



Reebok

# WELCOME

## THANK YOU FOR VOLUNTEERING!

We are the  
**CHAMPIONS!**

Brookfield Parks & Recreation



# INTRODUCTIONS



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8am-5pm**

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# LEAGUE PURPOSE

A basketball hoop is shown in the center of the image. A basketball is suspended in the air above the hoop. The background is dark, with a colorful, abstract light effect at the top, possibly representing a sunset or sunrise. The text 'LEAGUE PURPOSE' is written in large, white, bold letters at the top of the image.

The primary purpose of the league is to offer youth an opportunity to participate and enjoy a recreational experience in a healthy competitive setting. The emphasis is upon participation, character development, good sportsmanship and enjoyment



# *9 OUT OF 10 CHILDREN SAY “FUN” IS THE MAIN REASON THEY PARTICIPATE IN SPORTS*

## **What Kids Say Is The Most Fun:**

*They want social bonds and access to the action*

### **MORE FUN**

1. TRYING YOUR BEST
2. WHEN COACH TREATS PLAYER WITH RESPECT
3. GETTING PLAYING TIME
4. PLAYING WELL TOGETHER AS A TEAM
5. GETTING ALONG WITH YOUR TEAMMATES
6. EXERCISING AND BEING ACTIVE

### **LESS FUN**

48. WINNING
63. PLAYING IN TOURNAMENTS
66. PRACTICING WITH SPECIALTY TRAINERS AND COACHES
67. EARNING MEDALS OR TROPHIES
73. TRAVELING TO NEW PLACES TO PLAY
81. GETTING PICTURES TAKEN

*Much less of a priority than simply  
having a chance to play.*

### **IDEAS**

“Kids in baseball say they want to hit, catch, and run. Yet, what do adults do as soon as they take over? Eliminate the hit, catch, and run by telling kids not to swing or maximizing use of a pitcher who strikes everyone out. They eliminate the basis for fun.”

Jay Coakley, sports sociologist

## Youth Sports Code of Conduct

Youth sports programs play an important role in promoting the physical, social, and emotional development of children. It is therefore essential for parents, coaches, and officials to encourage young athletes to embrace the values of good sportsmanship. Moreover, adults involved in youth sports should be models of good sportsmanship and lead by example by demonstrating fairness, respect, and self-control.

**I therefore pledge to be responsible for my words and actions while attending, coaching, or participating in a youth sports event and shall conform my behavior to the following code of conduct:**

- I will place the needs of the participants ahead of a personal desire to win.
- I will not engage in:
  - Unsportsmanlike conduct
  - Any behavior which could endanger the well-being of anyone
  - The use of profanity
  - Verbal or physical threats or abuse aimed at any coach, parent, participant, official, or any other attendee nor encourage my players or any other person to do so.
- I will not use drugs or alcohol while at a youth sports event and will not attend, coach, or participate in a youth sports event while under the influence of drugs or alcohol.
- I will treat any coach, parent, player, participant, official, or any other attendee with respect regardless of race, creed, color, national origin, sex, sexual orientation or ability.
- I will remember that the game is for kids....not adults.

## Facility Code of Conduct

Elmbrook School District gymnasiums are utilized to provide the youth basketball program. The schools are a very essential part of the success of the youth basketball program. Teams are required to follow basic facility rental rules set forth by the school district. To avoid any incidents of misconduct in the facilities, the following guidelines have been provided.

- Groups must be supervised by a responsible adult. This designated adult must be present prior to the start and during the entire activity and will remain until all members of the group have left the building at the conclusion of the activity.
- Participants are not allowed on school premises unsupervised.
- Parents must walk participants into the building for practice to ensure that an adult is present.
- Parents must pick up participants promptly after practice.
- In the event of an emergency, such as a fire, the adult in charge shall direct all in attendance per the posted emergency procedures. The adult in charge shall be responsible for all in attendance in an emergency.
- There will be no ball playing of any kind in any area of the building other than the gymnasium.
- Bulletin boards, elevators, items on display and any other school materials are off limits, please do not touch.
- Only athletic shoes are allowed in the gyms by participants.
- All school buildings and grounds are completely smoke free.
- There is no food or drink, except for water, allowed in the gyms.
- Any family members that stay for practice, must remain in the gym.
- The gyms are to be left clean, with any garbage picked up.
- Anyone who violates the school's rules will be asked to leave the building.
- Rooms will be monitored by custodians. Failure to comply with the above policies will be brought to the attention of the Building Principal and the Parks and Recreation Department and handled on an individual basis.

