



BARC Athletics Baseball 8U Coach Pitch Rules General Rules

General Game Rules

- **Ages:** 6-8 years old
- **Game Length:**
 - Typically 5-6 innings (based on time limit)
 - Time limit (90 minutes), No new inning can start after 75 minutes
- **Ball Type:** Standard youth baseball (safety or regular hard ball)
- **Field Dimensions:**
 - Base Paths: 60 feet
 - Home to 2nd Base 84' 10"

Batting Rules

- **Coach Pitching:**
 - A coach from the offensive team pitches to their players
 - Pitching distance is usually **35-46 feet**
 - Most leagues allow **7-9 pitches per batter (at the coach's discretion)**
- **No Walks**
- **No Bunting**
- **No Bat Throwing** (Multiple violations may lead to missing a turn at bat)

Base Running Rules

- **No Leading Off** (Runners must stay on base until the ball is hit)
- **No Stealing**
- **No Overthrows**
- **Base Advancement:**
 - Runners can advance one additional base (1st to 2nd / 2rd to Home) if the ball reaches the outfield.
- **Play Stops** when:
 - Once the ball is back in the infield or an infielder's player's hand

Fielding Rules

- **All Players Play on Defense (typically 6 infielders, others in the outfield)**
- **Players Rotate Positions** to ensure skill development
- **Infield Fly Rule is NOT used**
- **Catcher Position is used** (Must wear full protective gear, provided)
- **Defensive Coaches:**
 - One or two coaches in the outfield for instruction is allowed
 - Coaches **cannot interfere** with live play

Scoring & Outs

- Scoring is not kept
- Outs Are Encouraged: Runners are out if tagged or forced out at a base
- Inning Ends When:
 - Everyone bats once