

Players:

1. Be on time and ready to practices and games.
2. Be willing to work hard without complaining or being disruptive
3. Be respectful of the coach and other adults
4. Follow all team guidelines and rules
5. Follow coaches instruction on the field
6. Be a positive influence to your teammates by providing encouragement and leadership
7. Always sprint on and off the field
8. Never argue with umpires call, slam helmets or bats, etc. Hustle off the field.

Coach:

1. Be prepared for practices and games
2. Treat each player fairly
3. Communicate expectations to players and parents
4. Treat the players like young men
5. Limit yelling to attention getting situations only
6. I'll never punish a player for a physical error such as strikeout or field error
 - a. Ok to punish player for lack of effort, poor sportsmanship, attitude, arguing a called strike/out, etc.
 - b. Punishment could mean being benched, moved down in batting order, or pushups, sprints, or other physical enhancement activity.
7. Never let the players give up

Parents:

1. This is rec league ball. It is my goal to push each kid to reach the next level and be as competitive as we can be. Player experience in getting reps in at different positions is top priority over winning a particular game.
2. Go in with the expectation that umpires are going to make bad calls. They are 14-16 year old kids working their first job. Assume they are doing the best they can.
3. Refrain from instructing from the stands. Cheering should be limited to encouragement or congratulations.
4. If I make a decision you don't agree with regarding position or benching your kid, wait until at least the day after the game to approach and I'll be glad to discuss.
5. Have your son to practices and games on time.
6. Set availability in Team Sideline ahead of time so I can plan ahead.