



2025 Saint Paul Parks and Recreation Fall Athletics Minimum Playing Requirements

The goal of the Saint Paul Parks and Recreation Athletic Program is to encourage sportsmanship, teach fundamentals, provide skill development. One method we use to achieve these goals is mandating playing time for each participant.

Youth Football

U8, U10 and U12 Each player will be required to play in a minimum of six plays per half during scheduled Youth Football games. This may include offense, defense, or special team play.

U14 Each player must play a minimum of 4 plays per half. This may include offense, defense, or special team play.

Youth Soccer

U10, U12, U14 Each player will be required to play a minimum of five minutes per half.

1st offense – Head Coach of the game in question will serve a 1-game suspension.

*2nd offense – Head Coach is suspended for the remainder of the season **and** playoffs.*

After 2nd offense, the coach's return must be approved by the Conduct and Eligibility Committee.

- *It will be the coaches' responsibility to monitor **their team's** minimum playing time requirements during the game. St. Paul Parks and Recreation staff will oversee.*
- *Exceptions: Players that have not attended practice, arrived late to the game, and situations related to safety.*
- *Plays involving penalties do not count in the player(s) totals. (Football only)*
- *If there is an issue or concern related to playing time, please bring it to the attention of your Community Recreation Specialist or Organization Director (for affiliate programs).*