



## Fall Soccer 3-4-Year-Old Rules & Regulations

### Session Play

- ❖ Teams will begin sessions on time with a 5-minute warm-up.
- ❖ Sessions will be on Saturday's ONLY
- ❖ Sessions will be conducted on a multi-field size 30 x 40 ft
- ❖ Goal Size 3 x 4 ft
- ❖ Ball Size – Size # 3
- ❖ Equipment: Cleats (optional) / Shin Guards (required)
- ❖ Teams will have 2 (1-minute breaks) each session.
- ❖ Sessions will total of **45 mins**

### Session Rules

- ❖ All players will participate on the field during sessions/drills
- ❖ **ONLY two** coaches per team will be allowed on the field to help with sessions.
- ❖ Player Participation – Participation always depends on the number of players present. The goal is for all players to get equal session time no matter their ability.

All coaches must be cleared by the Athletic Office, complete the Background Screening process and have a photo ID coaching badge to be eligible to coach a team. **Badges must be always worn and visible.** If a team does not have a coach with a proper ID badge, the session will continue with the assistant coach or cleared head coach if possible.