

FONTANA CALIFORNIA



PARENT OATH >>>>>

- ! I will maintain a "Fun is Number One" attitude regardless of the outcome of the games.
- I will treat volunteer officials, staff, coaches, participants, spectators, and my children with respect on and off the field.
- I will support, encourage, and praise my kids and their opponents regardless of their athletic abilities.
- I will emphasize teamwork in sports. Teaching them that there is no "I" in TEAM.
- I understand that it is my responsibility to retrieve a parent guide (via the City of Fontana Sports Program website. For questions call the Sports Hotline).
- DO NOT WAIT FOR A CALL FROM THE CITY OR COACH







BENEFITS OF PARTICIPATION

- Fun is #1
- Sportsmanship
- Teamwork
- Family Engagement
- Friendships
- Develops Motor Skills
- Everyone Plays
- Physical Fitness







• **Team Admin:** A volunteer admin is key for the season's success. Responsibilities include scheduling the Team Pizza Party (MonThurs), creating a team group chat, managing the snack list (with allergies in mind), and coordinating with City Staff for team needs (missing shirts, medals, picture day, etc.).



• **Pizza Certificates:** The admin schedules the team pizza party, but all parents must know the date/time. A Pizza Certificate is required at Shakey's to receive free pizzas, **NOT** to make reservation.



No Coach? If your team does not have a coach, if available, staff will assist, but parent support is crucial for the team's success. Parents will receive a Practice Plan and be expected to take turns leading each practice. More parent "coaches" create a better experience for drills.





• **Snack List:** Parents fill out the snack list and coordinate allergies, dislikes, etc. Parents can team up to share snack duties if there are leftover slots to be filled.



• **Picture Day:** Scheduled for the first Saturday. A Picture Day schedule will be provided. Make-up pictures are available the second week of practice for an additional \$10 fee.



• Canceled Practices/Games: If a *practice* is canceled, it won't be rescheduled. If a *game* is canceled, it will be rescheduled, if it can't be; a credit will be issued. You'll be notified via email blast by 2pm if any cancellations are made.



 If you have not received any emails from <u>ActiveNet@active.com</u> UPDATE YOUR EMAIL ON <u>YOUR CHILD'S</u> ACTIVENET to receive all information sent throughout the season





PARENT GUIDE

Contains:

Program Information
Rules & Regulations
Picture Day Schedule
Site Maps
Policies & Philosophies

Found on our website:

teamsideline.com/fontana

under **Downloads**

(Or search "Fontana TeamSideline Downloads")



TEAM ROSTERS



Will Be Posted **October 1st** on **Fontana TeamSideline** under **Downloads**

You will receive the link via **email**, so make sure your email is updated under your **child's ActiveNet** account

There will be NO CHANGES made after publishing.



TEAM PACKETS:

Distributed 1st day of Practice to Coaches

any contents inside the packets









1ST DAY ATHLETE CHECKLIST

- Water Bottle
- Shoes athletes can run in
- Appropriate Clothing
- Recommended (but not required):
 - Shin Guards
 - Plastic studded cleats

KEY RULES

Unsportsmanlike Conduct

It is the policy of the City of Fontana Community Services Department, that any coach, player or spectator ejected from the game must immediately leave the park premises. A minimum suspension from the next league meeting will be enacted. Any coach or parent ejected twice in one season will be removed from team for the remainder of the season. Adjustments to consequences may be made depending on the nature of the incident.

Starting and Restarting the Game

The Home team has the choice of kicking off or deciding what goal to defend. Game will begin with one team kicking the ball from the center spot. Opposing players will not be allowed within the center spot during kickoff. Both teams must be positioned on their half of the field during kickoff. The opposite team shall kick off the second half.

The same kickoff procedures are followed after a goal is scored. The team scored against restarts the game by kicking off from the center spot.

Minimum Play Rule

In all competition, a minimum play rule shall be enforced. Each player must play a minimum of ten (10) minutes in each game. Free substitution will be allowed there after.

Scrimmage Play

Avoid making the game hard for participants. Refrain from penalizing participants and encourage to keep play going. Most important rule to remember is Safety Comes First. If the game begins to get rough and out of control, blow your whistle and stop play.



KEY RULES

PLAYER EQUIPMENT

Soccer requires very little equipment. Multi-studded shoes and shin guards are recommended but not required. Clothing should be loose fitting and appropriate for weather conditions. Each participant will receive a program shirt. Distributed at teams 1st practice by the coach or team admin.

PLAYER POSITIONS

Soccer will be played with a maximum of 6 players per team on the field (including a goalie). Each player at times, plays offense (trying to score) and defense (trying to steal the ball and prevent the other team from scoring). The four main positions are forward, midfielder, defender and goalkeeper. Free substitution.

