



Rolesville Parks & Recreation

2020 Fall 8U, 10U & 12U Soccer Rules

- 1.0 **Player Eligibility** (All ages will be determined as of August 1st of the current year.)
8U Coed - 7-8 Year Olds
10U Coed – 9-10 Year olds
12U Coed - 11-12 Year Olds
- 2.0 **Ball**
A size 4 ball will be used.
- 3.0 **Players**
Each team will have 7 players on the field including the goalkeeper.
- A team may play if they have (5) or more players. If a team has (4) players or less at any point during the game, then that team must forfeit.
- 4.0 **Equipment**
Shin Guards will be mandatory for all players. No metal cleats allowed.
- 5.0 **Officials**
There will be one official for each game.
- 6.0 **Duration of game**
Games will consist of four 10-minute quarters with a 2-minute break between quarters and a 4-minute half-time break.
- 7.0 **Start of play**
A coin toss will determine which team kicks-off to begin play. All players must be on their side of mid-field at kick-off. After a goal is made the team not scoring the goal will kick-off to resume play.
- 8.0 **Ball out of play**
The ball should be thrown in from the point it went out of bounds if it goes out on the sideline. A thrown ball must be with both hands from over the player's head and both feet on the ground. If the ball goes out of bounds on the end line, a corner kick or goal kick will be used to put the ball in play.
- 9.0 **Off-sides**
There will be no off-sides called in this division.
- 10.0 **Fouls**
All fouls will result in an indirect free kick from the spot of the foul.
- 11.0 **Penalty Kicks (direct kicks)**
11.1 There will be NO penalty kicks used. (8U Soccer)
11.2 (10U & 12U Soccer) There will be a penalty kicks in this league:
11.2.1 Example: Unsporting behavior and handling the ball.

12.0 Kicking Zone

On all kick-offs, free kicks, goal kicks, or corner kicks opponents must be at least 8 yards away from the ball.

13.0 Uniform

All players should be dressed alike. All uniforms (shirt and sock) that are provided by the Town of Rolesville must be worn by all team members. No one is allowed to alter their uniforms at any time.

14.0 Coaching

Only coaches who have been certified and approved by the Rolesville Parks & Recreation Department will be allowed to be on the field of play at any time, this includes but not limited to, practices and games.

Each team will have one (1) head coach and one (1) assistant coach on the field and side line at all times.

15.0 Games

Each team will play (8) regular season games, with a single elimination tournament after the regular season (2 game guarantee). Brackets will be a random draw.

16.0 Scoring

All goals scored with any legal part of your body will be counted.

16.1 Scoring

There will be NO HEADINGS allowed in this league.