

Adult Softball Rules and Information

League is Recreational

Slow pitch/USSSA rules

6 games over four Sundays in June (6/6, 6/13, 6/20, 6/27)

Double headers are included

18 and older (out of high school)

12 players per team max/10 players on field/equal number of males and females

Alternate male/female batting order

May play with 8

No players added after roster submitted

7 innings/55 minutes/may extend if tied

1 Umpire per game

12 inch ball provided by the LRC

3 Home runs per game max. Additional home runs are automatic outs

5 Warm up pitches before game/1 warm up pitch between innings

Mercy rule 15 runs after 3 innings/10 runs after 5 innings

No metal cleats

\$200 per team

Lewis and Young Park does not allow alcohol