**I hereby agree that if I fail to conform my conduct to the foregoing while attending, coaching, or participating in a youth sports event I will be subject to disciplinary action, including but not limited to the following in any order or combination:**

- Verbal Warning
- Mandatory meeting with Parks & Recreation before the next scheduled practice or game.
- Immediate removal of coach and/or child from the youth sports program.
- In severe cases we reserve the right to proceed directly to the third consequence.

# SPORTSMANSHIP

Each player, coach and parent should exhibit good sportsmanship throughout the season.

Yelling at referees, coaches and/or players will not be tolerated, and anyone who violates this rule will be asked to leave the building.

During each practice there should be time for the coaches and players to discuss teamwork and sportsmanship.





# LEAGUE TIMELINE



**Coaches Meeting:** Tonight  
**Practices Begin:** Week of November 24  
**Games Begin:** January 3, 2026



# TEAMSIDELINE COACH REGISTRATION

- Visit Teamsideline to register as a volunteer coach and complete your background check:  
<https://teamsideline.com/sites/BrookfieldWI/home>
- It is mandatory that all coaches are screened.
- Background check is valid for one calendar year. If you coach multiple sports within our department, you need only complete it once annually.



## Youth Basketball - Winter 2026

Youth Basketball Leagues boys and girls, grades 3-8

Enroll

Volunteer

More Info

Registration Status: Open

Regular Registration: Monday, September 8, 2025 - Tuesday, March 31, 2026

Program Duration: Monday, November 24, 2025 - Saturday, March 14, 2026

Regular Registration Cost: \$0.00

# PARENT MEETING

## 1<sup>ST</sup> PRACTICE

- Share TeamSideline website and league objectives (have fun, learn fundamental basketball skills, teamwork and meet new friends)
- Explain league rules
- Explain playing time requirements
- Share your contact information
- Parent meeting tips in Coach Manual



# TeamSideline

<https://teamsideline.com/sites/BrookfieldWI/home>

**Schedule/Standings** (under game schedules)

**Rules/Practice Schedule** (under League Info/Forms)

**Share with parents**





# PARKS & RECREATION

## Game Schedules

### Youth Basketball

*Winter '26*

[3rd Grade Boys](#)

[3rd Grade Girls](#)

[4th Grade Boys](#)

[4th Grade Girls](#)

[5-8 Grade Girls](#)

[5th Grade Boys](#)

[6th Grade Boys](#)

[7th Grade Boys](#)








[8th Grade Boys](#)





# PARKS & RECREATION

## Downloads

	Type	File Name	File Size	Last Updated
▼	High School Basketball			
		<a href="#">Jr./Sr. Bucks Rules</a>	189 KB	11/30/2023
		<a href="#">Facility Code of Conduct</a>	103 KB	11/30/2023
		<a href="#">Concussion Fact Sheet</a>	431 KB	11/30/2023
		<a href="#">Sudden Cardiac Arrest Fact Sheet</a>	512 KB	11/30/2023
▼	Youth Basketball			
		<a href="#">Youth Basketball Rules</a>	203 KB	11/7/2025
		<a href="#">Rules - Girls, Grades 5-8</a>	84 KB	11/7/2025
		<a href="#">Final Practice Schedule</a>	135 KB	11/7/2025

# LEAGUE BREAKDOWN

## Locations:

- Wisconsin Hills: 3<sup>rd</sup> Boys, 3<sup>rd</sup> & 4<sup>th</sup> Girls
- Pilgrim Park: 6<sup>th</sup> & 7<sup>th</sup> Boys
- Burleigh: 4<sup>th</sup> & 5<sup>th</sup> Boys, 5-8 Girls
- Brook El: 8<sup>th</sup> Boys

Tournament Games: Home Site

(5<sup>th</sup> & 7<sup>th</sup> grade boys playoff schedules)



# PRACTICE SCHEDULE

- Procedure for cancelling practice
- Practices have all been inputted into TeamSideline
  - Includes known no practice dates at each school
  - Subject to change if schools notify of other conflicts
  - Will be updated when schools notify of conflicts
- Final Practice Schedule posted on TeamSideline
- Scheduling an additional practice(s)
  - Priority to teams with fewer scheduled practices (9 or 10)
  - Process for requesting an additional practice

# ATTIRE

Red and white reversible jerseys provided  
(HOME team wears WHITE)

Participants must wear athletic shoes and shorts  
(Jerseys expected to be delivered before Christmas)

Sizing issues-Contact me

## JEWELRY/CASTS

No jewelry of any kind may be worn during basketball games.

