



Woodridge
PARK DISTRICT

Spring Girls Softball League

Parent Packet

Athletic Supervisor:

Keith Blomberg, CPRP

Office: 630.353.3418

kblomberg@woodridgeparks.org

Welcome to the 2025 Spring Girls Softball League!

We are excited to get the season underway! But before we do, make sure to read through this packet as it contains all the information for the upcoming season. If you still have questions after reading through this packet, or if you have questions/concerns throughout the season, do not hesitate to contact me. Keith Blomberg – 630.353.3400 – kblomberg@woodridgeparks.org

Sport Parent Code of Conduct

The Woodridge Park District (WPD), believes in holding all of its members (coaches, participants, parents, guardians, etc.) accountable to a strict code of conduct/behavior policy when playing, watching, or coaching any activity. This is a key principle to making sports, especially youth sports, a safe, fun, and positive environment.

- I pledge to conduct myself in a manner that will reflect positively on the WPD to show respect for all involved in the game including coaches, players, opponents, opposing fans and officials.
- I pledge to encourage in a positive manner the efforts of players and will refrain from yelling out instruction to my child or his/her teammates for I understand that this is the coach's responsibility and such instructions may conflict with their teachings. I understand that games are chaotic times for players to deal with fast-paced action and need the flexibility without ridicule to learn how to respectfully respond to game situations, opponents, teammates and coaches.
- I understand that mistakes are inevitable part of any game and that players need to learn from their own mistakes and I pledge to encourage their pursuit in advancing their skills and knowledge of the game and to not criticize their mistakes.
- I pledge to refrain from using alcohol and illegal substances during any practice or game whether on WPD property or elsewhere.
- I pledge to educate myself on the rules of the sport, so that I have a better understanding of the game and calls made by the official(s).
- I pledge to not use inappropriate language, profanity, obscene gestures, offensive remarks of a sexual nature, trash talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- I pledge to refrain from confronting opponents, opponents' fans, coaches, or officials in a manner that would escalate any situation to a verbal or physical confrontation and I understand that it is in everyone's best interest to remain silent.
- I understand that it is a best practice to take a timeout (24 hours) prior to dealing with a coach about any player issues I have. I will not confront the coach in public, rather I will talk to the coach while calm and rational and will do so in a private manner. Public confrontation is embarrassing to the player and entire program and may result in myself being suspended from watching my child/player and/or result in my child/player being suspended from play for the team.

Signed Parent's Promise

At the beginning of the season, your coach will ask you to sign a form to confirm that you have read the Sport Parent Code of Conduct. ***Failure to comply with this code of conduct, will result in disciplinary actions being taken to resolve the issue. Actions may include but are not limited to verbal and/or written warnings, ejections and/or suspensions. Incidents will be handled how staff deems appropriate based on the severity of the incident.***

Player Evaluation Day: Saturday, March 15th (10U Division only!)

Players within the 10U (Minor League) division, will participate in a player evaluation day on Saturday, March 15 on the Turf at the ARC for 11AM-12:15PM. Please show up 15 minutes early as players will need to go through a check-in process at the table outside of the turf entrance. Players are strongly encouraged to attend this evaluation day so the coaches can rate their skills and create their teams. With a player draft, special requests (car pool, friend/coach request, etc.) will be made available to the coaches but it is not guaranteed that it will be accommodated.

Team Information

Coaches have until Thursday, March 27 to contact their team. If you do not receive any contact from your coach, email Keith Blomberg at kblomberg@woodridgeparks.org on Friday, March 28 and I will have the information for you. When you are contacted by your coach, they will go over the following information:

- Practice Schedule
 - Location, Day of the week & Time
- Confirm your contact information
- The contact information of the coaching staff
- Any allergies or medical conditions of your player that the coach should be aware of
- Time and date of the Parent Meeting

Equipment

Each player will need to have the following equipment to participate:

Fielding Mitt	Softball Bat*	Fielding Mask
Game Pants	Batting Helmet with mask*	Cleats (No metal spikes)
*The Park District will provide each team with limited equipment for players to share		

Practice Information

Practices will start the week of March 31. Teams will practice for 1.25 hours, once a week at either Orchard Field 1, Janes NE Field or Jefferson SE Field.

Game Day Information

- **Season will start Saturday, April 19 and conclude Saturday, June 15 (weather pending)**
- Games days will be Saturday, Monday and/or Thursdays
 - Saturday, possible game times: 9am, 11am, 1pm, 3pm, 5pm
 - Monday & Thursday, possible game times: 6pm & 7:45pm
- Games will be played against Burr Ridge, Darien, Lisle, & Westmont.
 - All fields are about 15-20 minutes or less from the Woodridge Park District, ARC.
- Your coach will notify you when the game schedule has been released.

Inclement Weather Policies

- Coaches will be responsible for cancelling their own practices. If there is availability, practice may be moved inside the ARC in either the Turf or the gym. If practice is held in the gym, then players must wear gym shoes and leave their bats at home.
- For game days, use the rainout hotline link below for the current field conditions:
 - <https://rainoutline.com/search/dnis/6306013052>
- Make sure to subscribe to each field so you can get a notification on the field conditions.

Picture Day

Scheduled for Sunday, May 4th at the ARC in the Program Rooms. Pictures will be taken between the times of 2PM and 4PM. The schedule will be emailed closer to the date. At season's end, each team will receive:

- 2 Coach Plaques (1 for the Head Coach and 1 for an Assistant Coach)
- A Coach & Child Photo
- 1 Team photo for each member of the team

Pitching Clinic

The head coach of each team will select players to attend a Pitching Clinic held on Sunday, April 27 at the ARC on Turf 1. The clinic will be instructed by former Varsity Softball Coach, Denise McCance. The 8U division will be 4pm-5pm and 10U & 12U divisions will be 5pm-6pm. The fee is \$5 per participant. Participating players will need to provide their own catcher to help during the clinic. If you have been selected by your Head Coach to participate in the clinic, then you can use one of the links below to complete the registration.

8U: http://apm.activecommunities.com/wpd/Activity_Search/10818

10U & 12U: http://apm.activecommunities.com/wpd/Activity_Search/10817

Volunteer Coaches Make It Happen!

We are extremely grateful for the volunteer coaches in our leagues! These programs do not have the success without them. Throughout the season, they may ask for help at practice or on game day. If you can, please step up and volunteer to help the team.

Helpful Resources

Whether this is your first time being a sports parent or you have been doing this for a long time, you can always learn how to do better. Below is a list of different resources to help you as a sport parent throughout the season.

- [Guidelines For Parental Involvement In Youth Sports](#)
- [10 Tips For Sports Parents](#)
- [8 Sideline Behavior Tips For Parents On Gameday](#)
- [Silence On The Sidelines Lets Kids Learn And Coaches Coach](#)
- [Parents Need To Stop Trophy-Chasing And Let Their Kids Learn](#)
- [Why Kids Staying In Sports Is Important](#)
- [My Kid Acts Disinterested In Sports But Says She Loves It](#)
- [Maintaining Support For A Coach During A Losing Season](#)
- [WHY AND HOW PARENTS CAN SUPPORT REFEREES IN YOUTH SPORT](#)