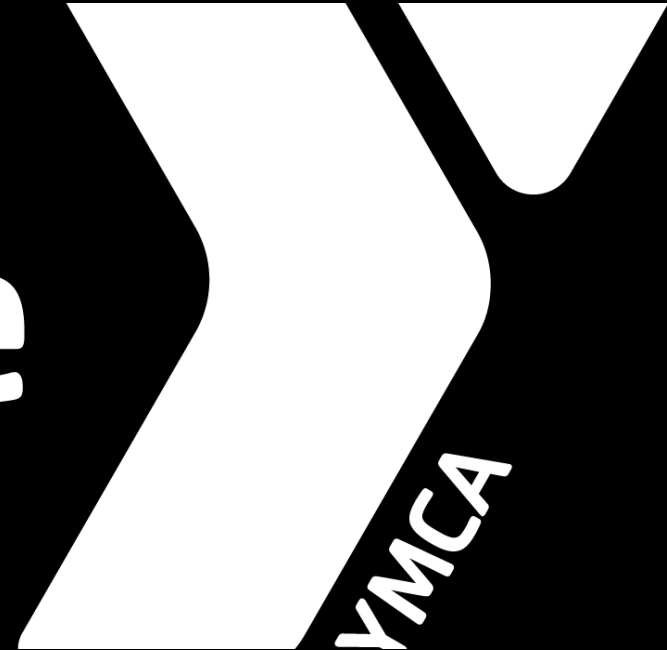




the



---

# 2025 FALL SOCCER COACHES MEETING

YMCA Moody Sports

---

# INTRODUCTIONS

- Ty Langston – Director of Sports
- De'Vante Shannon– Associate Director
- Jessica "JT" Torres– Associate Director
- Jake Lamb– Regional Director



---

# JERSEYS/EQUIPMENT (STEVEN FROM NJS)

- 6921 Preston Rd
- 214-528-5006

---

# GENERAL INFORMATION

- Games Start September 2nd
- First Practice Week will be week prior (Sun August 24th)
- Games schedules estimated by 8.25
- Teamsites live by 8.22
- Soccer Locations: Armstrong Elementary, Caruth Park, Coffee Park, Smith Park

Games Slots (4:30pm-7pm Weekdays, 8am-2pm Saturdays)

Mondays: PKB, PKG:

Tuesdays: KB, 1B:

Wednesdays: KG, 1G

Thursdays: 2B, 2G

Saturdays: Rookies, 3G, 3B, 4B

## Game Fields

Rookies – Kinder: Coffee, Caruth, Smith, Armstrong  
1st – 4th: Smith, Armstrong, Caruth

---

# PHOTOS (AUTUMN LEAVES PHOTOGRAPHY)

- Once we receive the game schedule from the Y, we create a picture day schedule, typically set at your game locations for convenience. We'll email you a SignUpGenius link to sign up for a photo slot for your team, or you can always find picture days scheduled here <https://www.autumnleavesphotography.com/Team-Picture-Signup>
  - **Scheduling:** Reserve your team's slot using the SignUpGenius link in your email. If your game changes, adjust online or email me at [info@autumnleavesphotography.com](mailto:info@autumnleavesphotography.com)—I've got you covered!
  - **Photo Day:** Bring your team to the location you signed up for, arriving 10 minutes before your appointment time. We'll start with individual pictures, followed by team shots—wrapping up in about 15-20 minutes. Parents can fill out a pre-order form on-site if they'd like to purchase photos for their kids.
  - **Coach Perk:** The head coach and assistant head coach each receive a complimentary 5x7 Coach/Child picture with a pre-order purchase. Be sure to pose with your child during the session to claim it!
  - **Team Bonus:** If every player's family pre-orders, Autumn Leaves Photography provides a free team digital photo as a thank-you.
  - Secure your slot soon—times fill up quickly! For questions, text or call me at 469-759-0766 or email [info@autumnleavesphotography.com](mailto:info@autumnleavesphotography.com). I'm excited to capture your team's story this season!
  - Ron & Family will also reach out individually when he has schedules!
-

---

# LISTEN 360 SURVEYS

- Surveys are sent out randomly the last two weeks of the season.
- Please help us learn about what we are doing well or how we can improve.
- All surveys are read and responded to by myself or Ty.
- Moody NPS score is a part of employee reviews.