Jewelry can not be covered with tape - it must be removed.

All exposed items that are judged to be hazardous or potentially dangerous by the official may not be worn during the game. Nothing can be on the fingers that is hard or metal. i.e.: casts, wristwatches, large rings, bracelets, neck chains and splints

# EQUIPMENT

The Brookfield Parks & Recreation Dept. will supply the **game ball only**.

The following sizes will be used in the program:

27.5: 3<sup>rd</sup> Grade Boys & Girls

28.5: 4<sup>th</sup> - 6<sup>th</sup> Grade Boys and 4<sup>th</sup> - 8<sup>th</sup> Grade Girls

29.5: 7<sup>th</sup> – 8<sup>th</sup> Grade Boys



# f.a.q.

- ROSTER LIMITS - 10 players per team
- PLAYER DROPS AND PLAYER ADDITIONS
- All player moves will come from our office
  - REFUNDS – up until the 1<sup>st</sup> game
  - INJURIES – notify our office so we can add any waitlisted players to your team
  - THE WAITLIST - players hoping to be added

# SAMPLE PRACTICE PLAN

- Segment 1: 10 minutes (Ball Handling/Dribbling)
- Segment 2: 10 minutes (Passing)
- Segment 3: 10 minutes (Shooting)
- Segment 4: 15 minutes (Small sided games; 2 v 2 or 3 v 3)
- Segment 5: 15 minutes (1/2 court or Full Court scrimmage)

Total: 60 minutes

- As you progress through the game schedule, adapt your practice plan to focus on areas your team needs to work on (rebounding, 1/2 court offense, 1/2 court defense, free throw shooting, etc.) Fundamental skills (Segments 1-3) should always be included in your practice plan.

# GAME DAY RESPONSIBILITIES

All teams must supply an **adult score keeper** to work each game at the score table. If one is not supplied the team will forfeit. We will staff a timer for all games + site supervisor

Five minutes prior to game time, both coaches must identify the official game roster with the scorekeepers, including first and last names and numbers, also indicating no-shows



<b>Team:</b>		<b>Jersey Color:</b>	White or Red	<b>League/Grade (circle one)</b>							
<b>Date:</b>		<b>Game Time:</b>		Boys	3	4	5	6	7	8	
<b>Location:</b>	Burleigh, WHMS, PPMS, Dixon	<b>Gym Side:</b>	Bleacher, Stage	Girls	3	4, 5	6/7/8				

Team Score																			
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80

Player Fouls					Player #	Time Played (Half-Quarter)								Injury/Tech
1	2	3	4	5	11	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	12	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	13	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	14	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	15	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	21	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	22	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	23	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	24	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	25	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	31	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	32	1A	1B	2A	2B	3A	3B	4A	4B	
1	2	3	4	5	33	1A	1B	2A	2B	3A	3B	4A	4B	

Officials

TEAM FOULS										
1st Half	1	2	3	4	5	6	7	8	9	10
2nd Half	1	2	3	4	5	6	7	8	9	10

Bonus on the 7th & Double Bonus on the 10th

Timer

TIME OUTS					
1	2	3	OT1	OT2	OT3

3 Time Outs / Game

1 Extra / Overtime Period

Scorekeepers

TEAMS	FINAL SCORE

# GENERAL GUIDELINES

Game site gymnasiums will open 15 minutes prior to the first game (7:45am) Pre-game practice is allowed if time permits

**Each player must play a minimum of (2) quarters a game.**

Rule is still in effect if a player arrives late

**Intentional violation of the minimum playing time rule may result in the forfeiture of the game**

All players must be registered with the Brookfield Parks & Recreation Department and meet league eligibility guidelines

**Games will NOT be rescheduled to accommodate teams with players not available on scheduled dates**



# TIMING

The game will consist of (4), (8) minute quarters with (1) minute between quarters and a (4) minute half time.

