

Division		Grades, Ages	Bases Pitching
T-Ball	6U-6&Under	PreK-K (Coed) Age 4-6	50ft
Boys Instructional	8U-8 & Under	Grades 1-2 Age 6-8	42'/60'/Orange Safety Bases
Girls Instructional	9U-9 & Under	Grades 1-2 Age 6-8	30'/55'/10ft Radius/Safety Bases
Boys Rookie	10U-10& Under	Grades 3-4 Age 8-10	42'/65'
Girls Rookie	11U-11& Under	Grades 3-4 Age 8-10	35'/60'/10ft Radius/Safety Bases
Boys A	12U-12& Under	Grades 5-6 Age 10-12	50/70
Girls A	13U-13& Under	Grades 5-6 Age 10-12	40'/60'/8ft Radius/Safety Bases
Girls AA	15U-15& Under	Grades 7-10 Age 12-15 (exceptions for 16 in 10th)	40'/60'/8ft Radius/Safety Bases

### Tee Ball Fields:

Tee Ball/ Coach Pitch Fields: Field #11-#14 are located up behind Pavilion #10 on the west side of the park

Field #8 (Soccer) is a tee ball field set up on Soccer Field #8 on the map- south entrance to the park by the road

Field #7 (Soccer) is a tee ball field set up on Soccer Field #7 on the map- south entrance to the park by the Soccer Concession Shed and Restrooms

### Pitching Machine:

Boys Instructional                      Pitching Speed 36

Girls Instructional                      Pitching Speed 34

### GroupMe Links for Head Coaches:

TB- Tee Ball	<a href="https://groupme.com/join_group/104923074/l86XwNMh">https://groupme.com/join_group/104923074/l86XwNMh</a>
TB-Coach Pitch	<a href="https://groupme.com/join_group/104923084/BCaJ0SIO">https://groupme.com/join_group/104923084/BCaJ0SIO</a>
Girls Instructional	<a href="https://groupme.com/join_group/104923094/zV39wQjJ">https://groupme.com/join_group/104923094/zV39wQjJ</a>
Boys Instructional	<a href="https://groupme.com/join_group/104923099/EmDGpxHG">https://groupme.com/join_group/104923099/EmDGpxHG</a>
Girls Rookie	<a href="https://groupme.com/join_group/104923103/tlkHCW2O">https://groupme.com/join_group/104923103/tlkHCW2O</a>
Boys Rookie	<a href="https://groupme.com/join_group/104923111/Mzzpinqt">https://groupme.com/join_group/104923111/Mzzpinqt</a>
Girls A & GAA	<a href="https://groupme.com/join_group/104923121/y9G2Asl4">https://groupme.com/join_group/104923121/y9G2Asl4</a>
Boys A	<a href="https://groupme.com/join_group/104923131/wQhTH6TV">https://groupme.com/join_group/104923131/wQhTH6TV</a>
Boys AA	<a href="https://groupme.com/join_group/104923144/83DvjED0">https://groupme.com/join_group/104923144/83DvjED0</a>
HS AAA	<a href="https://groupme.com/join_group/104923149/Fqc8SwEM">https://groupme.com/join_group/104923149/Fqc8SwEM</a>

### Concussion Certification

HEAD COACHES ONLY-Concussion Certificates-this will take you to the CDC Heads Up Website to watch and take a test for Youth Sports Coaches-- PLEASE SAVE THIS CERTIFICATE one it is issued-screenshot it, save it, whatever you can as it does not save this. Once done, email it to us. Every 2 years.

Concussion link: <https://www.train.org/cdctrain/course/1089818/details>

## **Background Check**

ALL COACHES- Tri-Township Park District requires all coaches to complete a Background Check every 2 years.

A link to be added ASAP.

## **Heat Advisory Policy**

The following heat index policy guidelines have been established to ensure the safety and welfare of all players, coaches, and umpires involved with the sport of softball.

## **HEAT INDEX ACTIONS**

80° - 89°: Use caution; Monitor athletes carefully for necessary action.

90° - 104°: Use extreme caution; Ensure water breaks are allowed as needed; Ensure that all individuals drink fluids and that uniforms are modified to ensure the coolest level available.

105° - 114°: Games will be shortened in duration to allow a longer break between games for all involved; Alter uniforms where feasible;

115° & Above: All activities will be suspended until the heat index is below 115

## **Heat Advisory Options & Suggestions**

Pushed back to 7pm

No new innings for softball & baseball will start after 75mins

Coach pitch & Tee Ball no new inning after 45mins

Players playing the position of catcher may not catch for more than two consecutive innings

Watch and monitor participants and take any necessary action

Our goal is safe first. Please remind your players to bring water and to take breaks when needed.