---

# ROSTER DEADLINES AND REMINDERS (TY)

- Late Registration ends Today the 20th (All kids must be signed up by then)
  - Please check your rosters to make sure they are correct
  - Any registrations after the deadline: an email with parent & coach must be sent to a sports director. - This is a process (opening the portal etc) an email with all parties help communication & registration go smoothly.
-

---

# COACH COMPLIANCE

- Volunteer Matters
- Athlete Protection
- CBC
- These are required
- EVERY YEAR
- Returning coaches: Please make sure you add your name to the sport need & check that credentials are up to date. New coaches: follow the guide & email May for any questions or help.
- These need to be done by tonight!

Contact May for any questions!  
[mmacgregor@YMCADALLAS.org](mailto:mmacgregor@YMCADALLAS.org)

---



---

# COACH EXPECTATIONS

## **Dos**

- Provide a safe playing environment for all kids
- Be a positive role model
- Treat all players, parents, and YMCA staff members with respect

## **Donts**

- Subject any child to verbal, mental, physical, or sexual abuse
  - Alcohol, Tobacco, profanity during games
  - Leave any players unsupervised
-

# RULES

| Grade                         | Rookies 3&4 yo<br>Pre-K  | PK4/5<br>Kindergarten  | 1 <sup>st</sup> Grade   | 2 <sup>nd</sup> Grade  | 3 <sup>rd</sup><br>Grade   | 3 <sup>rd</sup> /4 <sup>th</sup><br>Grade                          | 5 <sup>th</sup> /6 <sup>th</sup> Grade                             | 7 <sup>th</sup> /8 <sup>th</sup>                             |
|-------------------------------|--|--|---|--|--|--|--|--|
| Game-Association              | 4v4 or 5v5   | 4v4 or 5v5   | 5v5 or 6v6  | 6v6 or 7v7   | 8v8 or 9v9   | 8v8 or 9v9   | 9v9 or 11v11   | 11v11  |
| Moody YMCA                    | 5x5  | 5v5  | 6v6   | 7v7  | 9v9  | 9v9  | 11v11  | 11v11  |
| Number of<br>Players on Field | 5  | 5  | 5   | 6  | 8  | 8  | 10   | 10   |
| Minimum players<br>to start*  | 3*   | 3*   | 4*  | 5*   | 7*   | 7*   | 7*   | 7*   |
| Game Time                     | *26 min quarters<br>2 min between<br>quarter<br>5 min halftime | 8 min quarters<br>2 min between<br>quarter<br>5 min halftime | 10 min quarters<br>2 min between<br>quarter<br>5 min halftime | 25 min halves<br>5 min halftime<br>3 min halftime            | 30 min halves<br>5 min halftime<br>25 min halves/3<br>min halftime | 30 min halves<br>5 min halftime<br>25 min halves/3<br>min halftime | 30 min halves<br>5 min halftime<br>25 min halves/3<br>min halftime | 35 min halves<br>5 min halftime                              |
| Player<br>Substitution        | Quarters<br>Halftime<br>Injury                                 | Quarters<br>Halftime<br>Injury                               | Quarters<br>Halftime<br>Injury                                | Halftime<br>Your throw in<br>Any goal kick<br>After any goal | Halftime<br>Your throw in<br>Any goal kick<br>After any goal       | Halftime<br>Your throw in<br>Any goal kick<br>After any goal       | Halftime<br>Your throw in<br>Any goal kick<br>After any goal       | Halftime<br>Your throw in<br>Any goal kick<br>After any goal |
| Field Size (yards)            | 25x30<br>15x20   | 25X30  | 30 X 50   | 30 X 50  | 50 X 80  | 50 X 80  | 50 X 80  | 50x80<br>65 yds x 115  |
| Goal Size ft                  | 3'x5'  | 3'x5'  | 4'x8'   | 6.5'x18.5'   | 6.5'x18.5'   | 6.5'x18.5'   | 6.5'x18.5'   | 8'x14'   |
| Goalie                        | No   | No   | Yes   | Yes  | Yes  | Yes  | Yes  | Yes  |
| Offside Rule?                 | No   | No   | No  | No   | Yes  | Yes  | Yes  | Yes  |
| Out of bounds<br>restart      | Kick in  | Kick in/Throw in   | Throw in  | Throw in   | Throw in   | Throw in   | Throw in   | Throw in   |
| Penalty Kicks                 | No   | No   | No  | Yes  | Yes  | Yes  | Yes  | Yes  |
| Direct/Indirect<br>kicks      | Indirect only  | Indirect only  | Indirect only   | Both   | Both   | Both   | Both   | Both   |
| Slide Tackles                 | No   | No   | No  | No   | No   | No   | Yes  | Yes  |
| Headers                       | No   | No   | No  | No   | No   | No   | No   | Yes  |
| Referees                      | Center Referee   | Center Referee   | Center Referee  | Center Referee   | Center Referee<br>and 1 Linesmen                                   | Center Referee<br>and 1 Linesmen                                   | Center Referee<br>and 1 Linesmen                                   | Center Referee<br>and 1 Linesmen                             |
| Ball Size                     | 3  | 3  | 3   | 4  | 4  | 4  | 4  | 5  |
| Max. Roster                   | 10   | 10   | 12  | 14   | 18   | 18   | 18   | 18   |

