## **EBSA**

# **T-Ball Rules 2021**

### **General Rules**

- 1. It is the home team's responsibility to ensure the field is ready for play.
- 2. The home team will be listed 2<sup>nd</sup> and their dugout will be on the 3<sup>rd</sup> base side.
- 3. All teams are responsible for cleaning up after the game.
- 4. No player may play more than one team in the league or change teams after the season begins.
- 5. There will be no score kept in this division.

#### **Field Dimensions**

- 1. Baselines should be 50 feet.
- 2. Pitcher(Coach) should be around 20ft away from plate.
- 3. There will be a 10' arc in front of Home Plate.

## **Official Game Rules**

- 1. Game times will typically be 5:00 p.m. or 6:00 p.m.
- 2. A game consists of 3 innings or 60 minutes, whichever comes first. No new inning shall start after 50 minutes.

## **Batting**

- 1. All players will bat every inning.
- 2. Batters will receive 3 pitches from their coach. If the batter has not hit the ball into the field of play, the ball must be placed on a tee. **NO STRIKEOUTS.**
- 3. The ball must pass the 10' Arc line in front of home plate to be considered fair. Any ball failing to cross the 10' Arc is considered foul and returned to the tee.
- 4. Coaches are encouraged to pitch overhand, preferably in kneeling position to ensure the ball is released at eye level. Put as much pace on the ball as the batter can handle to encourage quick bat speed.
- 5. Helmets will be worn at all times when up to bat, on deck and running bases.

## **Base Running**

- 1. No stealing or leading off.
- 2. All players are allowed to take only one base at a time, unless they are the last batter.
- 3. If a player is forced out or tagged out, they are out and must return to the bench.
- 4. Sliding is allowed if done safely.
- 5. Base coaches are not allowed to touch runners.

#### **Fielding**

- 1. Each team will field all of their players. 5 players in the infield playing 1<sup>st</sup> base, 2<sup>nd</sup> base, 3<sup>rd</sup> base, shortstop and pitcher. The rest of the players will play outfield (in the grass) **Players MUST rotate positions each inning.**
- 2. No infielder may advance closer than 30' from home plate until the ball is hit.
- 3. The defensive player that is playing pitcher must wear a helmet.
- 4. Once a player has control of the ball in the infield or at a base, the play stops.
- 5. Defensive teams are allowed 2 coaches in the outfield. Coaches are not allowed to touch players. Coaches should only assist players in making the right decision on what to do with the ball.

## Areas of Focus for this level:

#### **General:**

- 1. Sportsmanship (cheering on teammates, no negative comments or booing opposing team)
- 2. Learn basic rules of the game
- 3. Game awareness (paying attention) Offense:
  - 1. Proper batting stance
  - 2. Proper way to drop the bat after a hit (No throwing bats)
  - 3. On deck players learn to remove bat from field of play
  - 4. Teach runners that they are not allowed to touch a batted ball
  - 5. Learn to run past 1<sup>st</sup> Base, but stop on 2<sup>nd</sup> and 3<sup>rd</sup> Bases <u>Defense</u>:
- 1. Proper way to field fly ball, grounder or ball thrown from another player
- 2. Proper way to throw a ball. "T" stance, overhand throws
- 3. Learning defensive positions and where to stand when playing the positions
- 4. Learning to make defensive play (get batters/runners out)