

# VOLLEYBALL

## League Structure:

Leagues	Gamedays	# of Games	Net Height	Team Fee Resident/Non	Individual Fee – Resident/Non <small>*For those who need a team*</small>
1 <sup>st</sup> & 2 <sup>nd</sup> Grade	Monday/Tuesday	6	6'6"	\$300/\$325	\$40.00/\$45.00
3 <sup>rd</sup> – 4 <sup>th</sup> grade	Monday/Tuesday	8	6'6"	\$300/\$325	\$40.00/\$45.00
5 <sup>th</sup> – 6 <sup>th</sup> grade	Tuesday/Thursday	8	7'0"	\$300/\$325	N/A

**1<sup>st</sup> & 2<sup>nd</sup> Grade** – This six-week instructional volleyball league is the perfect place for your little one to start their volleyball journey. Enjoy the combination of skills training, game play, and of course fun! Each weekly session will include a 20-minute practice where referees and coaches will help your player learn the fundamentals using the provided warm-up games. Immediately following the practice session, teams will have the chance to show off their skills as they play two games, 10 minutes each. No score will be kept.

**3<sup>rd</sup> – 6<sup>th</sup> Grade** – This will be a traditional league featuring an 8-game season. Age groups may be combined as needed, with possible groupings like 3rd/4th grade or 5th/6th grade. Based on registration numbers, we'll do our best to separate players by grade level to ensure balanced competition. Our goal is for everyone to have fun while facing different teams!

### Registration:

November 24 – December 21, 2025

### League Begins:

Week of January 12, 2026

**All registrations are taken online!** Visit [recdesk.republicparks.com](https://recdesk.republicparks.com) to login or create your account. Select "Youth Volleyball (Coaches Only)" for the correct grade level and follow the prompts to register your team. During this process you will be asked to complete a roster form with first and last name of every player on your team. This will let us know who to add to your roster, but **each individual will be required to complete the "Youth Volleyball Individual Sign-up" before being placed on your team.** Players will NOT be allowed to participate in games until their parent or guardian has completed this step. Please direct your team to complete their online registration.

### Background Check:

All coaches and co-head-coaches are required to pass a background check (no cost to the coach) before they will be allowed to coach. Background checks are good for two years at which point a new submission will be required.

### Practices:

Teams are required to find their own practice facility. Teams that have paid for the league can rent the gym for \$30 per hour. All gym reservation fees are due at the time of reservation.

### Coaches Meeting:

January 8<sup>th</sup>, 2025 @ 6:00p.m. at the Republic Community Center. Streaming option will also be available. Please plan to attend.



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## Schedules:

Schedules will be released at the coaches meeting and will be available online at [teamsideline.com/republicmo](https://teamsideline.com/republicmo).

## League Rules:

*The Republic Parks & Recreation Department will follow HOA/USA Volleyball rules with exceptions for certain rules as follows:*

1. Teams must be comprised of at least 8 players, and we recommend no more than 12 players. At least 4 players must be present at the start of the game, or the game will be considered a forfeit. A five-minute grace period will be given for the first match of the night. If the game is forfeited, you may use the court for practice time, but it will not be officiated.
2. Gametimes that are not starting on time or ahead of schedule will get 3 minutes total warmup time; this should be an open-serve period back-and-forth with the opposing team.
3. In the 3-6<sup>th</sup> grade divisions: each match will consist of a best of three series of games. The first two games will be rally scored to 25 points (30-point cap), and the third game, if needed, will be rally scored to 15 points (20-point cap). Every game must be won by a 2-point margin unless the cap is reached. 1-2<sup>nd</sup> grade will play time-based games, with no scoring being kept.
4. Teams will follow standard substitution procedures as follows: starting players may be replaced by any player on the bench (but not by another starter). Once a starter is replaced, to be eligible to come back into the game they must re-enter for the player that took their spot. The rotation must continue in this same manner for that game. No substitutes can sub for more than one starter/position in the same game.
5. Injury substitutions may be made at any time and team may play with fewer than four players in an injury during the game causes the team to be short.
6. Each team must provide their own line judge for each game. Line judges must be at least 15 years old.
7. Time-outs may be requested any time the ball is dead. Time-outs may not be requested after the service whistle. Teams are allowed 2 time-outs per game, 1-minute each, with no carry over. If a third game is required, only one time out is allowed.
1. **1st & 2<sup>nd</sup> grade serve line: players may serve up to the 10ft Attack Line. Their feet may not touch the line.**
2. **3<sup>rd</sup> & 4<sup>th</sup> grade serve line: players may serve up to the 3-Point Line Extended. Their feet may not touch the line.**
3. **5<sup>th</sup> & 6<sup>th</sup> grade serve line: players may serve up to the Free Throw Line Extended. Their feet may not touch the line.**
4. For grades 1-4, after 5 consecutive serves the opposing team will be given serve.



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5. Net heights will be the following:
  - a. 1-4: 6'6"
  - b. 5-6: 7'0"
6. Volley-lite volleyball will be used for all divisions.
7. All players must be registered through the online process before being able to participate in the league.
8. In grades 3-6<sup>th</sup>, a team line up with names and starting positions must be turned in to the score keeper prior to game time.
9. Players may play on no more than two teams per grade division in the youth volleyball program. Players may play in two different grade levels as eligible. Players may play up grade levels, but not down. Players participating without being listed on the official team roster are considered ineligible. Teams found using an ineligible player will forfeit all games in which the ineligible player participated. No new players may be added to the team roster or change teams after the first game of the season has been played.
10. Males are allowed to play; however, team rosters must be at least 50% female. Additionally, a maximum of 3 males (50% or less of players) is allowed to play on the court at any given time.
11. No protests are allowed on judgement calls of the officials. The official score sheet will be final. Concerns about officials must be made to the Recreation Supervisor. All protests must be filed by the head coach or the assistant coach at the Community Center within twenty-four hours of the violation.
12. Each team will receive two coaches' passes good for free entry into any & all of the games during the season. Coaches' passes must be shown at the gate. All other persons, excluding players, over the age of 12 and under the age of 65 must pay a \$3.00 entry fee and 65 and older must pay \$2.00 entry fee.
13. The Recreation Supervisor reserves the right to make final determination on any rules or interpretations that may differ from the HOA/USA Volleyball rulebook.

