

2025 Twins Nike RBI Baseball Bulletin

What does RBI mean to MPRB BASEBALL?

Just like the Major Leaguers who call Target Field home, each player in the RBI Program is a Minnesota Twin. Since 1993, the Twins Community Fund, the Minneapolis Park and Recreation Board, and the Saint Paul Department of Parks and Recreation have partnered to provide Twin Cities youth the opportunity to play baseball and softball. Today, every player on a Minneapolis or St. Paul park team is a member of RBI, the national, competitive league sponsored by Major League Baseball. In addition to league play, nearly 6,000 Twins RBI players can, attend free skills clinics, try out for a Twins RBI All-Stars team, and have the chance to attend Twins games and meet players.

GAME INFORMATION

Division	Regulation Game	Official After	10 Run Rule	Pitching Distance	Base Distance
10U	6 innings	4 innings	After 5 innings	46'	60'
12U & 13U	6 innings	4 innings	After 5 innings	52'	75'
15U & 18U	7 innings	5 innings	After 5 innings	60'6"	90'

- No new inning may start 1 hour and 50 minutes after the game's first pitch.
- The 10 run rule will be in effect after 5 innings for all divisions.
- Regular season games that are tied after regulation will remain a tie.
- A team must have at least 8 players to begin play. Forfeit time: 10 minutes after game time.

WEATHER & GAME CANCELLATION POLICY

- A team's first two games cancelled due to unplayable field conditions will not be rescheduled. Additional games cancelled due to unplayable conditions will be rescheduled. Games will not be rescheduled for other reasons.
- **MPRB Declared Weather / Inclement Weather Policy:** If the reported heat index (as measured by temperature and dew point) reaches 105 degrees. If the heat index is 105 degrees or higher at 3 p.m. fulltime recreation centers and programs department staff will be informed of the status of the game by the MPRB league director. Full-time recreation centers and programs department staff shall notify the coaches of any cancellations.
All Adult and Youth Athletic Activities: once lightning has been spotted or thunder has been heard, all MPRB athletic activities will be delayed for 15 minutes by the official, staff or coach on site. Games may be re-started after **30 minutes** after last lightning strike is seen and/or last rumble of thunder is heard. The official or staff will determine if a game will be cancelled.
In the event of inclement weather (i.e. heavy rains), games will be delayed or cancelled at the site by the full-time Recreation Centers and Programs Department staff and/or official based on field conditions, potential damage to fields if there is activity on the fields, and the safety of participants. Decision to delay or cancel practices and games will be based on forecast.

PITCHING GUIDELINES

10U, 12U, 13U: 9 outs per game

- Once a starting pitcher has been removed, that starting pitcher may not re-enter the pitching position until a new inning has started. The starting pitcher may re-enter the pitcher position only one time. The starting pitcher may not re-enter if the maximum pitching guidelines (pitches or outs) has been met.
- Once a relief pitcher has been removed, that relief pitcher may not re-enter the game at the pitcher position.

15U and 18U Pitching Guidelines

Required Days of Rest	Number of Pitches (18U)	Number of Pitches (15U)
0	1-30	1-25
1	31-50	25-35
2	51-75	36-60
3	76-104	61-84
Daily Maximum	105	85

- Once the limit is reached, a pitcher may finish pitching to that batter.
- One day of rest is required if a pitcher pitches two straight days.
- Days of rest are measured in calendar days, not 24 hour periods. Example: If an 18U player throws 55 pitches on Monday they are not able to pitch on either Tuesday or Wednesday, but could pitch again anytime on Thursday.

10U, 12U and 13U Playing Rules:

MPRB RBI baseball leagues will play by National Federation (NFHS) rules with the following modifications:

1. **Batting Order:** The batting order shall include all players in uniform. Late arrivals will be added to the bottom of the order. If for any reason a player needs to leave the game, that position in the order will be left blank.
2. **Participation/Substitution:** Players must play a minimum of (2) complete innings (6 outs) in the field. Defensive substitution shall be unlimited for position players up to the maximum number of innings/outs allowed. See Pitching Guidelines for pitcher substitution. Penalty: Game forfeit.
3. **No pinch running:** An injured player must be replaced by the player who was last put out.
4. A runner is out when he/she does not attempt to get around a fielder who has the ball and is waiting to make a tag. If he/she maliciously runs into the fielder, the runner is out and ejected from the game.
5. **UPDATE: JEWELRY WILL NOT BE ALLOWED AT ANY LEVEL OF RBI BASEBALL**
6. The team bench may be occupied only by players and certified coaches.

