



Woodridge
PARK DISTRICT

**Fall Girls Softball:
T-Ball/Coach Pitch League**
Parent Packet

Athletic Supervisor:

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2025 Fall Girls Softball League

Please read through this packet as it contains all the information for the upcoming season. If you still have questions after reading through this packet, or if you have questions/concerns throughout the season, do not hesitate to contact me. Jason Stubbeman – 630-353-3418 jstubbeman@woodridgeparks.org

Sport Parent Code of Conduct

The Woodridge Park District (WPD), believes in holding all of its members (coaches, participants, parents, guardians, etc.) accountable to a strict code of conduct/behavior policy when playing, watching, or coaching any activity. This is a key principle to making sports, especially youth sports, a safe, fun, and positive environment.

- I pledge to conduct myself in a manner that will reflect positively on the WPD to show respect for all involved in the game including coaches, players, opponents, opposing fans and officials.
- I pledge to encourage in a positive manner the efforts of players and will refrain from yelling out instruction to my child or his/her teammates for I understand that this is the coach's responsibility and such instructions may conflict with their teachings. I understand that games are chaotic times for players to deal with fast-paced action and need the flexibility without ridicule to learn how to respectfully respond to game situations, opponents, teammates and coaches.
- I understand that mistakes are inevitable part of any game and that players need to learn from their own mistakes and I pledge to encourage their pursuit in advancing their skills and knowledge of the game and to not criticize their mistakes.
- I pledge to refrain from using alcohol and illegal substances during any practice or game whether on WPD property or elsewhere.
- I pledge to educate myself on the rules of the sport, so that I have a better understanding of the game and calls made by the official(s).
- I pledge to not use inappropriate language, profanity, obscene gestures, offensive remarks of a sexual nature, trash talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- I pledge to refrain from confronting opponents, opponents' fans, coaches, or officials in a manner that would escalate any situation to a verbal or physical confrontation and I understand that it is in everyone's best interest to remain silent.
- I understand that it is a best practice to take a timeout (24 hours) prior to dealing with a coach about any player issues I have. I will not confront the coach in public, rather I will talk to the coach while calm and rational and will do so in a private manner. Public confrontation is embarrassing to the player and entire program and may result in myself being suspended from watching my child/player and/or result in my child/player being suspended from play for the team.

Signed Parent's Promise

At the beginning of the season, your coach asked you to sign a form to confirm that you have read the Sport Parent Code of Conduct. ***Failure to comply with this code of conduct, will result in disciplinary actions being taken to resolve the issue. Actions may include but are not limited to verbal and/or written warnings, ejections and/or suspensions. Incidents will be handled how staff deems appropriate based on the severity of the incident.***

Equipment

Each player will need to have the following equipment to participate:

| | | |
|---|---------------------------|--|
| Fielding Mitt | Softball Bat* | Fielding Mask (This is not required but it will help the player get used to the equipment) |
| Game Pants | Batting Helmet with mask* | Cleats (No metal spikes) |
| *The Park District will provide each team with limited equipment for players to share | | |

Practice Information

Teams practice for 1.5 hours, once a week at either Orchard Field 1, Janes NE Field or Jefferson SE Field.

Game Day Information

- **Season will start Sunday, August 24 and conclude Sunday, October 12 including an 8 game season.**
- Most of the games will be on Sundays. There will be a couple games during the week to fill in the 8th game and if there are an uneven number of teams within the division.
 - Games may be rescheduled during the week due to inclement weather.
- This league will co-op with Darien Youth Club (DYC), therefore some games will be played in Darien.
- I will notify you when the game schedule has been released.

Inclement Weather Policies

- Coaches will be responsible for cancelling their own practices. If there is availability, practice may be moved inside the ARC in either the Turf or the gym. If practice is held in the gym, then players must wear gym shoes and leave their bats at home.
- For game days, your coach will be in contact with you if there is a cancellation.

Picture Day

Picture Day is scheduled for Saturday, September 6th. Schedule is sent separately.

Volunteer Coaches Make It Happen!

We are extremely grateful for the volunteer coaches in our leagues! These programs do not have the success without them. Throughout the season, they may ask for help at practice or on game day. If you can, please step up and volunteer to help the team.

Helpful Resources

Whether this is your first time being a sports parent or you have been doing this for a long time, you can always learn how to do better. Below is a list of different resources to help you as a sport parent throughout the season.

- [Guidelines For Parental Involvement In Youth Sports](#)
- [10 Tips For Sports Parents](#)
- [8 Sideline Behavior Tips For Parents On Gameday](#)
- [Silence On The Sidelines Lets Kids Learn And Coaches Coach](#)
- [Parents Need To Stop Trophy-Chasing And Let Their Kids Learn](#)
- [Why Kids Staying In Sports Is Important](#)
- [My Kid Acts Disinterested In Sports But Says She Loves It](#)
- [Maintaining Support For A Coach During A Losing Season](#)
- [WHY AND HOW PARENTS CAN SUPPORT REFEREES IN YOUTH SPORT](#)