

# U7 Soccer Rules

## Primary Objective: Fun and Participation

## Secondary Objectives:

1. Understanding of the Game
2. Individual Player Development (preparing the player for the next level)
3. Team Play

This is a developmental league. Standings and scores will not be kept throughout the season

Referees will be encouraged to show players how to perform, throw-ins, corner kicks and goal kicks and when appropriate, instruct the players.

- All players should play an equal amount of time when possible.
- Coaches are not to be on the field and must be on the opposite side of the field from the parents.
- Coaches will remain on their half of the midfield line & not walk up and down the length of the field.
- Coaches and parents are not to stand behind the goals.
- #3 ball
- 5 v 5 without a goalie.
- There is no goalie. Players standing in the goal acting as a goalie will be told to move.
- 4 x 10 minute quarters. 3 minutes rest between quarters. 5 minutes at halftime.
- No off sides
- Throw-ins but they don't have to be perfect. Teach them how to do it and give them two chances.
- All kicks are indirect
- Corner kicks are taken from the long corner (the corner of the field).
- Free substitutions by both sides on throw-ins, goal kicks and after goals.
- No jewelry or earrings of any kind
- No headers. Will result in a free indirect kick.
- Referees will call hand balls if they are blatant. Will result in an indirect kick.
- Pushing or tripping will be called at the discretion of the referee. Result is an indirect kick.