



CITY OF NOVATO
PARKS & RECREATION

ADULT SPORTS MANUAL

Basketball 2025

I. BASKETBALL REGISTRATION INFORMATION

- A. There will be no priority given to a returning team.
- B. Teams will be accepted on a first come first serve basis. Registration is done exclusively online on Novato.org/RegForFun.
- C. Men's Basketball
 - 1. Space is limited to the first 10 teams per division. A waiting list will be established if a league is full.
 - 2. League fee is \$833 per team.
- D. Women's Basketball
 - 1. Space is limited to the first 10 teams per division. A waiting list will be established if a league is full.
 - 2. League fee is \$833 per team.

II. LEAGUE FORMAT

- A. Teams may be moved to a different level depending upon last seasons finish. All decisions on the division the team will compete in will be decided by the Recreation Coordinator.

Division	Number of Teams	Game Night	Facility
Men's A	4-10	Sundays	Hamilton Comm Gym and Novato High School Gyms
Men's C	4-10	Sundays	Hamilton Comm Gym and Novato High School Gyms
Men's D	4-10	Sundays	Hamilton Comm Gym and Novato High School Gyms
Women's	4-10	Sundays	Hamilton Comm Gym and Novato High School Gyms

*Number of teams per division will be determined by the Parks and Recreation Department (due to facilities availability, registration, etc)

- B. When league schedules are prepared we cannot guarantee game times, and/or gym locations will be balanced.

III. LEAGUE FACILITIES

- A. Hamilton Community Gym, 5530 Nave Drive, Novato, CA 94949
- B. Novato High School Old Gym, 625 Arthur Street, Novato, CA 94947
 - This gym is located in the front of the school, near the upper parking lot
- C. Novato High School Gordon Gym, 625 Arthur Street, Novato, CA 94947
 - This gym is located near the back of the school; pass the tennis courts to find the entrance.

IV. TEAM ROSTERS

- A. A completed roster is due at registration. Rosters must be completed online. Incomplete rosters will not be accepted. Players will complete the individual waivers online. Contact Novato Sports (sports@novato.org) if you need assistance.
- B. Rosters must have a minimum of five and a maximum of twelve players. Players must be at least 16 years old.
- C. Roster information is for City use only and will not be given to other parties.
- D. Roster add/drop policy:
 - 1. Players may be added to a team roster provided the roster limit is not exceeded.
 - 2. To officially drop a player from the roster the team manager must remove them from their online roster.
 - 3. Players may be added until the fifth week of the season. The Parks, Recreation and Community Services Department must approve any additions after the fifth week.
 - 4. To officially add a player to the roster, they must be added to the online roster.

V. PLAYER ELIGIBILITY

- A. All players must be at least 16 years of. The parent or guardian will need to sign the waiver for players under 18 years old.
- B. Any player ejected from a game will automatically be suspended from his/her team's next game, playoff games included. Ejected player is required to vacate the game site immediately.
- C. A player must have participated as a player in at least 50% of the league games in order to be eligible for any playoff game. This is determined by the waivers signed onsite, each week.

VI. TIE BREAKING PROCEDURES

- A. The following procedures will be used to determine final league standings when two or more teams finish the season tied:
 - 1. Winning percentage among the teams involved in the tie.
 - 2. Head to Head record among the teams involved in the tie.
 - 3. Point differential amongst teams involved (up to 15 points).
 - 4. Points Allowed.
 - 5. Points Scored.

VII. PLAYOFFS

- A. All playoff games will be set at the beginning of the season and may vary from the normal league schedule and subject to change.
- B. The higher seeded team in the playoffs shall be the home team.

VIII. AWARDS

- A. Basketball Playoff Champions will receive a maximum of ten (10) championship T-shirts (2 Med, 4 Lg, and 4 XL, 2 XXL). Additional T-shirts may be purchased for \$15 each.

IX. MISCELLANEOUS INFORMATION

- A. Insurance: Persons or players participating in activities sponsored by the Parks and Recreation Department are not covered in any way for personal liability or property damage. This means that players are competing in the leagues at their own risk and are advised to obtain their own insurance as their personal needs may require.
- B. League information, including rules, rosters, and this manual are available on the City of Novato website, Novato.org/Sports.

X. BASKETBALL LEAGUE RULES AND REGULATIONS

A. Official National Federation of High School Associations (NFHS) Rules and Regulations for the current year shall govern play with the exception of local league rules.

B. HOUSE RULES:

1. 5 Minute Rule: If a team does not have the 4 required players at game time, the clock will start. If after 5 minutes they still don't have enough players, then the game will be declared a forfeit. Teams may play with 4 players for the entirety of the game.

2. A game shall consist of four (4) 10-minute running clock quarters, with a one minute halftime. The clock will stop in the last ten seconds of each quarter, and the last two minutes of the last quarter on all whistles. If the point difference is ten or more in the final two minutes of the game, the clock will continue to run.

3. Forfeits will count as 1 ½ losses in the standings.

4. The second team foul in the last two minutes of the game will result in two shots for the team offended. this will continue should there be an overtime or subsequent overtimes.

5. Each team receives one full timeout, and two thirty second timeouts per game.

6. The bonus situation will occur on the 5th team foul per quarter. At that time, all free throws will be two shot fouls.

7. All players must conform to the City of Novato Parks and Recreation Department Adult Sports Code of Conduct.

8. Any player ejected from a game will automatically be suspended from his/her team's next game, playoff games included. Ejected player is required vacate the game site immediately.

9. A player must have participated as a player in at least 50% of the league games in order to be eligible for any playoff game. Captains and players will sign a waiver and code of conduct form each week, counting towards their playoff eligibility.

10. Any team that uses an illegal player in a playoff game will be suspended for the next season.

11. Players may only substitute for other teams in the same division to avoid a forfeit during the regular season, but not during playoffs.

12. No food or drink is allowed in the gymnasiums.

13. All trash must be deposited in receptacles provided.

14. Smoking, vaping, alcohol and illegal drugs are prohibited at all times at all recreation events.

15. No hats shall be worn during games.

16. Dunking will be permitted during the game, but not prior to, or at intermission of the game.

17. Two officials will be assigned to your game. If only one is present the game shall be played and will be official.

18. A technical foul will result in an automatic two points and the ball for the other team.

19. Three unsportsmanlike technical fouls on a team will result in forfeiture of that game.

20. Any player who receives three unsportsmanlike technical fouls during a season will automatically be suspended for at least one game.

21. Teams are required to have numbered jerseys of the same color, with home team being the lighter color.

PLEASE NOTE:

Free Throws will be administered per official National Federation of High School Associations (NFHS) Rules and Regulations: players in marked lane spaces to enter the lane when the ball is released by the free thrower. The restrictions for the free thrower and players not in marked lane spaces remain in effect until the free throw touches the rim or backboard, or until the free throw ends.

Intentional Fouls will be administered per official National Federation of High School Associations (NFHS) Rules and Regulations.