



Spring Tee Ball 3-4-Year-Old Rules & Regulations

Session Play

- ❖ Teams will begin sessions on time with a 5-minute warm-up.
- ❖ Sessions will be on Saturday's ONLY
- ❖ Sessions will be conducted on a Softball Field
- ❖ Teams will have 2 (1-minute breaks) each session.
- ❖ Sessions will total of **45 mins**

Equipment

- ❖ Ball- Approved (Level1) (RF1)(T-Ball)
- ❖ Bat- small barrel; should not exceed 2-1/4in diameter (Official T-Ball)
 - 24"-26" long; max of 17 to 20 ounces
- ❖ Cleats or Athletic Shoes (NO metal cleats)
- ❖ Helmets must be worn by batters, base runners, and on-deck batters.
- ❖ Tee- adjustable, flexible tube on a movable base.

Session Rules

- ❖ All players will participate on the field during sessions/drills
- ❖ **ONLY two** coaches per team will be allowed on the field to help with sessions.

All coaches must be cleared by the Athletic Office, complete the Background Screening process and have a photo ID coaching badge to be eligible to coach a team. **Badges must be worn and visible at all times.** If a team does not have a coach with a proper ID badge, the session will continue with the assistant coach or cleared head coach if possible.

Updated on February 25