



3rd-5th Grade Rec Baseball League Rules- Kid Pitch



Scores, Standings, Schedules, Field Locations:
<http://www.teamsideline.com/sites/whitebear/home>

These rules are intended to promote and preserve the sound traditions of the sport and the safety of all participants. There is an inherent risk of major or minor injury from participation. Every individual using these rules is responsible for prudent judgment with respect to each contest, athlete and facility, and each athlete is responsible for exercising caution and good sportsmanship. WBL Community Services and Recreation has overall authority and responsibility for the entire recreation baseball program. The program is administered and directed by the WBL Community Services and Recreation department.

1. League Grade Specifics: 3rd, 4th & 5th Grade
2. Games are 6 innings max
3. Time Limit - A new inning may not be started after 8:15pm, unless a game is tied and there is enough daylight. One inning is the maximum to be played after the time limit. The Umpire is the official timekeeper of the game. **(Games will run 85 min)**
4. A minimum of eight (8) players can start the game. The 10th batter position shall not be declared an out. Teams with 7 players or less will forfeit the game, although the game can be played with both teams' consent. Teams can use 10 defensive players regardless of the number of players on the other team.
5. Teams must bat their entire roster- All players must bat
6. The extra fielder will play in the outfield. The outfielders will position themselves in an umbrella configuration approximately the same distance from the base path. A short fielder is not allowed.
7. Everyone must play at least 3 innings at a defensive position, including games in play-offs. A player may not play the same position more than 3 innings during the game. A player cannot pitch in more than 3 innings. An appearance in an inning will constitute as one pitch to a batter.
8. There is free substitution including the pitcher.
9. All players must wear the Recreation Department's T-shirts-- Team sponsors are not allowed.
10. Metal cleats are not allowed. If caught with metal cleats, the player should change shoes immediately.
11. All batters and base runners must wear helmets. Helmets are not to be thrown. Coaches must run the helmet back to the bench. If helmets are thrown the team will incur an out either in the current inning or the next inning if the team has already incurred their 3 outs. **It is highly encouraged that families bring their own equipment if possible.**
12. Catchers must wear full gear including chest protector and mask.
13. Each pitcher may pitch a maximum of 3 innings per game and no more than 6 innings per calendar week. A pitcher removed from the mound may not re-enter as a pitcher. The pitching distance is 46 feet.
14. Either a player or coach may coach the base runners at first and third base.
15. Bunting is allowed.
16. No infield fly rule will be called. Intentionally dropped fly balls should be called out by the Umpire.
17. Players / base runners will not be allowed to advance once a player in the infield has control of the ball.

18. No leading off, but stealing 2nd and 3rd base is permitted only after the ball has crossed the plate. At no time may a player score as a result of any steal. In order to score the runner must be advanced by a batter. Players may not steal after a strikeout or after a walk. **Each team has a max of 3 stolen bases per inning.** A passed ball will count towards a stolen base if the runner chooses to advance.
19. After a strikeout, if the ball is dropped by the catcher, that batter cannot try to advance to first.
20. Balks are not called.
21. Sliding Rule - Base runners MUST avoid contact or slide at the base where the play is being made. Not doing so results in an out for the runner involved and possible ejection from the game.
22. 6 Run Rule - A team can score a maximum of six runs in their half of any inning. This includes the last inning. If a team leads by more than 6 runs before the last inning the trailing team should still have their chance at bat.
23. If an Umpire does not show up, find someone who is willing to serve as an Umpire.
24. **Rain-Out Policy-** In the event of a rainout, the league director will send an email to all head coaches if games are canceled anytime before 4:30 pm. If head coaches do not receive an email by 4:30 pm, teams should show up at the fields for a final decision on the status of the game. At the game, both coaches and umpires will decide if the game is to be played. If the severe weather siren sounds the game should be discontinued immediately.
25. A Game is considered to be a complete game after 4 full innings have been played.
26. The head coach is expected to address any assistant coach, player or spectator from their team who is physical or verbally interfering with the game. Teams should give encouragement to their own team and say nothing about or to the opposing team. Coaches, players and spectators can be removed from the game and area by Umpires. If baseball is not being played, games will end immediately and won't be rescheduled.
27. The maximum barrel diameter of a bat is 2 1/4 to 2 3/4 inches.
28. All protests are settled at the field
29. Coaches must update their scores via team sideline. An email will be sent to do so after each game.
30. Baseball Association limits – Players that participate on White Bear Lake Baseball Association teams or are members of any other traveling association teams, or are considered MYAS / Gopher State, Little League or Babe Ruth programs ARE NOT ELIGIBLE to participate in the recreational baseball program.
31. Game Ball: RIF 10
32. Base Length: 60 feet

ADDITIONAL PLAY-OFF RULES:

1. All coaches must pick up balls from the Community Services and Recreation Department prior to your first playoff game. *Place your games balls back in your equipment bag for future use
2. A coin flip before the game will determine the home team.
3. Rain-outs during play-offs will be rescheduled according to the following schedule.
4. If games run past 8:30 pm, you must complete each game unless there is not enough daylight. A game must go at least four innings to be complete.
5. Winning teams must update the Team Sideline website with final scores
6. If you are playing in a trophy game, please pick up your trophies before your game at the community services office.

Please remember that this is a recreational league. It is a league where total participation is more important than winning a particular game. Let's keep the league in its proper perspective and have FUN!

End of season: Coaches please clean out your equipment bag and return back to community services.
Make sure to return other players equipment if needed.

White Bear Lake Community Services & Recreation Department
Parent Commitment & Code of Conduct

1. *I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.*
2. *I will place the emotional and physical well being of my child ahead of my personal desire to win.*
3. *I will insist my child play in a safe and healthy environment.*
4. *I will support volunteer coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.*
5. *I will demand a sports environment for my child that is free from drugs, tobacco and alcohol and will refrain from their use at all youth sports events.*
6. *I will remember that the game is for youth- not adults.*
7. *I will do my very best to make youth sports fun for my child.*
8. *I will ask my child to treat other players, coaches, fans, and officials with respect regardless of race, sex, creed, or ability.*

Any violation of the WBL Community Services & Recreation Parent Commitment may result in temporary or permanent banishment from current or future youth recreational programs.

Revised 5/16/2025