



NOTICE



CHAIRS, STROLLERS, WAGO AND UMBRELLAS ARE STRICTLY PROHIBITED ON THE TURF FIELDS AT ALL TIMES. CHAIRS MAY ONLY BE SITUATED ALONG THE PERIMETERS OF THE FIELDS. THOSE WHO FAIL TO ADHERE TO PARK POLICIES MAY FACE FINES IMPOSED BY THE FONTANA POLICE DEPARTMENTS







Philosophy

Welcome to the City Of Fontana Community Services Department Fall Soccer Program.

The philosophy of the City of Fontana instills a positive
attitude, sportsmanship, basic fundamentals, confidence and high moral
standards. Sports develop the physical coordination, psychological and social
aspects of children. Our program emphasizes participation, fun, teamwork and
sportsmanship.

We believe that in team sports every athlete must be offered the opportunity to play in each game. It is our goal to provide an environment of <u>Teaching, Learning and Competing (TLC)</u>. These are the three ingredients to a successful program.

We teach children rules, skills, fundamentals, strategies to develop a positive attitude towards practices and competition.

We develop self-confidence and teach the importance of friendship, teamwork and sportsmanship.

Learning is greatly influenced by the atmosphere created by coaches. Coaches are committed to create an environment where kids can learn, have fun and forget the fear of making a mistake.

Competition represents nothing more than competing against yourself. Coaches inspire youngsters to embrace competition for it's promise of fulfillment, rather than it's potential for failure.

City of Fontana Credit/Refund Policy

Request for a credit or a refund can be done at the Jack Bulik Sports Center or via phone to the Sports Hotline.

Requests for refunds/credit must be made prior to the second class meeting. Requests made after the second class meeting are not eligible for a refund/credit.

Refunds will be in the form of a check and are subject to an administrative fee of \$10.00 per participant. Please allow 4-6 weeks for processing.*

Credits will be returned to individuals City of Fontana account. Please allow a week for processing.*

*Please note the \$3 administrative fee and \$10.00 late registration fee are non-refundable.

Season Information

Season will be 6 weeks; 3 weeks of practice followed by 3 weeks of games

PRACTICE BEGINS:

OCTOBER 6TH AND OCTOBER 7TH

PROGRAM DETAILS:

MONDAY/WEDNESDAY: SOUTH

FONTANA PARK

TUESDAY/THURSDAY: CENTRAL CITY

PARK

DIVISION

MINI MITES
JUNIOR MITES
MIGHTY MITES

YEAR BORN

2023-2022

2021-2020

2019-2017

HOURS OF OPERATION

5:00-5:30PM

5:35-6:35PM

6:45-7:45PM

Picture Days



Saturday, October 11th

Fontana Park Pavilion (15556

Summit Ave, Fontana, CA 92336)

Make-up Pictures:

M/W: Monday, October 13th T/Th: Tuesday, October 14th

At the park that your athlete is registered. 5pm-7pm

*Please note a \$10.00 additional fee for makeup pictures

*There is NO GAME Tuesday, November 11th.

Rescheduled game on

November 18th*

EMAILS FROM

ACTIVENET@ACTIVE.COM

UPDATE THE EMAIL ON

YOUR CHILD'S ACTIVENET

TO RECEIVE ALL

COMMUNICATIONS SENT

THROUGHOUT THE SEASON

PICTURE DAY SCHEDULE

Saturday, October 11th

<u>Fontana Park Pavilion</u>

15556 Summit Ave. Fontana, CA 92336



STATION 1 STATION 2 STATION 3 STATION 4

MIGHTY MITES M/W

8:00am

9ers

Tigers

Brazil

Strikers

8:30am

Super Sonics

LA FC

Guardians

Hustlers

JUNIOR MITES M/W

9:00am

EndGame

Black Panthers

Grinches

Hornets

9:30am

Rebels

Steelers

Defenders

Sounders

MINI MITES M/W

10:00am

Comets

Happy Feet

Tiny Kickers

Dragons

MINI MITES T/TH

10:30am

Red Diamonds

Sharks

Tiny Turtles

Bears

JUNIOR MITES T/TH

11:00am

Galaxy

Hot Tamales

Avengers

Warriors

11:30am

Wolves

Rockets

Cheetahs

Barcelona

MIGHTY MITES T/TH

12:00pm

Blazers

Inter Miami

Celtics

Real Madrid

12:30pm

Ravens

Waves

Kickers

Untouchables

Coaches Guidelines

- All coaches are required to familiarize themselves with the parent guide
- Parent guides will be available at:
 - o Downloadable at teamsideline.com/fontana
 - As well as during training sessions before the season
- Items you will receive on first day of practice will be:
 - o Team roster
 - Snack List/phone list
 - Attendance sheets
 - Whistle
 - Coach's shirts
- Equipment provided daily:
 - Soccer Balls
 - Cones
 - Speed Ladder
 - Goal
- Each coach is allowed to bring additional equipment if they prefer.
- If coach is unable to attend a practice/game please inform a staff
 member by calling our Sports Hotline at (909)428-8864 prior to
 missing that day to let your site lead know of your absence or any
 tardiness to ensure someone can cover your team in a timely manner.
- NO practice/game may be cancelled throughout season without the approval of Sports Staff. By notifying the Sport's Office, a staff member or parent volunteer may be able to fill in with ample notice provided.

