



Winfield Recreation

Youth Basketball Quick Rules

1st-2nd grade

1. THE COURT AND BASKETBALL GOALS

- a. All games will be played on half courts with the sidelines, baseline, and mid-court line establishing the out of bounds lines.
- b. Goal Height
 - i. 1st-2nd: 8 ft.

2. THE BALL

- a. Junior Size (27.5")

3. THE PLAYERS AND SUBSTITUTIONS

- a. Teams will play 3v3. Teams must have a minimum of two players registered in the scorebook to start a game.
- b. 1st-2nd Grade: No substitutions until the game has reached the 4-minute mark in each quarter.
- c. Players need to check in at the score table and wait until they are waved onto the court by an official at the next dead ball.

4. THE OFFICIALS

- a. One referee on each court along with one scorekeeper will be used.

5. DURATION OF THE GAME/OVERTIME

- a. Games will consist of four 8-minute quarters
- b. Overtime will consist of a 2-minute period with a regulation clock. If the score is still tied after the first overtime, the game will go to a sudden victory. The team scoring first will win the game.
- c. Timeouts: each team will receive two 30 second timeouts per half. In overtime each team will receive one 30 second timeout per overtime.

6. FOULS AND VIOLATIONS

- a. All personal fouls will be called against the team and not individual players.
- b. Free Throws
 - i. Free throws will be shot from 10ft.
 - ii. All players (non-shooters) must be in the marked lane spaces. No players will stand behind the shooter.

7. JUMP BALL AND POSSESSIONS

- a. There will not be a jump ball to begin the game. Home team listed on schedule will begin with the ball. The ball shall be checked in at the top of the three-point line.
- b. **Check ball/throw ins**
 - i. After any made basket, the ball will be checked in by the official at the top of the three-point line to the offensive team.
 - ii. A live ball that goes out of bounds will be thrown in from the sideline or under the basket on the baseline
 - iii. After a foul has been called, the ball will be taken back to the top of the three-point line as a checked ball.
- c. **Clearing the ball (change of possession)**
 - i. Defensive rebounds and any live ball change of possessions, the ball must be passed or dribbled beyond the three-point line. If the defensive player shoots and scores prior to the ball being cleared, no points will be awarded. The ball will then be awarded to the offense.
 - ii. Once the team on defense gains possession on a rebound, that team shall clear the ball beyond the three-point line without the opposing team attempting to steal the ball.
 - iii. If the new offensive team gains possession of the ball before the ball has been cleared, that offensive team is not required to take the ball back and can immediately attempt to score. (i.e. from an intercepted pass)

8. OFFENSE AND DEFENSE

- a. **Offense:** offenses may not spread the court to clear out defenders such as isolation plays. All players must be involved in the offense. A warning may be issued. A second time, the defending team will be awarded with possession of the ball.
- b. **Defense:** Man-Man defense only. Players are not allowed to double team or trap. Players may be in “help position” if the offensive player is past the defensive player.
- c. **Illegal defense:** after an illegal defense (zone or trap) has been called, the ball is awarded to the offensive team for a check ball at the top of the three-point line.

