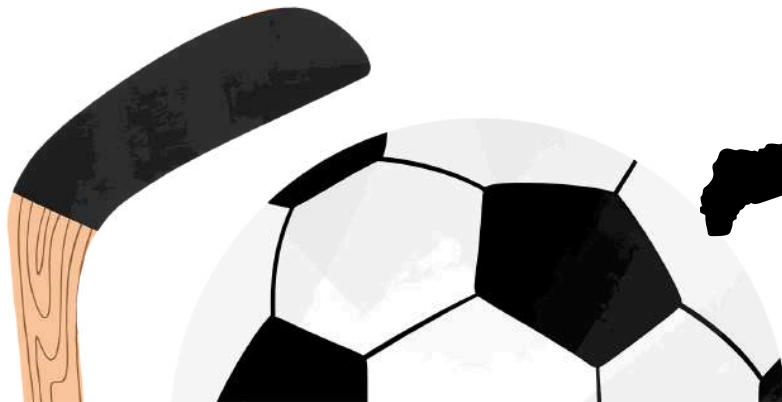




PARENT GUIDE

2025



ABOUT OUR PROGRAM

Sports Camp is designed to help athletes of all ages and skill levels improve their abilities in various sports, including basketball, baseball, volleyball, soccer, etc. We offer exceptional training and coaching in a supportive environment, focusing on skill development and personal growth.

Each session emphasizes the essential skills and techniques needed for success, guided by experienced coaches. We cater to both beginners and advanced players, ensuring everyone can enhance their performance.

Sports Camp prioritizes personal development, teamwork, and discipline. Participants engage in drills that boost their physical skills while fostering responsibility and sportsmanship. Athletes leave with a deeper understanding of sports, new skills, and a lasting passion for athletics.

Whether you want to improve your performance, learn a new sport, or enjoy competition, Sports Camp provides the ideal setting for growth. The supportive atmosphere encourages athletes to push their limits, build friendships, and gain valuable life lessons that extend beyond the field.

WHAT WE OFFER

Friday Fun at Sports Camp!

At Sports Camp, every Friday is packed with exciting special events designed just for our athletes! Each week, a new vendor joins us to bring fresh, fun experiences that let our athletes try something new and thrilling. Here's a sneak peek at some of the awesome activities they can look forward to:

Gaming Trucks

Athletes can dive into the world of video games inside our mobile gaming trucks! With the latest games and multiplayer action, it's the perfect place to challenge friends or make new ones.

Water Slides

Cool off and enjoy the thrill of our giant water slides! For an extra splash of fun, try your hand at the dunk tank – whether you're aiming for the target or taking the plunge, it's always a hit!

Thor's Reptile Show

Get up close and personal with incredible creatures during Thor's Reptile Show. From snakes to lizards, this hands-on experience is both educational and exciting. Athletes might even get a chance to touch or hold a reptile!

Hoops Academy School of Basketball

Love basketball? This is your spot! Whether athletes are sharpening their dribbling, learning new techniques, Hoops Academy brings top-notch fun and skill development. Tennis Shoes are Required to participate.

Magician Experience

Prepare to be amazed! A professional magician will perform mind-blowing tricks and illusions that will leave athletes wide-eyed and full of wonder. It's an unforgettable show packed with mystery, laughter, and magic!

Every Friday at Sports Camp is a chance to try something new, make lasting memories, and have a blast with friends. We can't wait to see all our athletes enjoying these awesome experiences each week!

SPIRIT DAYS

JUN
5



Sports Jersey Day



JUN
12

VILLAIN DAY



JUN
19

PAJAMA
DAY!



