



# GOAL SETTING WORKSHEET



**coach:**

**team:**

**WHAT DOES SUCCESS LOOK LIKE FOR YOUR TEAM THIS SEASON?**

**WHAT ARE YOUR GOALS THIS SEASON:**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**HOW CAN YOUR TEAM SUPPORT THESE GOALS?**

**WHAT ARE WAYS TO OVERCOME CHALLENGES DURING THE SEASON?**

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