## **Needed from you as a Coach:**

- [Concussion Training](#) (Save Certificate and Forward Required)
- Coming Soon (Required)
- Coaches shirt size. ALL Assistants must do all paperwork to be an assistant.
- Black out Date- you get 2 from April 28-July 3.

## **What you will receive from us and what the players Need:**

- We supply a Team bag with helmets and balls, catchers gear for Instructional and up and TBALL-you bag will also have a T and throw down bases. Instructional will receive a bat.
- Head Coaches and 2 assistants will receive a shirt.
- The players will receive a shirt and a hat. The kids will need a glove and to bring a water bottle to practice. Boys Instructional up need a cup. Tee Ball- your kids can wear black shorts, the rest of the divisions you will decide your pant color, sock choice, etc.

- Rules
  - Rules are linked in Team Sideline
- Practices
  - GET PARENTS INVOLVED EARLY TO HELP
  - Practice schedules will be given out at draft. If your day does not work--you will need to swap with another coach. Field space is LIMITED. If you know prior that you cannot practice on a certain day-LET US KNOW. You will be designated a field, day and time for practice. If you do not wish or cannot at that time, FIELDS ARE OPEN SATURDAY AFTERNOONS AND SUNDAYS MOST WEEKENDS.
  - Once games start, assigned practices stop.
  - Tee Ball, you have throw down bases and can practice anywhere.
  - We do not call rain/weather for practice. Use your best judgement-light rain is playable unless it has been raining all day-try not to tear up the fields. Lightening and any other safety concern, practice must be called off.
  - If a field is lined, it has a game on it (Select of High School) so it is off limits.
  - We do not know the conditions of the fields here in the office.
  - If you move a mound or bases, please out them back-mounds are set to each age group.
- Games
  - Game Schedules will come out by mid-April-sooner if we can. Games start approx. April 28 and run thru June for league play. Tee Ball, your season is over after league games. All other divisions will be scheduled TBD dates for Playoffs for when league play in your division is over. If you do not wish to play in the playoffs, we will need to know by June 10.
  - Tee Ball and Instructional do not have Umpires. Rookie up has umpires. (Playoffs for Instructional will have an umpire).
  - We will send out a 24-hour review of your schedule by the second week of April. This is for errors. We cannot change games unless it is an error. If we change your game, it affects the other team's schedule. If you have an issue, we need to know by draft date. We cannot accommodate a list of dates--please talk to your Assistants and Parents for help. Game changes due to rain are difficult enough to reschedule, we will NOT reschedule for personal issues. If you do not have enough to play, email other coaches in your division. It is a forfeit for inability to field a team. Many of you know this got way out of hand.
  - We call games for our park only. We call by 3:30 during the week and 7:45 Saturday mornings. We update Park Facebook Page and Team Sideline. If there is a threat of storms, we will not call. We call for FIELD CONDITIONS at the time of 3:30. Anything after that will happen on the fields by the Umpire Coordinator. He is located in UMP shed at Field #4. Stop and talk to him. You are not allowed to call a game unless both coaches agree, and the umpire coordinator approves. (Tee Ball is the only exception. Tee Ball coaches, you will have throw down bases to play in any green space as no refs are needed).
  - If you play at another park, check their park for updated cancellations.
  - If you have started games and there is an issue such as lightning or severe weather, our Umpire Coordinator will make this call. He will have an airhorn, he has a Golf Cart, and he will get to you. We follow a 30 min per lightning strike rule within 10 miles. We will push back once if storms look to be passing. If the storms look to be staying, the game may be cancelled after the first lightening strike.
- Pictures
  - Picture Day is May 10<sup>th</sup> from 7PM-1PM at the Community Center. Your time will be assigned once teams are formed.
  - Coaches are required to let you parents know. They do not have to take pictures as individuals or a team, but they need to be given the option. You may not have a game this day. If not-have a practice after. This will be the only picture day. Teams may run late to a game due to pictures.
- End of the Season
  - We have Medals for Tee Ball and Instructional. Rookie up are 1st and 2nd Place Medals Only.
  - We will have Bag Drop times or you can drop off at the Park Office.
  - Tee Ball PLEASE TAKE YOUR TEE APART BEFORE TURNING IT IN.
  - Think about Coaching Next Year!