



San Joaquin Jr Rams Cheer & Football

The official youth football and cheer program for Saint Mary's High School

Medical Clearance Form

The completed physical must be for this Calendar Year and dated after April 15th 2026

Childs Name: _____ Age: _____

Date of Birth: _____

Known Food or Drug Allergies: _____

Known Disabilities or Medical Conditions: _____

Physician's Statement of Health: (Must be completed by a medical doctor)

I certify that I have examined _____

And have found no gross evidence of any abnormality that will keep him/her from participating in the San Joaquin Jr Rams youth tackle football and/or Cheer program.

Physician's Name: _____

Address: _____

Phone: _____

Signature: _____ Date: _____

**Physician's Stamp
REQUIRED**



Member of the Sierra Athletic Conference League