The league will utilize a **continuous clock**, however the clock will stop for shooting fouls, time-outs, substitutions and when the officials request the timekeeper to stop the clock

Regulation WIAA timing will be used during the final two (2) minutes of the game and in overtime.

# PLAYER SUBSTITUTIONS

Substitutions can ONLY be made at the **four (4) minute mark** of each quarter. Ejected players may not return to the game.



Players entering at the four (4) minute mark must report to the scorer's table at the five (5) minutes mark and must remain seated at the table, until the substitution is made.



# DEFENSE

## Zone Defense (Half Court Only):

- Allowed in the boys and girls 6 – 8 grade leagues only

## Man to Man Defense:

- Allowed in all leagues
- In the boy's and girl's 3 - 5 grade leagues, players must be no more then six (6) feet from your person they are guarding if the player being guarded is below the top of the key.
- Switching person to person defense is allowed in all leagues.

## Double Teaming / Help Defense

- Grades 3 – 5: Double teaming /Help defense in the lane only
- Grades 6 – 8: Double teaming the ball at any time is permitted but only allowed in the half court

## Full court press:

- Grades 6 – 8: Allowed and must be person to person only.
- Grades 3 – 5: Allowed only during the final two (2) minutes of the game. Must be person to person.
- If a team is ahead by 15 points or more, full court press will not be allowed at any age level.

	GRADES 3-5	GRADES 6 - 8
BALL SIZE	Size 5 ( 27.5) Boys and Girls 3rd grade Women's Ball: Boys and Girls 4 & 5	Women's Ball: Boys 6 and Girls 6 - 8 Men's Ball: Boys 7 - 8
SUBSTITUTIONS	Only at 4 min. mark of quarter (must be at table at 5 min. mark) and at end of quarter, unless injury or illness. (Free substitution in overtime)	Only at 4 min. mark of quarter (must be at table at 5 min. mark) and at end of quarter, unless injury or illness. (Free substitution in overtime)
FREE THROW LINE	12 Feet or Regulation (Player Choice)	Regulation
3-POINT SHOT	YES - If marked on floor	YES - If marked on floor
DEFENSE (1/2 Court)	Man to Man ONLY. Must be within 6 feet of man. Double teaming or help defense in the lane only.	Zone or Man to Man
FULL COURT PRESS	Yes - man to man only last two (2) minutes of game. Not allowed by team ahead by 15 points.	YES, but ONLY man to man Not allowed by team ahead by 15 points.
OFFENSES	No clear-out offenses allowed.	Any
TECHNICAL FOULS	Free throws are NOT shot. Opposing team will be awarded the 2 points and given the ball out of bounds. Player MUST be replaced.	Free throws are NOT shot. Opposing team will be awarded the 2 points and given the ball out of bounds. Player MUST be replaced.
TIME-OUTS	Three-60 second T.O.'s a game One additional time out in overtime	Three-60 second T.O.'s a game One additional time out in overtime
	Four-8 min. qts. Continuous clock until final 2 min. of game, then regulation	Four-8 min. qts. Continuous clock until final 2 min. of game, then regulation

# OFFICIALS

The City contracts the officials through  
The Wisconsin Basketball Officials Association

**No protests will be accepted on judgment calls by the officials**

## TECHNICAL FOULS

Officials have been instructed to deal harshly with profanity and unsportsmanlike conduct by any player, coach or spectator. Coaches are reminded that any unusual demonstration from the bench (e.g. throwing towels, profanity, shaking fists, whistling) will not be tolerated and could result in an ejection

***If a technical or intentional foul is called, an automatic two points and the ball at the division line will be awarded for the team not receiving the technical***



# **SITE SUPERVISORS**

**Each game location has a Parks & Recreation paid staff person on site to answer questions or mediate between coaches and officials. If you have any questions or issues the day of your game this staff person is your first point of contact.**

# MEETING SUMMARY

## Youth Basketball

	<a href="#">Youth Basketball Rules</a>
	<a href="#">Rules - Girls, Grades 5-8</a>
	<a href="#">Final Practice Schedule</a>
	<a href="#">Coach Manual</a>
	<a href="#">Code of Conduct</a>
	<a href="#">Concussion Awareness Information</a>

Visit TeamSideline Website

Review:

- Coach Manual
- Code of Conduct
- Concussion Awareness
- League Rules

(Share with families)