

SIMPSONVILLE REC GIRLS BASKETBALL RULES

OBJECTIVES

- Provide a wholesome leisure activity for all persons interested in the basic fundamentals of sportsmanship, honesty and fair play. We expect all participants, both active and inactive, to respect these basic fundamentals. We also emphasize the teaching of youth basketball skills and techniques, while stressing sportsmanship and physical fitness.
- Unsportsmanlike conduct, poor attitude, disrespect, vulgarity or profanity will not be tolerated. A maximum enforcement of specific actions will be expulsion from the program.
- We are striving for the best possible program for all interested persons. Only proper conduct and attitude of the participants can, in turn, insure a wholesome program, and we will not let it be spoiled by a few.
- We will always promote safety first, encouraging programs with strict controls over age, equipment and proper behavior of participants, adults, coaches and spectators.

Coaches are responsible for themselves, players, spectators, and parents of your team.

1st offense – coach is warned of the action of himself/herself, the player, spectator, and parent's actions.

2nd offense – coach will receive a technical foul.

3rd offense - coach will be ejected from the game; if the assistant coach is not present, the game will be a forfeit.

(You can and may receive all offenses at one time if needed)

Ejection from the game – any player, coach, or parent ejected from a game can't attend the next basketball game.

Unsportsmanlike conduct of a willful nature against officials, players, coaches, etc. will result in an immediate ejection of such person.

GENERAL RULES

A game will consist of four (6 seven minute) quarters for 9U; the clock will run continuously except the last (two minutes) of the 2nd/4th quarter.

NO FULL COURT PRESS IN 9U. PLAYERS MUST STAY BEHIND THE 3 PT LINE ON DEFENSE UNTIL THEY ARE ABLE TO HALF COURT PRESS. YOU CAN HALF COURT PRESS IN LAST TWO MINUTES OF THE 2ND AND 4TH QUARTER AFTER THE THIRD GAME.

NO BACKCOURT OR 3 SECOND VIOLATION IN 9U.

A game will consist of four (7 seven minute) quarters for 12U; the clock will run continuously except the last (two minutes) of the 2nd/4th quarter.

YOU CAN FULL COURT PRESS IN 12U IN THE LAST TWO MINUTES OF THE 2ND AND 4TH QUARTER AFTER THE THIRD GAME.

On free throws, players may break to the basket upon release of the ball from the shooter. The players aligned at beyond the 3pt line must wait until the ball hits the rim.

In the event of a tie in the regular season, there will be a two (2) minute overtime period. If tied after 1 overtime period, the game will be final and can end in a tie. Unless it is a playoff game a winner must be determined, an additional overtime period will be played until a winner can be determined in the game. A jump ball will begin each overtime period.

No time outs will be allowed with less than a minute to play in the game if there will be no effect to the outcome of the game. The same will hold true for substitutions.

Any player or coach that uses profanity will receive a technical foul and a team warning. On the next incident, by any member of the team, a technical foul will be issued, and the player/coach will be ejected from the game.

Technical fouls will not be shot. **The team not receiving the technical foul will receive 2 points and the ball.** The player receiving the technical foul must be removed from the game until the next dead ball to re-enter the game.

Home team – white or light jersey; Away team – dark jersey

Only distribute post game snacks off the court in the concession area of the Sports Center.

Mercy Rule

In all age groups, if a team is up by twenty (20) or more points, they must restrict their defense to within the 3-point line.

If a team is up by twenty (20) points or more in the last 2 minutes of the 4th quarter, the clock will not stop as previously noted.

Ball and Goal Size

9U will use the 27.5" size ball and shoot at a goal height of 9'.

12U will use the 28.5" size ball and shoot at a goal height of 10'.

Continuous Clock

The clock will run except for time outs, free throws, and injuries.

Player Participation

Each player will play at least seven (6) minutes per game in 9U and (7) minutes in the 12U age group. How the coach decides to split the time up is completely up to him/her.

If a child is injured in such a manner that they have to miss multiple games, they may not rejoin the team and participate in games and/or practices without parents and/or doctors' permission to do so.

Players are expected to attend all practices and games. Players that repeatedly miss practice are a valid reason for a coach not to play such players the required playing time. If a player is unable to play due to illness, injury or discipline but is at the game, the scorekeeper and opposing teams must know prior to the game.

Coaching Specifics

Up to three (3) coaches are allowed on the player bench during the game, including the head coach. However, only one (1) coach is allowed to stand during the game. Only the head coach may address the officials. The officials will only respond to the head coach. The head coach is responsible for his/her assistant coaches.

Coaches stand off the court and behind the blue tape.

Players must report to the scorers table prior to entering the game!

Your behavior on the bench will determine the behavior of the players and fans. We expect all comments to be of positive nature. If you wish to question an official's call, you may calmly do so during a dead ball period.

Please remember that this is Recreational ball. Fun, development and participation are our priority for every child. Yes, we keep score and winning is a goal, but it is not the only lesson that can be taught to the children.

We truly appreciate all of you that volunteer to coach for us at Simpsonville Recreation. While our focus is typically on the children, we would not be doing our job if we didn't give some focus to the coaches. We hope that you as well will learn positive life lessons through your experience with us. Remember that true character comes out in the heat of the moment and what's in your heart will ultimately come out of your mouth. Blaming others is a lack of responsibility and lack of character. You can make a positive or negative experience for every child on your team. Best of luck everyone this season.