

## Rules & Expectations

- 1) We value everyone's time. Please be punctual so practices don't run long
- 2) No press or zone. We play Man to Man. When the other team recovers possession of the ball all players should run back. NO WRESTLING or jump ball.
- 3) All kids play, this is not the NBA do not harass or berate the coaches
- 4) Games will be **5 minute quarters** with 5 minute half time so approx. 25 minute games
- 5) No formal picture day. We will take team pictures and provide them digitally for your convenience. You will find a link on to a google drive folder when the time comes
- 6) This is a learning experience not only for the kids but for us trying to run the league. Please bear with us as we try things, to see what works and what doesn't. We may tweak times or switch gyms as we go. We also work around the high school schedule, if they add a game or scrimmage we will have to adjust.

### Schedule

Thursday December 5th: Evaluation Day

Thursday December 11th: Practice

Saturday December 14th: 1st Games

Wednesday December 18th: Practice (RHS has Thursday night games in gym)

December 21st: Games

January 9th: 1st Practice back

January 11th: Games

January 16th: Practice

January 18th: Games

January 22nd: Practice (RHS has Thursday night games in gym)

January 25th: Last Games