

City of Fort Worth Adult Sports General Policies and Procedures

Player Requirements:

All players must be 18 years or older, no exceptions.

Participant Safety & Responsibilities:

- Play in appropriate skill-level leagues and avoid playing with injuries.
- Players must have their own health insurance.

League Management:

- Divisions need at least four teams; the Athletics Division may adjust the league structure as needed.
- Inappropriate team names will be rejected.

Divisions:

- Freshman (Recreation)
- JV (Intermediate)
- Varsity (Competitive)

The Athletics Section assigns teams based on player history and performance.

Scheduling:

- Schedules, scores, and rosters: www.teamsideline.com/FortWorth.
- BYE requests must be made before registration closes; game time requests and reschedules won't be honored once schedules are posted.

Championship & Playoffs:

- Champions receive up to 15 Medals/Rings; winners determined by postseason tournament.
- The top 4 teams per division make playoffs; #1 seeds choose their game time.
- Tie-breakers: W/L record, winning percentage, forfeits, head-to-head results, strength of schedule, ARD, and coin flip if needed.

League Advancement:

- Champions and undefeated teams move to higher divisions next season.

Governing Bodies (Modified for The City of Fort Worth):

- Basketball & Volleyball: National Federation of State High School Associations
- Softball: USSSA (United States Specialty Sports Association)