JUN
26

90's Day



JUL
3

MIX'N'
MATCH



JUL
10

TWIN DAY



JUL
17



POKÉMON DAY



JUL
24

Tie-Dye Day



JUL
31

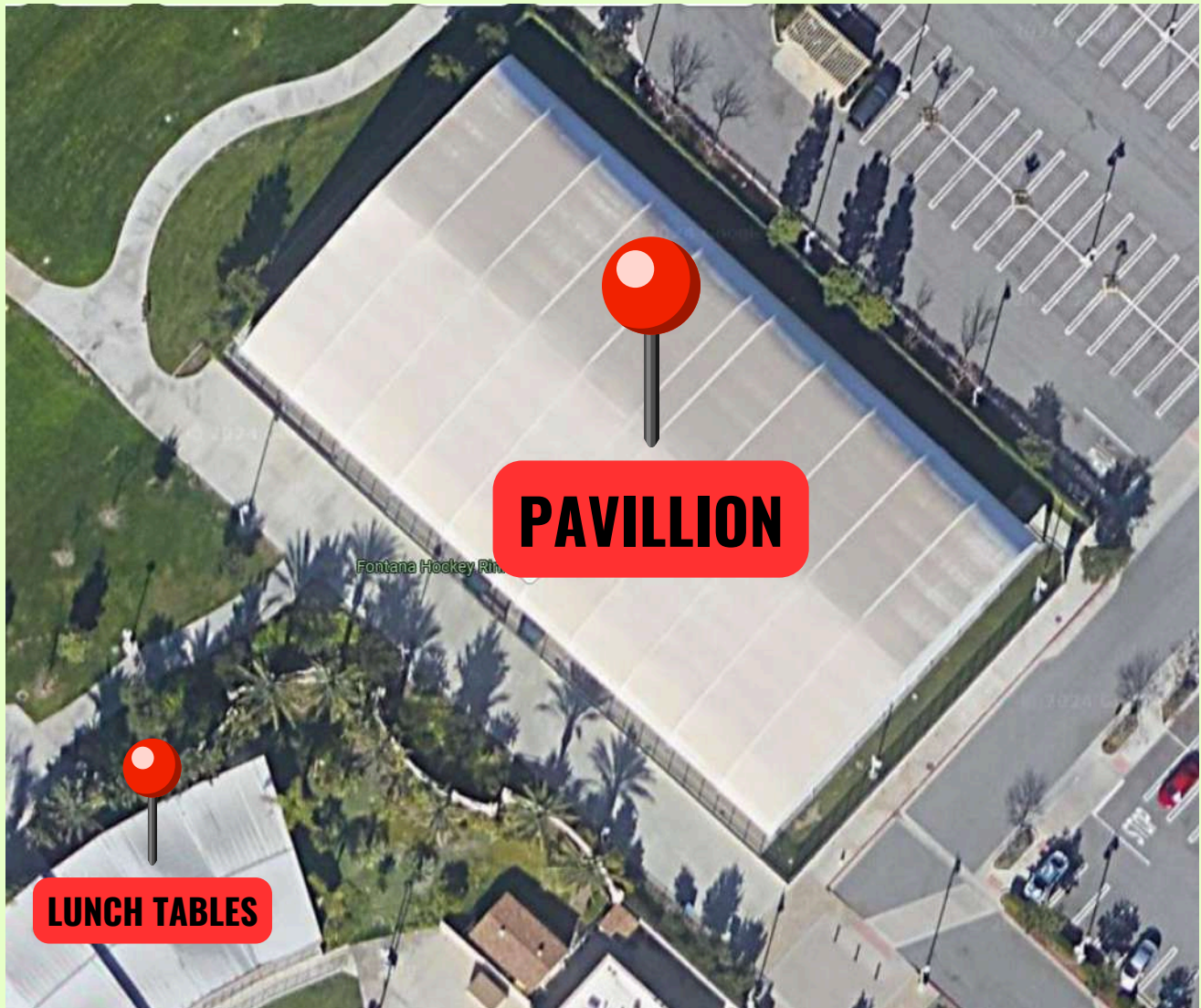


TEAM
COLOR
DAY



SIGN-IN/SIGN-OUT AREA

IF YOU ARE PICKING UP YOUR ATHLETE DURING OUR LUNCH/SNACK OR POOL HOURS PLEASE GO TO THE LUNCH TABLES FOR SIGN IN/SIGN OUT





REMEMBER!

WATER BOTTLES

Water stations are available at all times for your child. Please remember to pack a reusable water bottle to reduce amount of cups used. Your child will be provided with a bottle the first day of camp. Please make sure to write your child's first and last name on their water bottle!

CLOSED TOE SHOES

Your child will be participating in many outdoor activities. For their safety, they must wear athletic, closed toe shoes at all times. They may pack flip flops/sandals in their bag for swim days and may only be worn at time of swim.

SUNSCREEN

The summer is very hot! We recommend packing sunscreen for your child for protection. Sunscreen will NOT be provided. Please keep in mind if assistance is needed for application, we may only assist with spray-on sunscreen.

