will generally warrant similar penalties.
3. Hutchinson Recreation Commission will keep records of all violations and shall document each violation's assessment of penalties.

All decisions regarding penalties and violations of the Hutchinson Recreation Commission's Code of Conduct shall be final and no appeals shall be granted.

Hutchinson Recreation Commission's Recreation & Sports Division will determine the appropriate penalty for any violation of the Coaches Code of Conduct. Penalties may include any of the following:

1. Verbal Warning
2. Written Warning
3. Suspension
 - Single Game Suspension
 - Multiple Game Suspension
 - Indefinite Suspension from League
4. Expulsion from the league and/or all Hutchinson Recreation Commission programs without refund of current program.
5. Multiple suspensions over time may result in the coach no longer coaching for any Hutch Rec youth sports program or league.

Team Name: _____

Coach's Printed Name: _____

Coach's Signature: _____

Date: _____