



# Adult Volleyball League

## Rules & Regulations

### League Administration

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1. **Team Management:** Each team must designate a Team Manager responsible for communicating roster information to league organizers.
2. **League Classification:** All leagues will be classified as Recreation.
3. **Team Registration Fee:** The registration fee for each team is \$450.
4. **Roster Eligibility:**
  - a) All players must be 18 years of age or older as of the first game date.
  - b) Age verification may be conducted at any time. Players must provide a valid photo ID (e.g., driver's license, tribal ID, passport) upon request.
  - c) Maximum roster size is 12 players.
  - d) **Roster Freeze:** Rosters are frozen after Week 3. Additions and deletions are permitted during Weeks 1-3.
  - e) **Tournament Eligibility:** Players must participate in a minimum of 1 game by Week 3 and 2 games by Week 5 to be eligible for the league tournament. Lineups will be verified throughout the season.
5. **Facility Policies:**
  - a) **Food and Drink:** Food and drink are allowed in the facility, but please be mindful of trash and spills. If these issues become problematic, we may need to restrict food and drink in the future.
  - b) **Facility Access:** The Copper Sky facility will be closed to general access during league games, with access permitted only to the gymnasium. The entrance to the gym will be located on the west side of the building.
  - c) **Alcohol:** Alcoholic beverages are prohibited. Any player/ team that is found drinking or under the influence of alcohol before or during a game may be suspended indefinitely, which could result in being dropped from the league.



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- d) **Smoking/Vaping:** Use of tobacco products is strictly prohibited.
- 6. **League Officials:** Officials and League Staff are employees of the City of Maricopa. Interference with their duties is prohibited. Disagreements may result in denial of entry or participation. Umpire judgment calls are final and cannot be protested.
- 7. **Refund Policy:**
  - a) Teams withdrawing 2 weeks before the first league game will forfeit their registration fee.
  - b) Teams ejected from the league will forfeit their registration fee.

## Code of Conduct

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- 1. **General Violations and Sanctions:** Violations of the Code of Conduct may result in ejections, suspensions, and bans from City of Maricopa Adult Sports Programs. All participants must sign the Code of Conduct at the time of player registration.
- 2. **Ejected Player Penalties and Suspensions:**
  - a) Any individual (player, spectator, or team supporter) ejected from a game by an umpire/official or Site Supervisor will receive a minimum one-week suspension from *all* City of Maricopa leagues. This suspension will be served before the individual is eligible to participate in any City of Maricopa league. Following the suspension, the individual will be placed on probation for the remainder of the season in all leagues in which they participate.
  - b) A team incurring two or more ejections during a single season in a given league will be placed on probation and may be subject to indefinite dismissal from all City of Maricopa leagues.
  - c) Any player ejected twice during a single season in any City of Maricopa league will be removed from *all* leagues for the remainder of that season and may be subject to indefinite dismissal from all City of Maricopa leagues.



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- d) Suspended individuals are prohibited from being on-site at any City of Maricopa Sports League game or event for the duration of their suspension.
  - e) Any individual ejected from a game must immediately leave the premises. Refusal to leave constitutes trespassing and will result in an extended suspension. Law enforcement (police or Park Rangers) will be contacted in cases of refusal.
3. **Physical Assault:** Physical assault of an umpire/official, city staff member, player, or spectator by any player or team manager is strictly prohibited. Any individual found in violation of this rule will be ejected from the game and banned from all City of Maricopa sports programming. Furthermore, physical assault may result in legal prosecution.
4. **Fans:** Team Managers are reminded that they are responsible for the conduct of their team, supporters, fans, and children before, during, and after games. This includes unsportsmanlike remarks, gestures, and comments, as well as monitoring children (for their safety). Additionally, any act of vandalism, threats, or direct contact with game umpires/officials constitutes liability for prosecution.

## League Play

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1. **Rules of Play:** All games will be governed by the official volleyball rules as adopted by the Arizona Interscholastic Association, with the exception of the special "house rules" adopted by the City of Maricopa.
2. **Schedule and Tournament:** The regular season will be double header games, followed by a single-elimination tournament. Regular season standings will determine tournament seeding using the following tie-breaker criteria:
  - a) League Standings
  - b) Head-to-Head Results
  - c) Points Allowed
  - d) Points For
3. **Number of Players:** Teams will consist of six players on the court.



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- a) 3 males & 3 females, 2 males & 4 females, 1 male & 5 females-cannot have more males than females
- b) Rotation will alternate- Male, Female, Male, Female, Etc.
- c) A game may start and end with four players, no less
- d) All players must be listed on the team roster and must be 18 years or older.

### 1. Forfeits:

- a) A forfeited game will result in a loss for the forfeiting team. Forfeited games will not be rescheduled.
- b) Games will be forfeited if a team uses ineligible players (players not on the roster, underage players, or players who have not met minimum game requirements).
- c) Teams have a 5-minute grace period from the official game time start. If a full team is not present by the completion of the 5-minute grace period, the game will be declared a forfeit.

### 2. Forfeit Points: Teams will receive a loss for a forfeited game.

### 3. Game Length:

- a) A match will consist of three games all played in rally point. The first two games will be played to 25 points and game three played to 15 points.
- b) Time Outs
  - i. Teams may use TWO 30-second timeouts per half, no time-outs will carry over
  - ii. Teams who attempt to take more than two timeouts per half will be penalized with a technical foul
  - iii. Teams will receive a one-minute break between sets.

### 4. Equipment Standards:

#### a) Balls:

- i. Game balls provided
- ii. Teams must provide their own volleyballs for warm-up

#### b) Net Height:



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- i. Net height will be set at eight feet

### Game Play Regulations

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1. **Violations:** NO slapping, holding, and lifting the ball.
2. **Jewelry:** For safety no exposed jewelry, such as wrist watched, bracelets, neck chains, or earrings must be worn during the game. Tennis Shoes must be worn.
3. **Serves:** Overhand and underhand serves are acceptable from behind the service line.
4. **Substitutions:** Unlimited substitutions. Subs check in at the score table and wait for officials to call them into the game on a dead ball.
5. **Consequences and Fees:** A \$25 fee is required for the player, team, or spectator to re-enter the game or gymnasium following a Red Card.
  - i. **Player Game Time Out:** Players receiving a red card must exit the game for three game-time minutes.
  - ii. **Payment Deadline:** Red Card fees must be paid by the next scheduled league or tournament game.
  - iii. **Non-Payment:** Failure to pay the required fee will result in exclusion from games and facility entry until the fee is paid.

By adhering to these rules, we can ensure a fun, competitive, and safe environment for all participants. We appreciate your cooperation and wish you a successful season!



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