\*Loan a player rule: One team may loan a player to another team to satisfy the minimum number of players required to field a team or to help even the strength of the two teams. All players on the field of play must be on one of the rosters of the two teams scheduled to play in that match. In 2<sup>nd</sup> grade and up, any goals scored by a loaned player will count toward the team they have been loaned to and scores will be official.

- Field and goal size are guidelines which can vary based on branch field and goal availability.
- Roster size can vary based on available field size and overall roster numbers within each division per branch.
- \*2 15 minute practice time at game start time; then game.

---

# TEAM SIDELINES (JT)

- Teamsidelines is where you can find:
- Schedules
- Rosters
- Rules
- Team Sites

Please make sure you have opted in to receive messages, as we utilize this site often.

Coaches will get most messages- please share with your team!

---

---

# RAINOUTS/RESCHEDULES/PRACTICE REQUESTS (JT)

## Schedules

Will be posted by 8/25. Games will start Step 2nd.

- Conflicts & Reschedules

If you know of a conflict during your season, let us know now! We can work the schedule to include it.

2 week notice for cancellations or conflicts for reschedules. Remember, this does not only affect your team, but your opponent & possibly other teams. We will do our best to accommodate for all conflicts & get games rescheduled.

Approved cancellations are for bad weather, field conditions, & any Y scheduled events. (not for your friend's birthday party or individual school event)

## Practices

If you want practice space on our fields, please fill out the practice field request form. (Sent out via email tomorrow starting at 10AM) In order by grade: prek, 1st, 2nd, etc.

Practice will be held on SUNDAYS. After all requests have been fulfilled- we can look at times during the week.

- Rookie division does not need to reserve practice space. 15 minutes of practice at start of game time. Ex: 8AM game will officially start at 8:15AM
- Practice where you play! (the goals are there)

Typical weekend cancellations will be made by 7:15 am / weeknight cancellations will be made by 3:00 pm

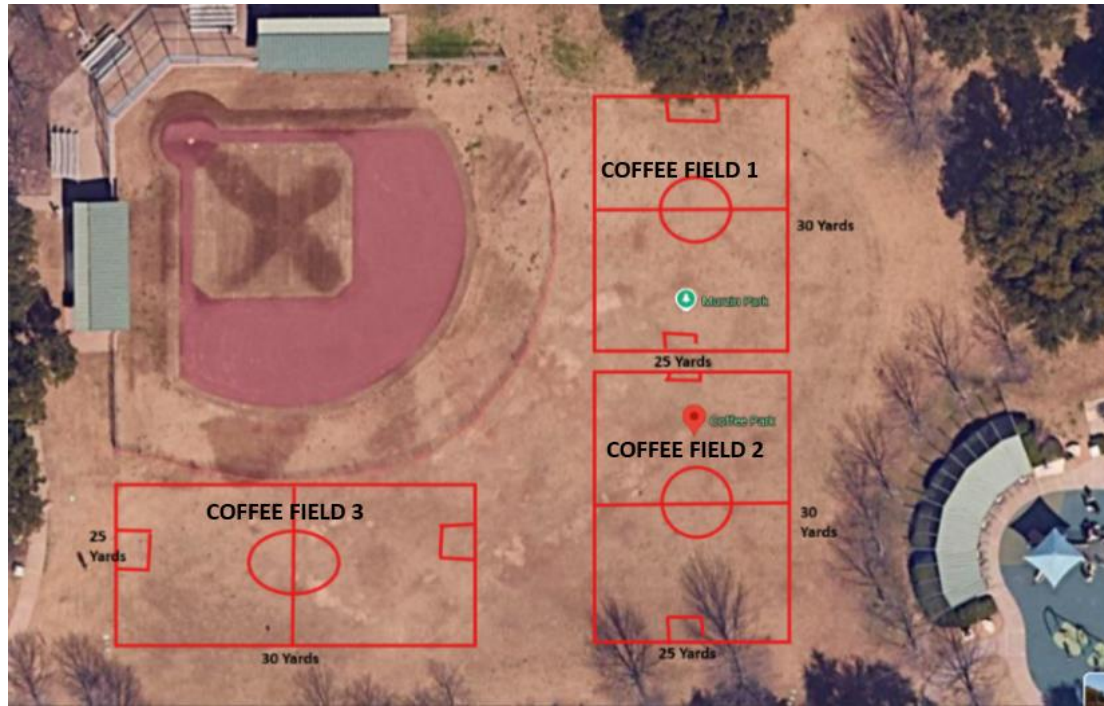
- Field closings will also be communicated via our rainout hotline (972-738-9400)
  - Reschedules will be communicated within 2 business days of cancelled game. If the rescheduled game time does not work for your team, please let us know ASAP
-