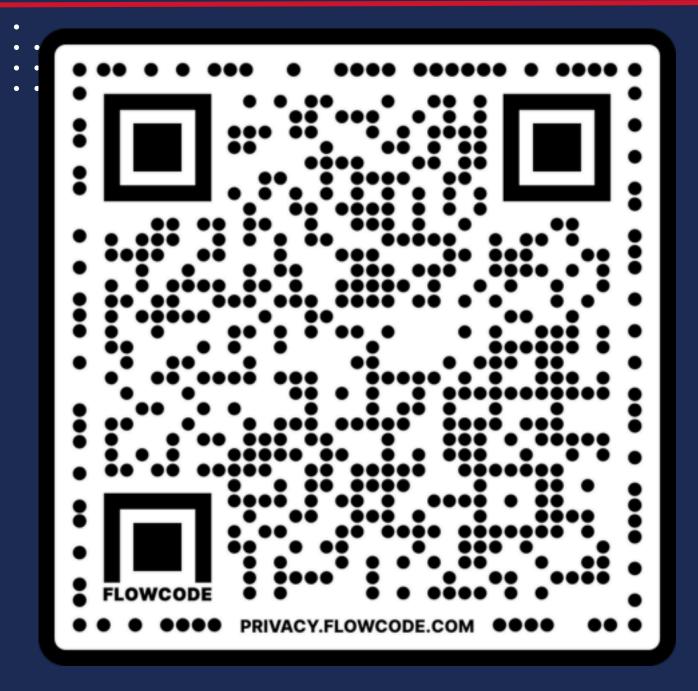
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SCRIMMAGE PLAY

- Goalie is the only member allowed to use his/her hands, and must be within the goal area for this privilege.
- No score will be kept.
- Teams should warm up before game time.
- ·Game time is Mini Mites 15 minutes straight, Junior and Mighty Mites is two 20-minute halves.
- Each team is responsible to assign a team representative/volunteer to officiate game.
- The goal is to manage the game flow and keep players from tackling each other.



ENGAGE ONLINE >>>>



SCAN HERE

If you have not received any emails from ActiveNet@active.com UPDATE the EMAIL ON <u>YOUR CHILD'S</u> ACTIVENET to receive all information sent throughout the season



PEE WEE SPORTS

Coaching isn't simply training skills and running drills. Coaching is an intentional act of connection and care that supports skill-building, resilience, social-emotional growth, and joy.

VOLUNTEER COACHES

MAKE AN IMPACT & JOIN THE TEAM!

- 205 total volunteers coached from Jan-Dec 2024
- **2,357** total hours for volunteering in 2024
- 27 coaches this season is: 324 hours for Fall 2025



WINTER BASKETBALL

• **2023**: 264

• **2024**: 344

• **2025**: 335

SPRING SOCCER

• **2023**: 607

• **2024**: 640

• **2025:** 650

SUMMER BASKETBALL

• **2023**: 264

• **2024**: 319

• **2025:** 320

SUMMER T-BALL

• **2023**: 250

• **2024**: 274

• **2025:** 245

FALL SOCCER

• **2023**: 350

• **2024**: 382

• **2025**: <u>376</u>



COACHING REQUIREMENTS



APPLICATION

Please fill out and submit one of our applications, every season is required



BACKGROUND CHECK

Options are:

- City of Fontana Human Resources
 - Appointment required
- Postal Perfect



CODE OF CONDUCT

Pledge their positive support, care and encouragement for all children participating.



KEYDATES

Coaches Clinic

Saturday, September 27th - 12-2pm Central City Park

Picture Day:

• October 11th - at Fontana Park Pavilion

Season Structure:

- 3 weeks of Practice
- 3 weeks of Games

Season Start:

- South Fontana Park M/W: October 6th
- Central City Park T/Th: October 7th

• Times:

- Mini Mites: 5pm-5:30pm
- Junior Mites: 5:35-6:35pm
- Mighty Mites: 6:45-7:45pm

Winter Basketball Registration:

- Resident: October 20th
- Non-Resident: November
 17th







12:00PM-2:00PM

CENTRAL CITY PARK FIELD 2

A ONE-DAY CLINIC TO CONNECT & PREPARE FOR THE UPCOMING SOCCER SEASON



LED BY

CHT/01150\1011

FOR MORE INFORMATION:

TEAMSIDELINE.COM/FONTANA



FIRST Week CHECKLIST:

ream:

JUNIOR DIVISION: MINI **MIGHTY**

ASSIGN A TEAM ADMIN

name: PHONE:

EMAIL:



SCHEDULE PIZZA PARTY:

Date:

LOCATION:



FILL OUT SNACK LIST



CREATE A GROUP CHAT



PICTURE Day **Reminder & Forms**



Uniforms are required during games (Last 3 weeks of programming)

NO COACH? CAN A PARENT STEP UP:

name: **EMAIL**: PHONE:

THANK YOU

Contact Us:

Phone: 909-428-8864

Email: sports@fontanaca.gov