Speed Up Rules:

- a. **Starting Pitchers** – 8 warm up pitches prior to the start of the game; 5 pitches between any subsequent inning not lasting more than one minute from the 3rd out of the previous half inning.
- b. **Relief Pitchers** – 8 warm up pitches prior to facing first batter; 5 pitches between any subsequent inning not lasting more than one minute from the 3rd out of the previous half inning.
- c. **Courtesy Runner** – At any time, a team may use a courtesy runner for the catcher or pitcher. A courtesy runner must be the player who was last put out. A player who violates the rule will be declared ineligible. Injured or ejected players must be replaced with the player who was last put out.

10U Rule Modifications

- Batter is automatically out on a dropped 3rd strike. Runners may advance to 2nd and 3rd at own risk.
- Runner on 3rd base may only advance on a batted ball, bases loaded walk or hit batter.
- A team may play with 10 defensive players. A 4th outfielder may line up no closer than 15 feet from the base line.
- The Infield Fly Rule will not be enforced.
- No leading off. Runners on 1st and 2nd base must wait until the pitch crosses home plate before stealing. A runner may not score by stealing home or advancing on a wild pitch or passed ball.
- The balk rule will be called but the penalty not enforced. If a pitcher balks the play will be called dead. The umpire will inform the pitcher he/she balked. However, runners will not advance to the next base.
- 5-Run per inning rule is in effect for the first 4 innings. The half inning will end after 3 outs are made or 5 runs scored, whichever occurs first. This rule will be waived in the 5th and 6th inning.

12U Rule Modifications

- Batter is automatically out on a dropped 3rd strike. Runners may advance to 2nd and 3rd at own risk.
- The balk rule will be called but the penalty not enforced. If a pitcher balks the play will be called dead. The umpire will inform the pitcher he/she balked. However, runners will not advance to the next base.

15U and 18U Rules

1. **Batting Order - Participation/Substitution:** Teams may use free substitution on defense and bat all players **OR** use the H. S. substitution rule. Coaches **MUST** declare **BEFORE** the game starts. Please refer to **minimum playing requirements**.
2. **Teams may start and finish with eight players** (ninth spot is an out). If a team drops to less than eight players, the game is a forfeit. If a team is batting all players and someone leaves or is injured, their respective spot is an out.
3. Home Team will occupy the Third Base Bench.
4. Official Game Ball: Each team will supply 1 New ball per game. When additional balls are needed; teams should alternate in providing balls beginning with the Home Team.
5. Team Benches /Dugouts can only be occupied by Certified Coaches and Registered Players.
6. Starting/Relief Pitchers: Limited to 8 warm-up pitches prior to the start of the game or facing their first batter. They will also be limited to 5 pitches between subsequent innings not lasting more than one

minute.

Speed Up Rules:

Courtesy Runner: for the Pitcher or Catcher is optional when there is 1 out or less; but mandatory when there are two outs.

7. Game Balls and Chest Protectors must have **NOCSE** Certification (stamped or labeled).

MPRB RBI Baseball Bats Specifications

Division	Barrel Size	Length	Maximum Weight Differential	Example
10U	2 1/4" - 2 5/8"	Unlimited	Unlimited	None
12U & 13U	2 1/4" 2 1/2" - 2 5/8"	Unlimited 36" or less	Unlimited -10	A 31" bat cannot weigh less than 21 oz
15U	2 3/4"	36" or less	-5 May also use BBCOR -3	A 32" bat cannot weigh less than 27oz
18U	2 5/8"	36" or less	-3 BBCOR	A 32" bat cannot weigh less than 29oz

All bats must include the USA or USSSA stamp, or is a qualified BBCOR bat