

Northwestern Youth Tball 2025

Goals:	Field layout (bases and positions) Dugout Behavior	Inning Cycle Fielding Basics	Batting Basics	
Equipment:	Soft T-balls (Provided) Helmet (Optional)	Tee (Provided)	Bat	Glove
Field:	50ft bases			

Game Play:

- Games consist of 1-hour time limit, Be prompt and respectful of games before and after
- Target 4 innings, more if time and kids allow
- Scores are not kept
- The rules are in place as guidelines
- Focus on fundamentals not competition
- No Umpires, Coaches are in charge

Offense Rules:

- All players bat
- Rotate batting order each inning
- 1st at bat; Hit from Tee only
- 2nd at bat on; Each batter gets 3 good pitches from coach
 - If no hit after 3 pitches batters use Tee
- Batter cannot walk or strike out
- Runners may only advance multiple bases on well struck balls to the outfield
- Runners may not advance on overthrows
- No stealing, leading off, or tagging up
- Inning is over when all players have batted once
- The last batter each inning will clear the bases (home run).

Defense Rules:

- All players play defense
- Infield positions; ~ min 35ft from home plate or baseline
- Outfield positions; ~20 ft behind infielders
- No catchers
- Rotate Defensive positions each inning (all kids play all positions)
- Defense should try and make a play on the runner (Throw the ball, No rolling)
- Runners will be removed from bases when an out is made

Games

Offense Coaches:

- Pitcher's Mound; Pitch, Direct Runners
- Catcher; Set-Up Tee, Coach Batter
- Dugout; Maintain dugout and batting order

Defense Coaches:

- Right Side Field Coach: Help 1st Baseman, Instruct fielders
- Left side on field coach; Instruct fielders