*Please be aware some children do have food allergies. Please take the necessary precautions when planning snack schedules.

PEEWEE SOCKER RULES & REGULATIONS

UNSPORTSMANLIKE CONDUCT

It is the policy of the City of Fontana Community Services Department that any coach, player or spectator ejected from the game must immediately leave the park premises. A minimum suspension from the next league meeting will be enacted. Any coach or parent ejected twice in one season will be removed from team for the remainder of the season. Adjustments to consequences may be made depending on the nature of the incident.

STARTING AND RESTARTING THE GAME

The Home team has the choice of kicking off or deciding what goal to defend. Game will begin with one team kicking the ball from the center spot. Opposing players will not be allowed within the center spot during kickoff. Both teams must be positioned on their half of the field during kickoff. The opposite team shall kick off the second half.

The same kickoff procedures are followed after a goal is scored. The team scored against restarts the game by kicking off from the center spot.

MINIMUM PLAY RULE

In all competition, a minimum play rule shall be enforced. Each player must play a minimum of ten (10) minutes in each game. Free substitution will be allowed there after.

PLAYER EQUIPMENT

Balls, Cones, a Ladder, and Goal will be provided each day by City of Fontana. Multi-studded shoes and shin guards are recommended but not required. Clothing should be loose fitting and appropriate for weather conditions. Each participant will receive a program shirt. Distributed at teams 1st practice by the coach or team admin.

PEEWEE SOGGER RULES & REGULATIONS

SCRIMMAGE PLAY

Avoid making the game hard for participants. Refrain from penalizing participants and encourage to keep play going. Most important rule to remember is Safety Comes First. If the game begins to get rough and out of control, blow your whistle and stop play. Parents are not permitted to maneuver children during games. One parent per child only on the field for Mini's.

PLAYER POSITIONS

Soccer will be played with a maximum of 6 players per team on the field (including a goalie). Each player at times, plays offense (trying to score) and defense (trying to steal the ball and prevent the other team from scoring). The four main positions are forward, midfielder, defender and goalkeeper. Free substitution or rotate team every 5 minutes

The same kickoff procedures are followed after a goal is scored. The team scored against restarts the game by kicking off from the center spot.

GAME TIME

- Goalie is the only member allowed to use his/her hands, and must be within the goal area for this privilege
- No score will be kept.
- Teams should warm up before game time.
- Game time Mini Mites is 15 minutes straight, Junior and Mighty Mites is two 20-minute halves.
- Each team is responsible to assign a team representative/volunteer to officiate game (Not coach). Home team will officiate first half, away team will officiate second half.
- The goal is to manage the game flow and keep players from tackling each other.



FIRST DAY CHECKLIST:



Running Shoes (cleats are not required)



Athletic Clothing (T-shirt and black shorts)



Water bottle to stay hydrated!







Uniforms are required during games (Last 3 weeks of programming)





Uniforms will be provided during Week 1



Shin guards are recommended but not required



Come ready to play!



FIRST WEEK CHECKLIST:

Team:_____

DIVISION: MINI JUNIOR MIGHTY



<u>ASSIGN A TEAM ADMIN</u>

Name: PHONE: EMAIL:





Date:

LOCATION:



FILL OUT SNACK LIST



CREATE A GROUP CHAT



PICTURE DAY REMINDER



Uniforms are required during games (Last 3 weeks of programming)

NO COACH? CAN A PARENT STEP UP:

name:

EMAIL:

PHONE:



SOUTH FONTANA PARK MONDAY/WEDNESDAY

16647 Santa Ana Avenue Fontana, CA 92335







CENTRAL CITY PARK TUESDAY/THURSDAY

8380 CYPRESS AVE, FONTANA, CA 92335



Coaching Tips!