LUNCH & SNACKS

Lunch and snacks are provided for your child. However, if you wish to pack your child extra lunch or snacks, remember that we do not have a refrigerator, so items must be kept in their bags.



**ANY VIOLATION OF THE FOLLOWING
RULES WILL RESULT IN
APPROPRIATE CONSEQUENCES, AS
DETERMINED BY THE
COORDINATOR AND CAMP SR.**

1. RESPECT ALL COACHES, EQUIPMENT, AND FACILITIES.
2. NO PUSHING, GRABBING, HITTING, KICKING, OR BITING.
3. NO UNAUTHORIZED RUNNING OR JUMPING.
4. NO ROUGHHOUSING, CLIMBING, STANDING ON, LIFTING, OR CARRYING OF EACH OTHER
5. NO POOR SPORTSMANSHIP.
6. NO NAME CALLING, TEASING, OR BULLYING.
7. NO FOUL LANGUAGE.
8. NO SINGING INAPPROPRIATE MUSIC.
9. USE THE APPROPRIATE VOICE LEVEL AT ALL TIMES.

**ATTENTION!
PLEASE!**

Regulations

1. At pick up, only those on the authorized pick-up List will be permitted to leave with the child. **An ID is required at checkout to confirm.**
2. After 5pm, there is a \$1 per minute charge per child. Each parent/guardian is given 1 initial warning before policy goes into effect.
3. personal electronic devices will **NOT** be allowed for use at camp.
4. Inclement weather including rain, high winds, excessive heat, poor air quality, and lightning may restrict outdoor camp activities, causing limitations/modifications of outdoor activities.
5. Camp staff are **NOT** responsible for managing or addressing behavioral issues related to events or circumstances outside of the camp environment,
6. There will be no credits/refunds for dismissal of athlete
7. REGISTRATION PACKETS **MUST** BE COMPLETED AND SUBMITTED TO COORDINATOR AND CAMP SENIOR. IF PACKET IS NOT TURNED IN BEFORE THE CAMPERS FIRST DAY OF CAMP, ATHLETES WILL BE DENIED ACCESS INTO SITE UNTIL COMPLETED.
8. All authorized pickups **MUST** be with an adult that is on our Authorization form and at least 18 years of age.
9. All persons authorized to pick-up camper **MUST** provide a photo ID every visit to complete a pick-up.
10. For Safety reasons flip flops or backless sandals will **NOT** be permitted with the exception of pool hours.
11. All Backpacks, Lunch Boxes, jackets, towels, swim wear, etc. must have your athletes name clearly written on the item, if items do not have athletes name on their personal items, they will not be permitted to bring items into our camp site.
12. If child has medications, Parents must clearly give staff direction on when your child needs to take them and how so staff can remind your athlete to ensure their medications are being taken on their appropriate time.
13. If an Athlete is requesting a meal accommodation, Coordinator and Camp Sr. must be notified and a FUSD special meal form with an authorized medical personnel signature must be completed before the first day of camp.

POOL SCHEDULE

EVERY

TUESDAY

WEDNESDAY

THURSDAY

Swim Time

1:00pm - 3:00pm

Reminders:

Campers bring their own towel and sunscreen. Flip flops should be placed in their backpack and only worn during swim time.

Every child must pass a swim test supervised by a lifeguard to use the large pool. Tests are held every Tuesday and can be retaken the following week. Children who don't pass may use the shallow pool and splash area, but only those who pass can access the large pool.

Please remember that access to the waterslides is strictly determined by height requirements. Children must be at least 48 inches tall to participate.

**NO T-SHIRTS, SPORTS
BRAS, GYM SHORTS,
NON-SWIM SHORTS
ATTIRE ALLOWED IN
POOLS.**

In response to rising temperatures, the number of pool days may be adjusted accordingly.



**WE WILL BE
CLOSED
FRIDAY,
JULY 4TH**

HAVE A SAFE AND FUN HOLIDAY!



Sports Camp

Contacts

Sports Camp Sr.

Nicole Hughes

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Coordinator

Zachary Tamayo

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Fontana Sports Division

16581 Filbert St. Fontana, CA 92335

Camp Cellphone: (909) 275-5981

Monday-Friday 9am-5pm