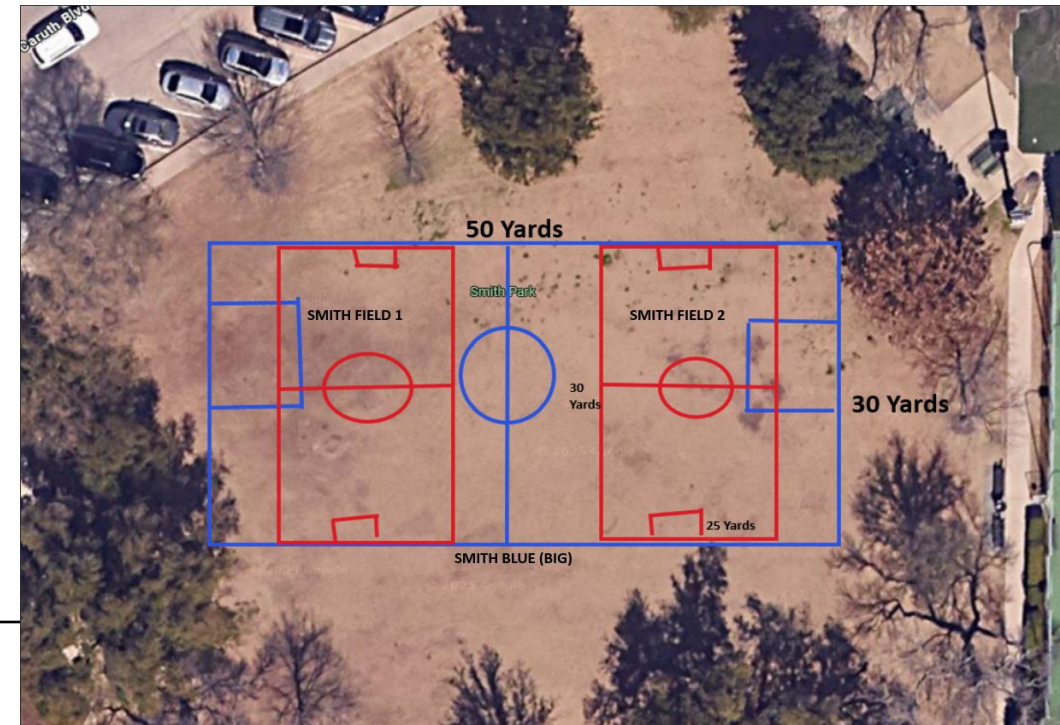
# Park Maps

---

Coffee Park



Smith Park



Caruth Park



---

# QUESTIONS?

- 1st-4th Girls Soccer, Tackle Football– Ty ([tlangston@ymcadallas.org](mailto:tlangston@ymcadallas.org))
  - 1st-4th Boys Soccer, Flag Football, Vball– De'Vante ([dshannon@ymcadallas.org](mailto:dshannon@ymcadallas.org))
  - Rookie, Pre-k, and Kinder Soccer– JT ([jessica.torres@ymcadallas.org](mailto:jessica.torres@ymcadallas.org))
  - Program Wide Concerns – Ty Langston ([tlangston@ymcadallas.org](mailto:tlangston@ymcadallas.org))
-