- PROMOTE a POSITIVE ENVIRONMENT FOR ALL THE KIDS.
- Encourage participation from the parents but Remind them to let child handle themselves if possible.
- THE FIRST 10 MIN OF GAMES ARE DESIGNATED FOR THE CHILD TO PARTICIPATE ON THEIR OWN. SHOULD A CHILD NEED ASSISTANCE AFTER THE 10 MIN MARK ONLY ONE PARENT PER CHILD IS ALLOWED ON THE FIELD.
- Make sure to keep all children engaged; they WILL LOSE INTEREST IF NOT active. Try splitting Team up to smaller groups and ask for parent assistance.
- STAY POSITIVE IN ALL SITUATIONS I.E IF A CHILD IS CRYING OR REFUSES TO PARTICIPATE, ENCOURAGE THEM, SMILE, AND REASSURE THEM THEY CAN PARTICIPATE WHENEVER THEY ARE READY.
- Be organized, parents appreciate an organized coach.
- DON'T BE AFRAID TO ASK PARENTS FOR HELP. MAKE THEM ASSETS FOR THE TEAM.
- DURING GAMES, MONITOR PARENT INVOLVEMENT, REMIND THEM ONLY DO SO IF NECESSARY.
- . GREET ALL INCOMING PARENTS/KIDS.
- HIGH FIVES ARE THE KID'S FAVORITE AND SIMON SAYS FOR STRETCHES.

More Coaching Tips!

- Reward any progress and/or attempts by CHILD WITH POSITIVE encouragement/verbal Praise.
- Make sure to keep track of what they're doing best and what needs work
- DON'T SAY THEY ARE DOING ANYTHING "WRONG" JUST SUGGEST THEY "TRY IT THIS WAY..." OR "ALMOST, GOOD JOB...".
- Don't be afraid to modify drills or add your own, you have full creative freedom!
- · Be full of energy! KIDS feed off of you.
- Any questions about drills, etc? don't be afraid to ask a staff member!
- Don't overthink it, they're kids, have fun with them!
- GIVE WATER BREAKS. INCLUDE AT LEAST 2-3 BREAKS. IF IT IS HOT OR HUMID YOU SHOULD INCREASE THE NUMBER OF BREAKS.
- · warm up and cool down, always.
- Coaching Drills and Practice plans are available on: teamsideline.com/fontana under "Downloads."
 - Coaching resource: the "Positive Coaching Alliance"



THE SPORTSMANHIP PLEDGE

I promise to demonstrate good sportsmanship by being a positive role model, having fun in both victory and defeat.

Good sportsmanship is everyone's responsibility. I will be a good sport.

<u>LIST OF DESIRED SPORTSMANSHIP BEHAVIOR</u>

- Demonstrate that winning is not the most important thing in sports.
- Instill in our players respect for one another and for players on opposing teams.
- Stress that foul or abusive language will not be tolerated.
- Maintain emotional control and demonstrate respect for athletes, officials and coaches at all times.
- Exhibit self-control and self-discipline at all times.
- Recognize the effect your behavior has on athletes, officials, spectators and endeavor to be a good role model.
- Be positive, courteous and considerate when dealing with others in stressful situations.
- Know the laws of the game. You must understand the rules of the game to minimize conflicts with officials and maximize team performance.
- Know that competition requires respect and positive regards by coaching staff, officials and spectators. Conduct of all the participants affects the quality of the sport experience for everyone.

These are the basic desired behaviors for good sportsmanship. Use these as a framework for Teaching, Enforcing, Advocating and Modeling good sportsmanship. Remember, the kids and adults are watching how you act.

Coaches Code of Conduct

- I will place the emotional and physical well-being of my players ahead of any personal desire to win.
- I will treat each player as an individual, remembering the large spread of emotional and physical development among children within the same age group.
- I will do my best to provide a safe play situation.
- I will do my best to organize practices that are fun and challenging.
- I will lead by example in demonstrating fair play and sportsmanship.
- I will learn and become knowledgeable of rules that I coach and abide by.
- I will attempt to relieve the pressure of competition and not increase them.
- I will positively support fellow coaches, officials and program staff.
- I will accept the decisions of the officials with appropriate respect.
- I will remember that the game is for the children and not for adults.
- I will maintain a "Fun Is Number One" attitude regardless of the outcome of the game.
- I will maintain a sports environment for all participants that is free of drugs, tobacco and alcohol. I understand that the City of Fontana promotes an Alcohol, Tobacco and Smoke Free Environment on all Parks and School Facilities.
- I will not wear clothing that promotes alcohol or tobacco products during practices or games.
- I will treat officials, staff, coaches, participants, spectators and my children with respect on and off the field/court.
- I will support, encourage and praise my kids, their opponents regardless of their athletic skills.
- I will emphasize teamwork in sports, teaching them that there is no "I" in TEAM.
- I will abide and respect school rules.
- I will discuss the significance of this code with my family members and spectators.

FONTANA SPORTS OFFICE

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CONTACT US

Jack Bulik Sports Center

16581 Filbert Street Fontana CA 92335

Sports Hotline

(909) 428-8864 Monday-Thursday 10am -4pm

Email

Sports@fontanaca.gov

